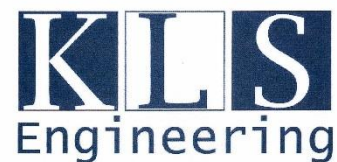
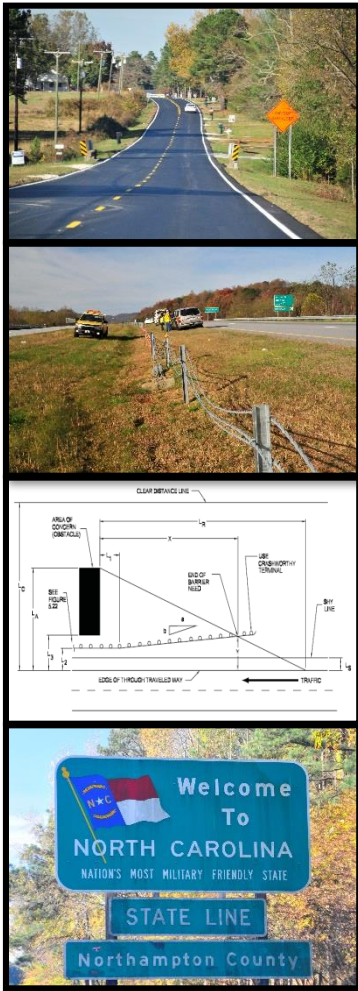


North Carolina Department of Transportation Highway Safety Barrier Design Training

Instructor: Bill Fitzgerald, PE
KLS Engineering, LLC
(703) 858 1356

Virtual Live Training
May 18 – 19, 2021



Guidance Presented

ROADWAY DESIGN MANUAL

PART 1

CHAPTER THREE

GUARDRAIL, BARRIERS AND ATTENUATORS

GUARDRAIL WARRANTS

3-1

Warrants for guardrail are to be in accordance with the "Roadside Design Guide" and with the guardrail warrant curves included in this Chapter.

In the preliminary design stage, the designer will establish the location and grade of the project so as to eliminate as much guardrail as possible using these warrants.

After location data is received, plans plotted, grades set, and initial templates determined, the following procedures should be followed:

- (1) Determine Guardrail Locations
 - (a) Is guardrail warranted in accordance with Figure 1 in this Chapter? If not required, go to (c). If required, go to (b).
 - (b) Is guardrail required in accordance with Figures 4 through 6 of this Chapter? If not required, go to (c).
 - (c) Is guardrail warranted in accordance with Table 2 and 3 in this Chapter? Refer to Sheet 1-4M and 1-4N in Chapter 1 of this manual.
- (2) Can Guardrail be eliminated?

And
Proposed
Update

ROADSIDE DESIGN GUIDE

4th Edition

SHEET 1 OF 11
862.01

ROADWAY STANDARD DRAWING FOR GUARDRAIL PLACEMENT

1-18

STATE OF
NORTH CAROLINA
DEPT. OF TRANSPORTATION
DIVISION OF HIGHWAYS
RALEIGH, N.C.

AMERICAN ASSOCIATION OF
STATE HIGHWAY AND
TRANSPORTATION OFFICIALS
AASHTO
THE VOICE OF TRANSPORTATION

862D0 X

Ground Rules

- Be on time
- Participate
- Restrict sidebar conversations
- Turn off cellphones

Virtual Training – participate with yes/no answers to questions
Use chat box to submit your questions/comments

Terminology: Page v

Additional Resources

Safety

About Office of Safety Programs Initiatives Resources Contact

Search Safety

FHWA Home / Safety / Roadway Department / Countermeasures that Reduce Crash Severity

Countermeasures that Reduce Crash Severity

Hardware, such as barriers, sign supports, and work zone devices are commonly used to reduce the potential severity of crashes on the roadside. Crash testing is used to evaluate the crashworthiness of these devices.

The American Association of State Highway Transportation Officials (AASHTO) provides guidance related to the design and installation specifications of roadside hardware and safety hardware. The FHWA's Federal-aid eligibility letters are provided as a service to the States and are not a requirement for roadside safety hardware to be eligible for Federal-aid reimbursement. As stated in our eligibility letters, "eligibility for reimbursement under the Federal-aid highway program does not establish approval, certification or endorsement of the device for any particular purpose or use." Decisions regarding the purchase and use of roadside safety hardware devices are the responsibility of the transportation facility owner.

Understanding the performance of roadside safety hardware begins in a controlled, sterile laboratory environment using crash test scenarios and standards set and maintained via AASHTO's Manual on Assessing Safety Hardware (MASH). However, laboratory tests cannot completely protect against all the variables and countless situations drivers may find themselves in. Therefore, FHWA encourages states to perform in-service performance evaluations to identify real world performance of hardware so all stakeholders have a more comprehensive understanding of these devices' performance. For more information about in-service performance evaluation of roadside safety devices, please visit https://safety.fhwa.dot.gov/roadway_dept/countermeasures/reduce_crash_severity/guardrail_ispe.cfm.

PROGRAM CONTACT

Will Longstreet
will.longstreet@dot.gov
Menna Yassin
menna.yassin@dot.gov


HARDWARE ELIGIBILITY LETTERS

- Longitudinal Barriers and Bridge Rails
- Barrier Terminals and Crash Cushions
- Sign Supports, Mailboxes, and Delineator Posts
- Luminaire Supports
- Work Zone Devices

WSDOT Home TTI Home Contact Us

Roadside Safety Pooled Fund

ABOUT PROJECTS MASH NEWS



PROJECTS



MASH



NEWS



PROJECT PARTNERS

TTI Pooled funds, etc.

<https://www.roadsidepooledfund.org>

UNIVERSITY of NEBRASKA-LINCOLN

MIDWEST ROADSIDE SAFETY FACILITY

Home Who We Are Services Pooled Fund

Nebraska MwRSF Research Hub

Research Hub

<https://mwrsf.unl.edu/researchhub>



Session 1

1-4

Objectives of Course

At the course you will be able to:

- Identify when a traffic barrier MAY be the best treatment to use at a specific site.
- Select a barrier that will adequately shield the identified hazard(s).
- Assess the topography of the site to provide for an optimal barrier system installation.

Session 1: Introduction and Pre-assessment



Session 1 Learning Outcomes

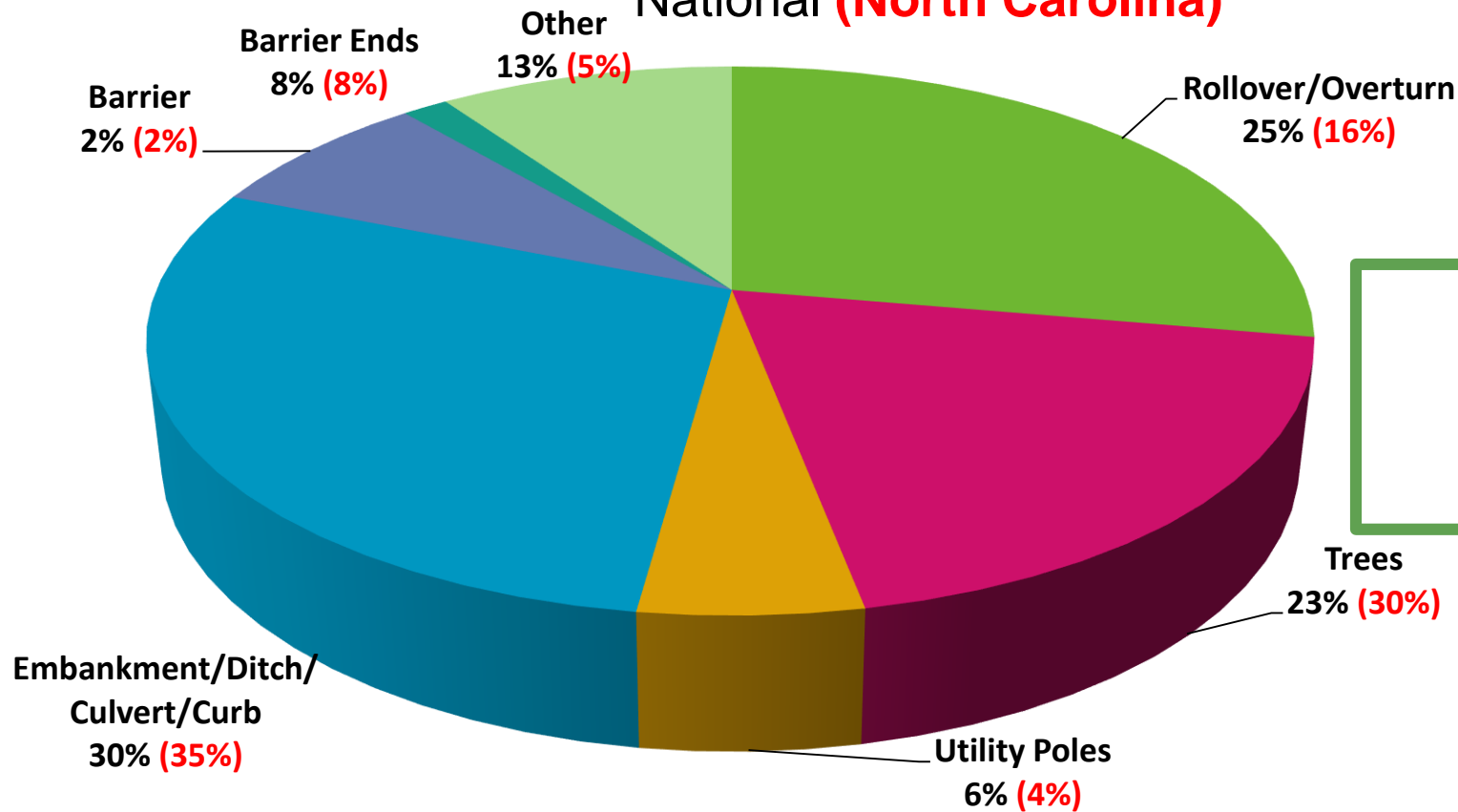
At the end of this session, you will be able to:

- Identify the primary Roadside Safety Concerns in North Carolina.
- Assess your current knowledge of Barrier Design Principles.

National Roadway Departure Fatalities

(Single Vehicle Fatal Crashes)

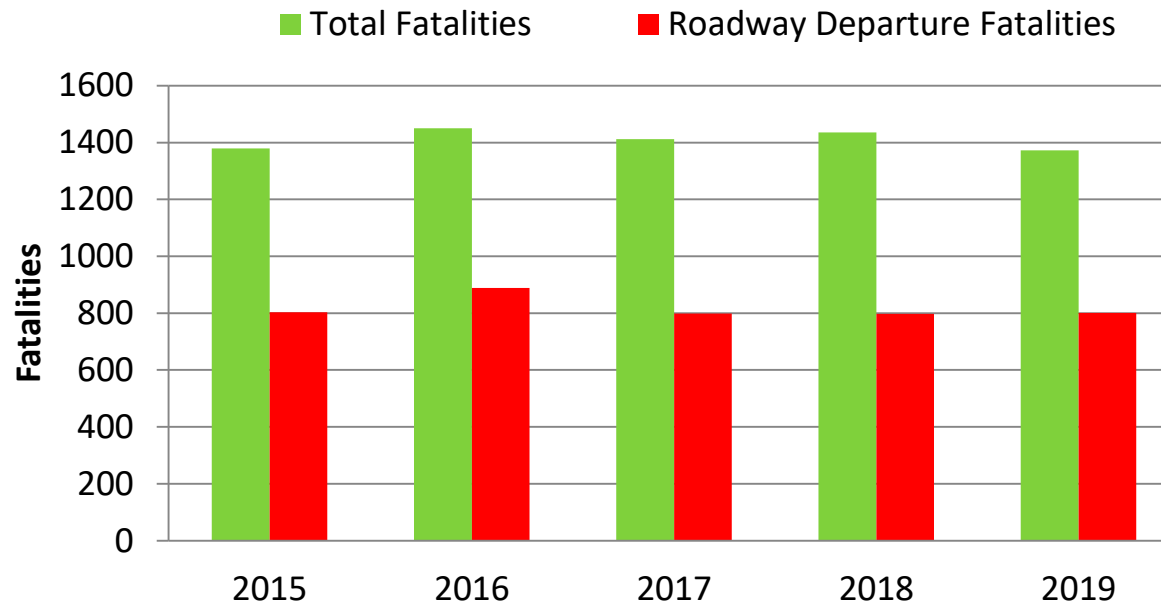
National (**North Carolina**)



Total US
Highway
Fatalities
37,143

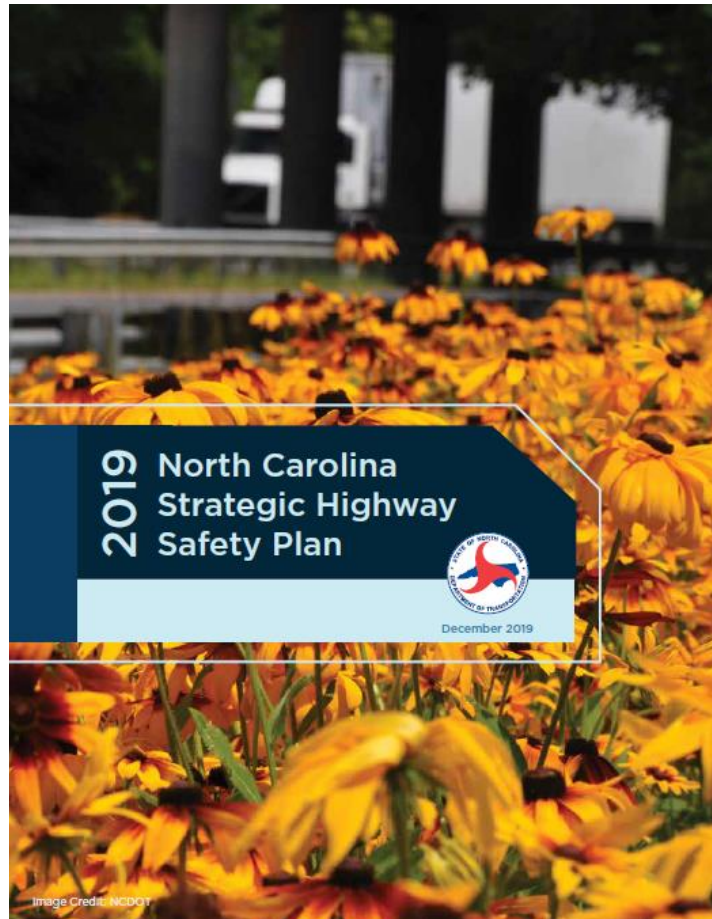
North Carolina Crash Data Trend

**North Carolina Total Fatalities vs.
Roadway Departure Fatalities**



Ref: FARS Data – 2019

North Carolina Strategic Highway Safety Plan



Lane Departure STRATEGIES

1. Keep vehicles from leaving their travel lane.
2. Reduce the potential for and severity crashes when vehicles leave their lane.
3. Support & enhance driver education & awareness programs.

North Carolina Strategic Highway Safety Plan

Strategy 2:

Reduce the potential for and severity of crashes when vehicles leave their lane.

Supporting Actions

- Continue to apply and evaluate the effectiveness of low-cost treatments such as Safety EdgeSM technology, clear zone maintenance, median barriers, and guardrail.

Real World Crashes



Real World Crashes



Need for Training

Potential consequences of poorly designed barrier systems include:

- Systems may not function as designed.
- Crash severities may be increased.



Need for Training

The next 9 slides show locations where barrier was installed. For each photo, decide at a glance whether you believe it to be:

1. Good example,
2. Bad example, or
3. Cannot decide without more information.

We will discuss these slides in further detail in later applicable sessions, so please record and save your responses.



















Review Learning Outcomes

- Identify the primary Roadside Safety Concerns in North Carolina.
- Assess your current knowledge of Barrier Design Principles.

North Carolina Department of Transportation

Highway Safety Barrier Design Training

Session 2:

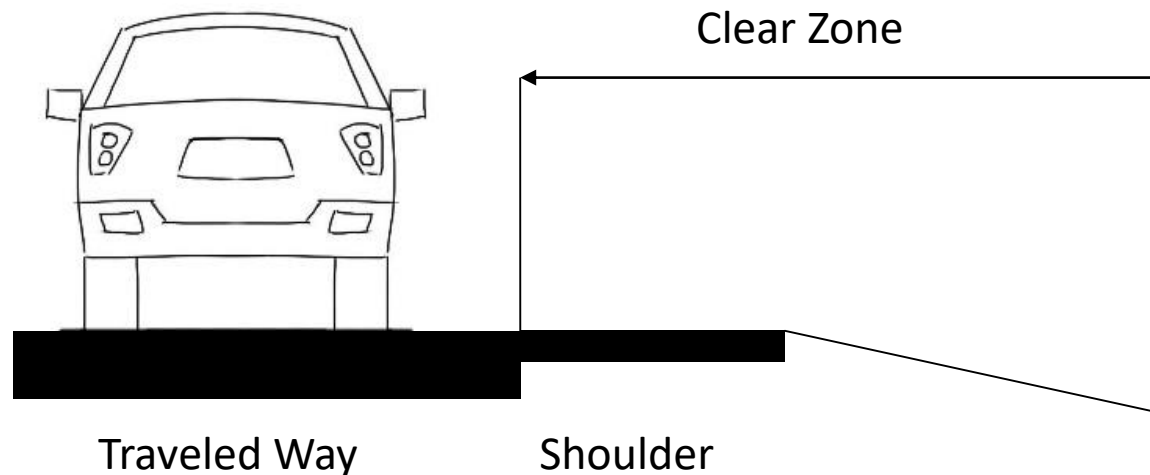
Clear Zone and Guidelines for Barrier Need

Session 2 Learning Outcomes

At the end of this session, you will be able to:

- Understand and apply the clear zone concept
- Identify objects and features that may require shielding

Clear Zone: A Definition



The unobstructed, traversable area provided beyond the edge of the through traveled way for the recovery of errant vehicles. The clear zone includes shoulders, bike lanes, and auxiliary lanes, except those auxiliary lanes that function like through lanes.

Ref: AASHTO Roadside Design Guide, 4th Edition, Glossary

Clear Zone Principle

**Get
MAXIMUM,
COST-EFFECTIVE
width**

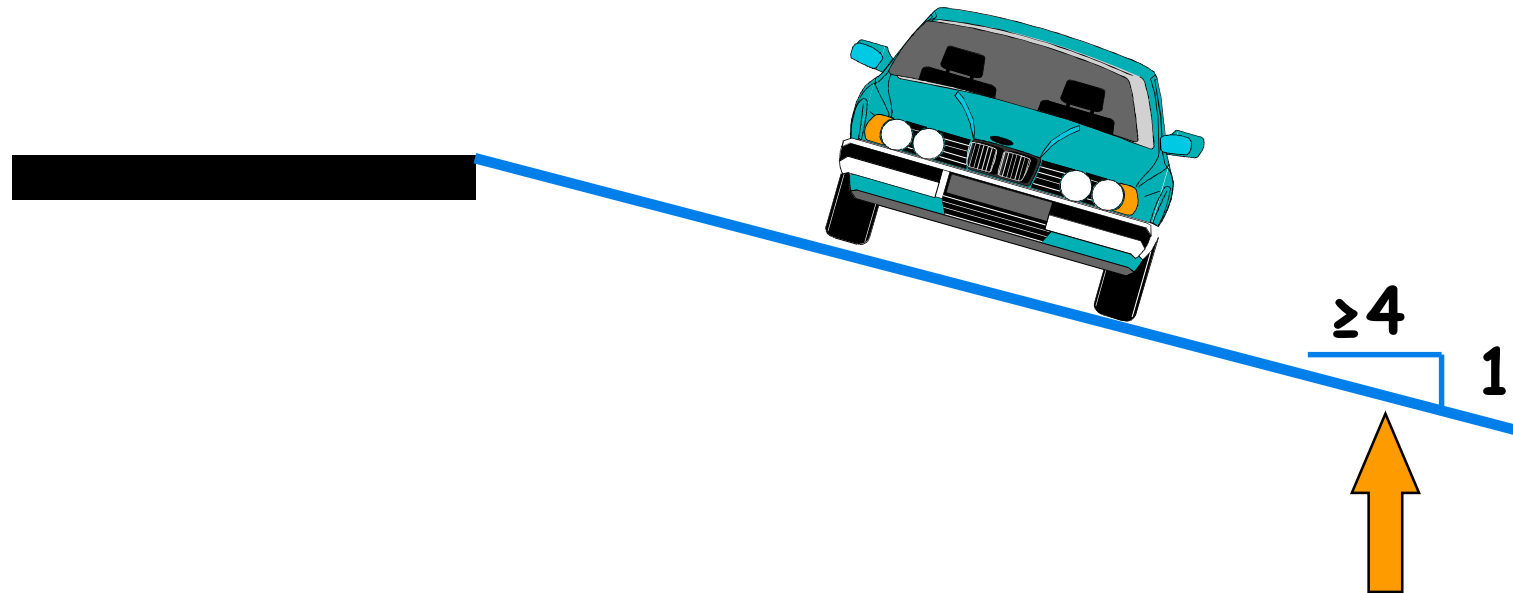


As Wide as Practical

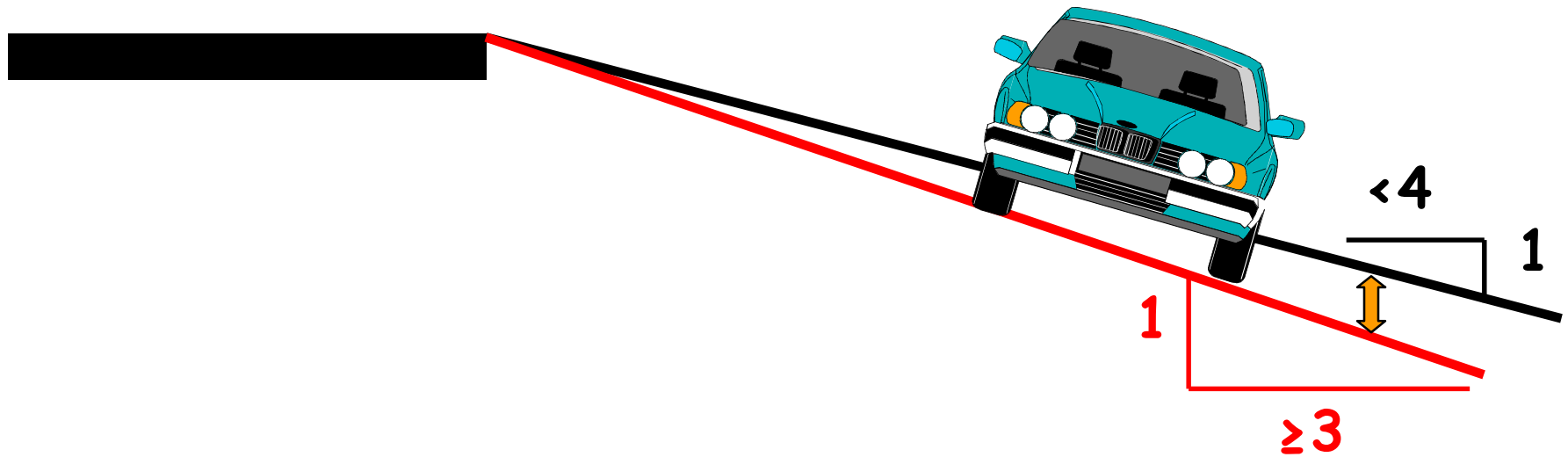
Clear Zone Factors

- Slope Type and Steepness
- Design Speed
- Traffic Volume
- Horizontal Curvature

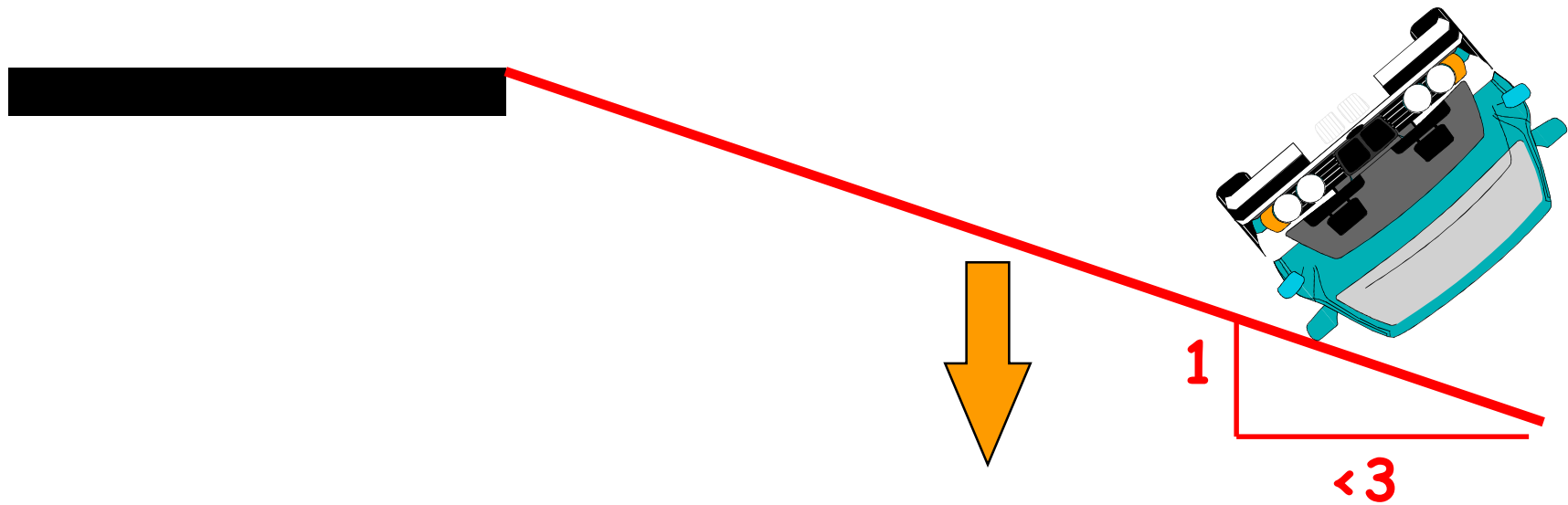
Recoverable



Non-Recoverable (but Traversable)



Critical

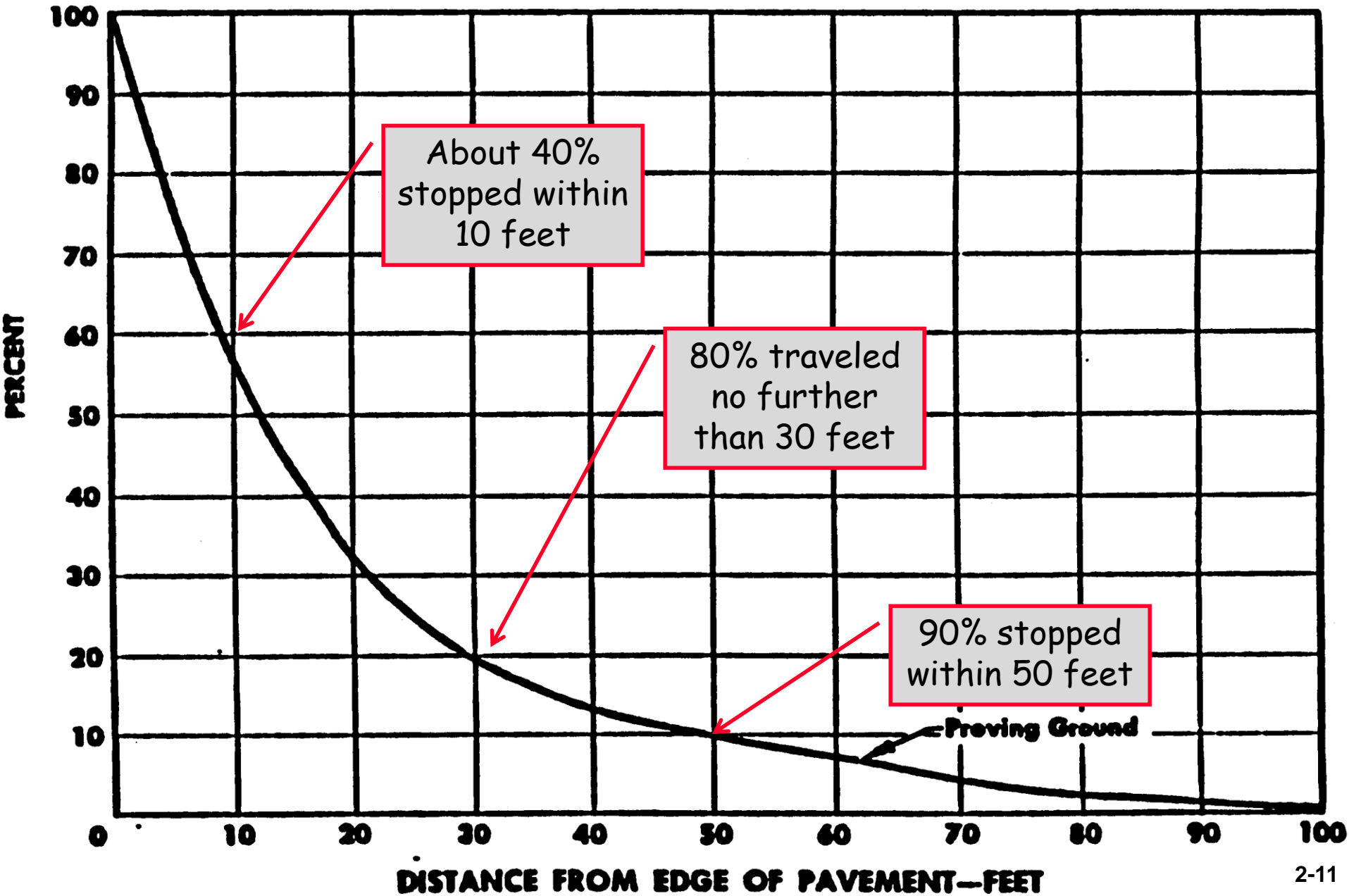


Clear Zone

THE "MAGIC"
30 FEET

GM PROVING GROUND ACCIDENTS

211 CASES



NCDOT Design Clear Zone Table

| Design Speed | Design ADT | Foreslopes | | | Backslopes | | |
|----------------|------------|------------------|----------------|-------|------------|----------------|------------------|
| | | 1V:6H or flatter | 1V:5H to 1V:4H | 1V:3H | 1V:3H | 1V:5H to 1V:4H | 1V:6H or flatter |
| 40 mph or less | UNDER 750 | 7-10 | 7-10 | ** | 7-10 | 7-10 | 7-10 |
| | 750-1500 | 10-12 | 12-14 | ** | 10-12 | 10-12 | 10-12 |
| | 1500-6000 | 12-14 | 14-16 | ** | 12-14 | 12-14 | 12-14 |
| | OVER 6000 | 14-16 | 16-18 | ** | 14-16 | 14-16 | 14-16 |
| 45-50 mph | UNDER 750 | 10-12 | 12-14 | ** | 8-10 | 8-10 | 10-12 |
| | 750-1500 | 14-16 | 16-20 | ** | 10-12 | 12-14 | 14-16 |
| | 1500-6000 | 16-18 | 20-26 | ** | 12-14 | 14-16 | 16-18 |
| | OVER 6000 | 20-22 | 24-28 | ** | 14-16 | 18-20 | 20-22 |
| 55 mph | UNDER 750 | 12-14 | 14-18 | ** | 8-10 | 10-12 | 10-12 |
| | 750-1500 | 16-18 | 20-24 | ** | 10-12 | 14-16 | 16-18 |
| | 1500-6000 | 20-22 | 24-30 | ** | 14-16 | 16-18 | 20-22 |
| | OVER 6000 | 22-24* | 26-32* | ** | 16-18 | 20-22 | 22-24 |
| 60 mph | UNDER 750 | 16-18 | 20-24 | ** | 10-12 | 12-14 | 14-16 |
| | 750-1500 | 20-24 | 26-32* | ** | 12-14 | 16-18 | 20-22 |
| | 1500-6000 | 26-30 | 32-40* | ** | 14-18 | 18-22 | 24-26 |
| | OVER 6000 | 30-32* | 36-44* | ** | 20-22 | 24-26 | 26-28 |
| 65-70 mph | UNDER 750 | 18-20 | 20-26 | ** | 10-12 | 14-16 | 14-16 |
| | 750-1500 | 24-26 | 28-36* | ** | 12-16 | 18-20 | 20-22 |
| | 1500-6000 | 28-32* | 34-42* | ** | 16-20 | 22-24 | 26-28 |
| | OVER 6000 | 30-34* | 38-46* | ** | 22-24 | 26-30 | 28-30 |

* Clear zone distances can be limited to 30 feet unless in a high accident rate areas

Ref: Roadway Design Manual, Part I. Clear Zone Distances, 1-4N

Important Distinction

Available Clear Zone = Area Existing for recovery

Design Clear Zone = A selected value used for design to provide recovery area for a majority of errant drivers



Do not compromise available clear zone

Example Clear Zones



Example Clear Zones



Example Clear Zones



Example Clear Zones



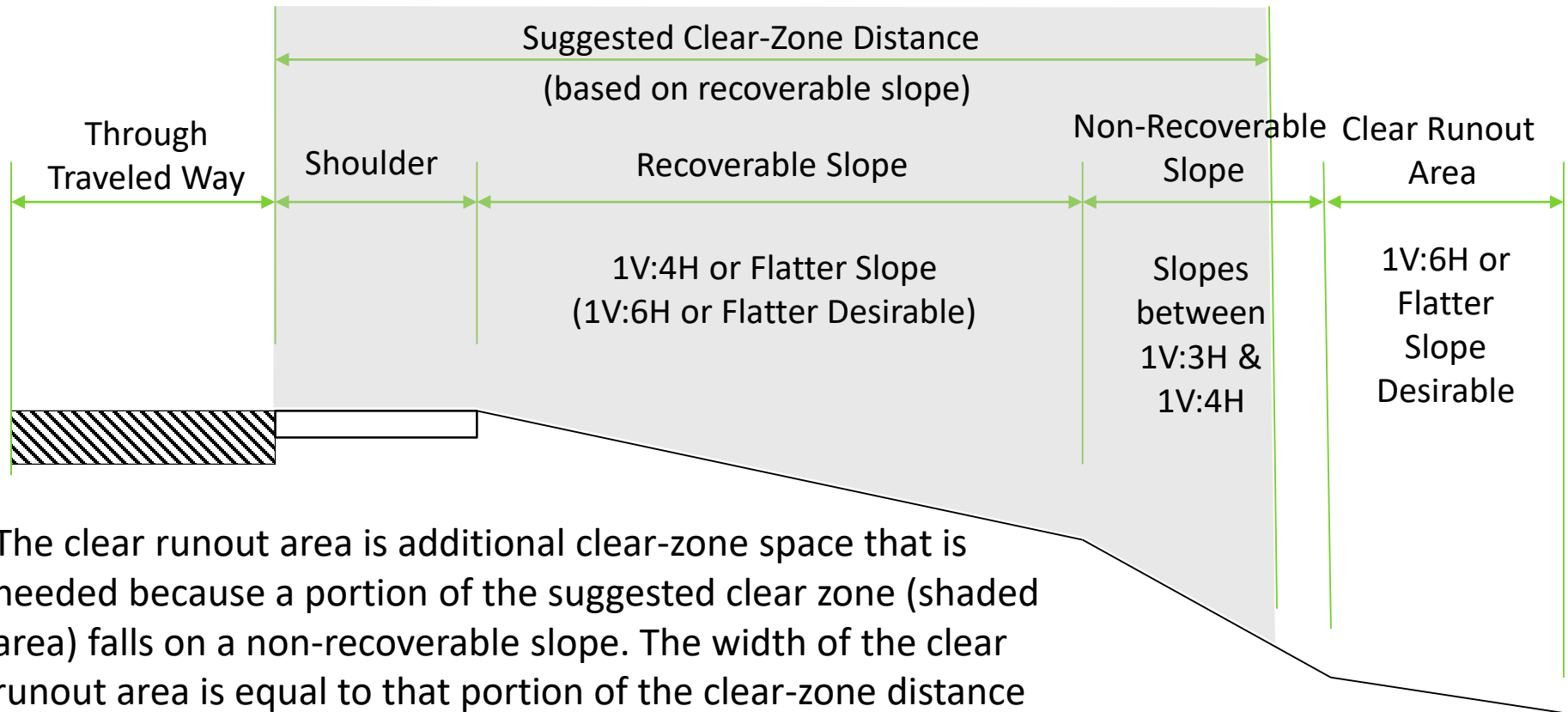
Example Clear Zones



Example Clear Zones



Clear Zone Adjustments for Non-uniform Slopes



The clear runout area is additional clear-zone space that is needed because a portion of the suggested clear zone (shaded area) falls on a non-recoverable slope. The width of the clear runout area is equal to that portion of the clear-zone distance that is located on the non-recoverable slope – min 10'.

FIGURE 1

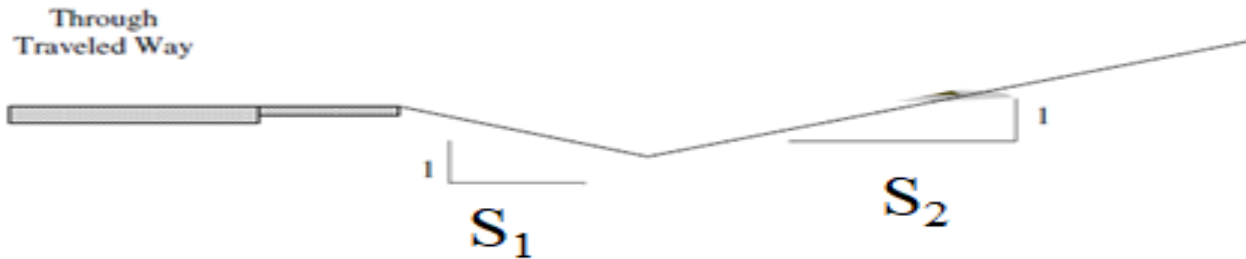
SIMILAR

Ref: AASHTO Roadside

1-4M

F-1

Clear Zone with a Ditch

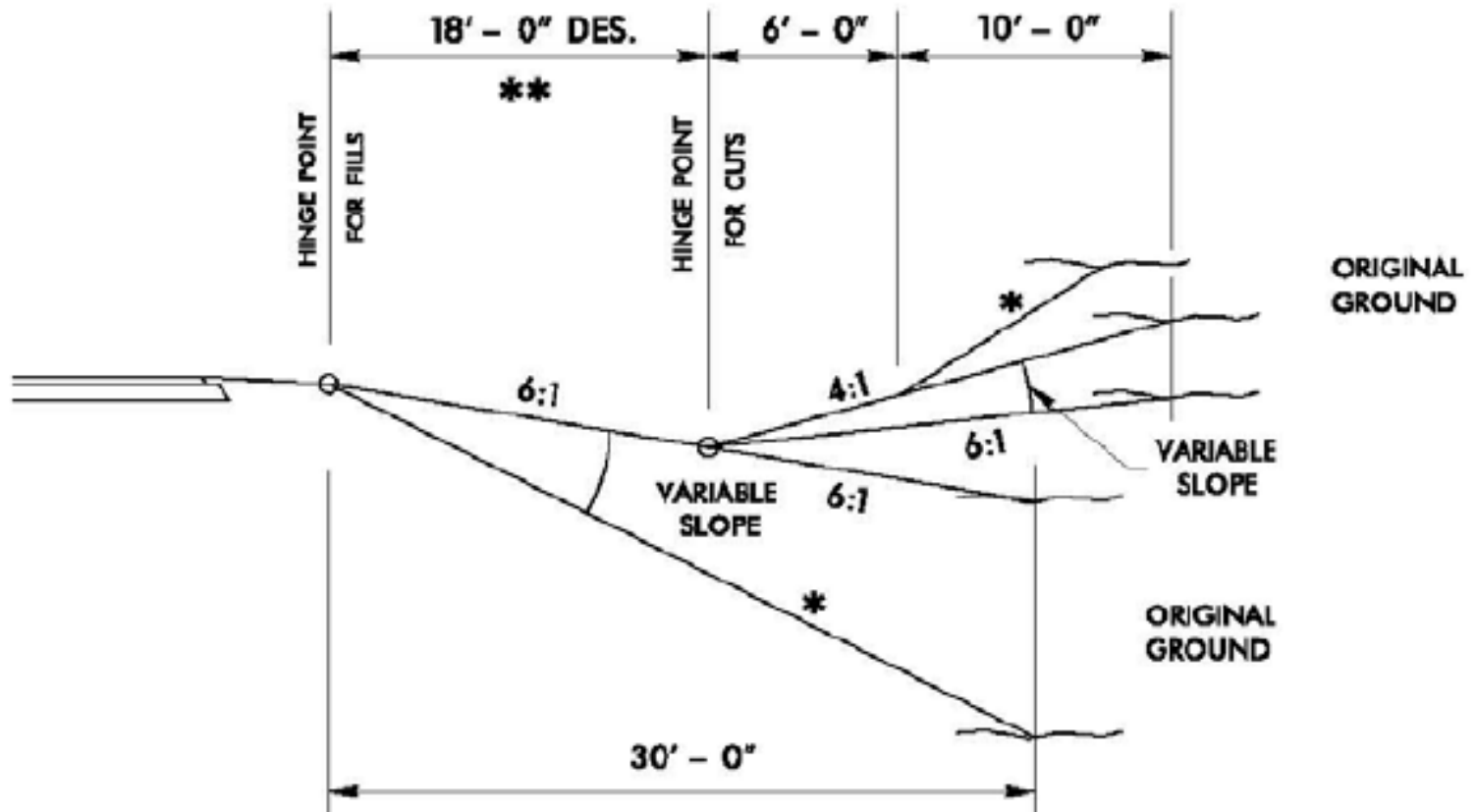


- The combination of S_1 and S_2 needs to fall within the preferred area of Figure 3.6 of the RDG for the clear zone to extend beyond the ditch bottom
- If the combination is outside and S_1 is recoverable, the clear zone stops at the ditch bottom
- If S_1 is not recoverable, the clear zone stops at the top of the S_1 slope

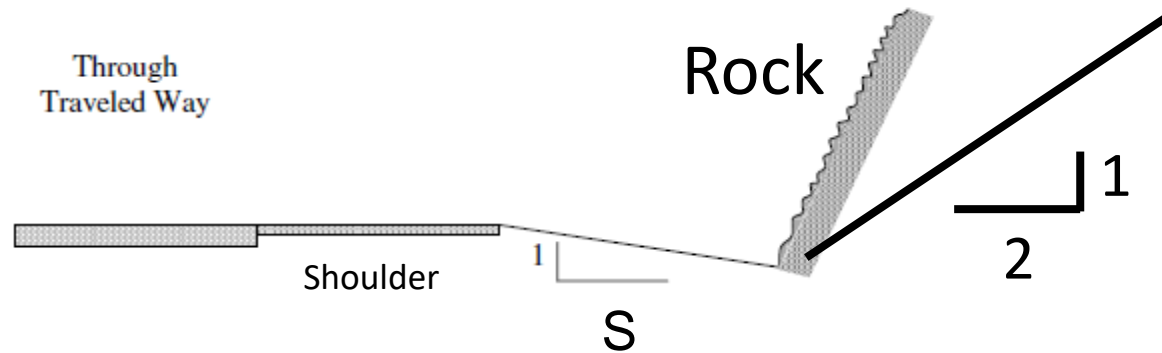
Ref: AASHTO Roadside Design Guide, 4th Edition, Figure 3.6, Pg. 3-9

Clear Zone with a Ditch - NCDOT

(A) INTERSTATES, FREEWAYS, EXPRESSWAYS, OTHER FOUR LANE FACILITIES,
ARTERIALS, COLLECTORS AND LOCALS (OVER 4000 ADT DESIGN YEAR TRAFFIC)



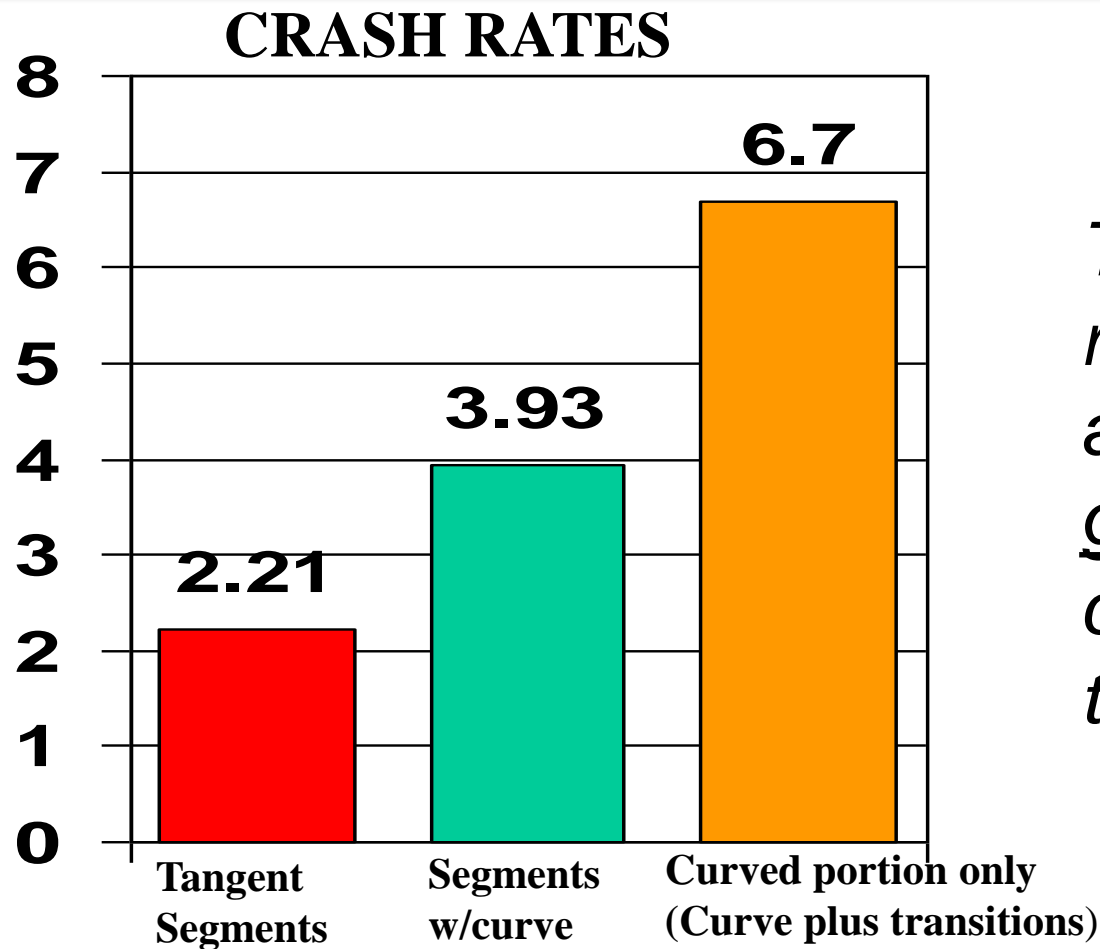
Clear Zone with a steep Cut Slope



| | |
|-----------------------------|--|
| S (≥ 4) Recoverable | <p>Clear Zone extends to the base of the cut.</p> <p>If this distance is less than the design clear zone:</p> <ul style="list-style-type: none"> For a smooth rock cut – it can be considered a natural barrier. (Note a 2:1 smooth slope is not normally shielded) For a jagged rock cut – it is considered as any other significant obstacle within the design clear zone. |
| S (< 4) Non-Recoverable | Clear Zone ends at the edge of shoulder. |

Ref: AASHTO Roadside Design Guide, 4th Edition, Pg.3-24

....Curves Present Particular Safety Problems

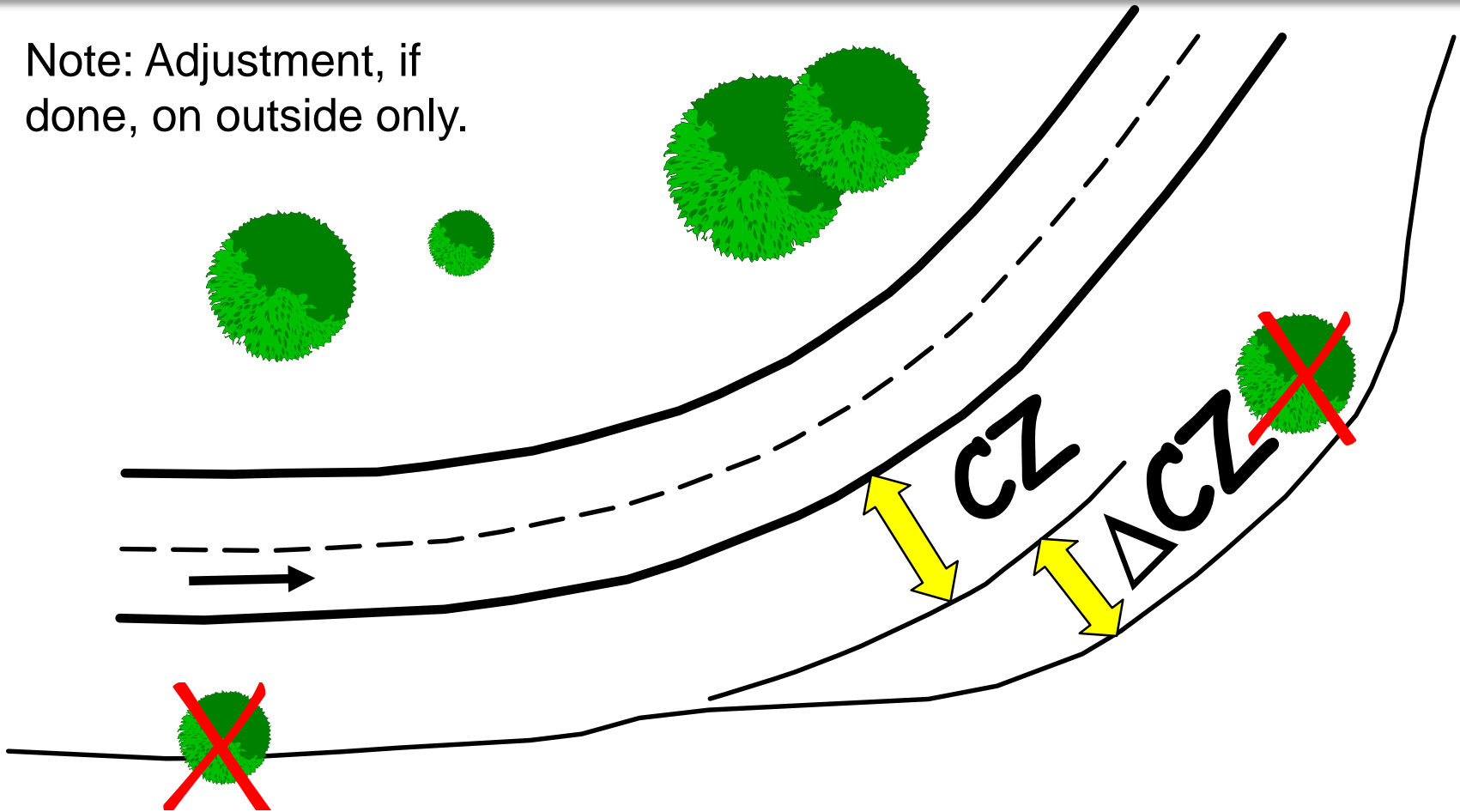


The risk of a reported crash is about three times greater on a curve than on a tangent

Source: Glennon, et al, 1985 study for FHWA

Horizontal Curves - AASHTO

Note: Adjustment, if done, on outside only.



Ref: AASHTO Roadside Design Guide, 4th Edition, Pg. 3-3

Horizontal Curve Adjustments

K_{CZ} (Curve Correction Factor)(U.S. Customary Units)

| Radius (ft) | Design Speed (mph) | | | | | |
|----------------|--------------------|-----|-----|-----|-----|-----|
| | 40 | 45 | 50 | 55 | 65 | 70 |
| 2,950 | 1.1 | 1.1 | 1.1 | 1.2 | 1.2 | 1.2 |
| 2,300 | 1.1 | 1.1 | 1.2 | 1.2 | 1.2 | 1.3 |
| 1,970 | 1.1 | 1.2 | 1.2 | 1.2 | 1.3 | 1.4 |
| 1,640 | 1.1 | 1.2 | 1.2 | 1.3 | 1.3 | 1.4 |
| 1,475 | 1.2 | 1.2 | 1.3 | 1.3 | 1.4 | 1.5 |
| 1,315 | 1.2 | 1.2 | 1.3 | 1.3 | 1.4 | - |
| 1,150 | 1.2 | 1.2 | 1.3 | 1.4 | 1.5 | - |
| 985 | 1.2 | 1.3 | 1.4 | 1.5 | 1.5 | - |
| 820 | 1.3 | 1.3 | 1.4 | 1.5 | - | - |
| 660 | 1.3 | 1.4 | 1.5 | - | - | - |
| 495 | 1.4 | 1.5 | - | - | - | - |
| 330 | 1.5 | - | - | - | - | - |

Ref: AASHTO Roadside Design Guide, 4th Edition, Table 3-2.Pg. 3-4

Horizontal Curves - NCDOT

The Roadside Design Guide states: “The designer **may** choose to modify...”. Again, not normally done unless crash history indicates a problem.

Need approval by Roadway Design Unit

Remember - As Wide as Practical

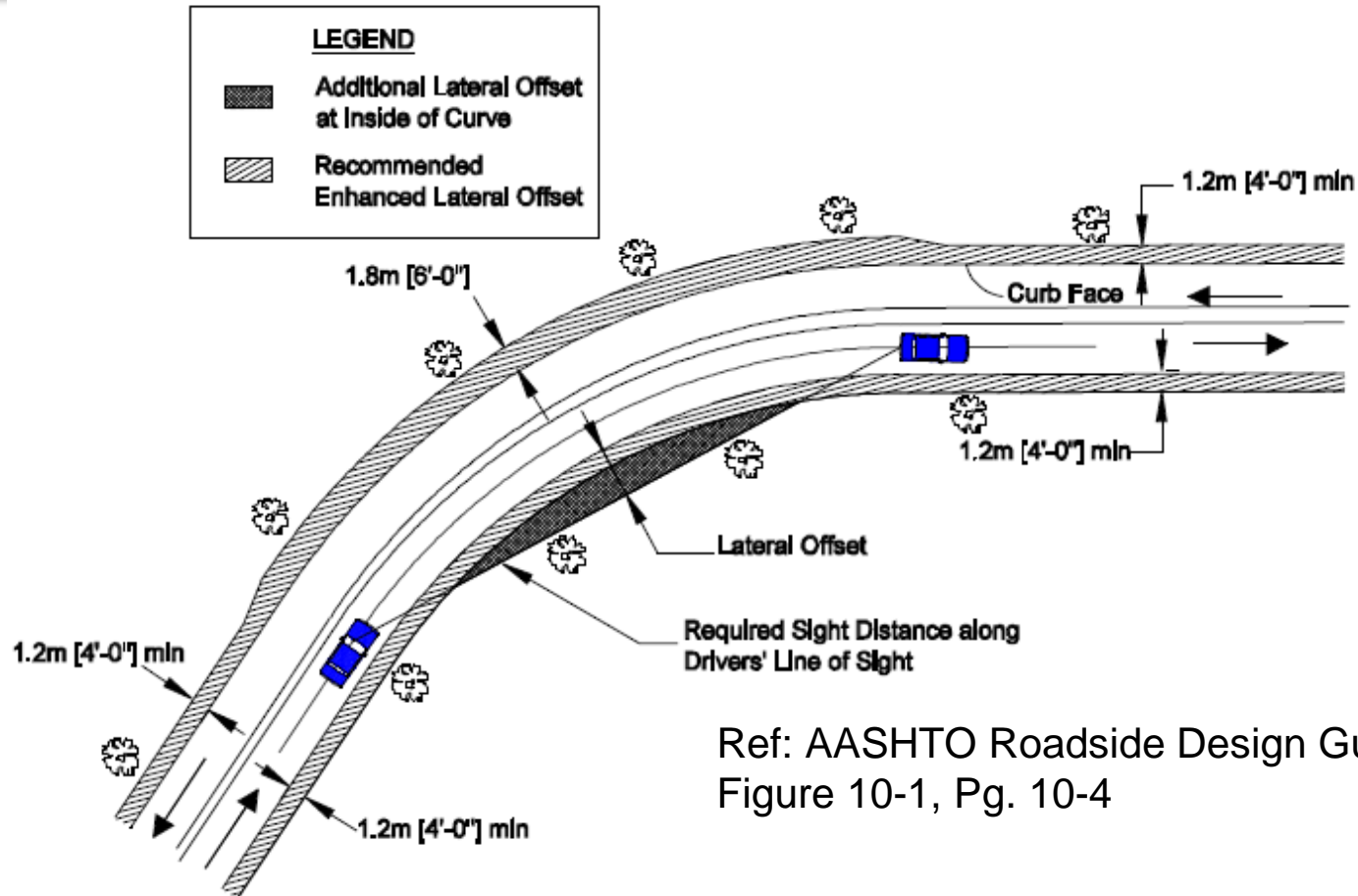
Clear Zone and Curbs

The minimum lateral offset of 1.5 ft should be provided beyond the face of curbs to any vertical objects.

This is called the Lateral Offset and **should not be construed as an acceptable clear zone distance.**

Ref: AASHTO Roadside Design Guide, Section 10.2.1.1 Curbs

Clear Zone in an Urban Area



Ref: AASHTO Roadside Design Guide, 4th Edition, Figure 10-1, Pg. 10-4

Figure 10-1. Lateral Offset for Objects at Horizontal Curves on Curbed Facilities

Order of Preference

1. Remove hazard
2. Redesign hazard (make traversable)
3. Relocate hazard (move away from traffic)
4. Reduce Impact Severity (use breakaway design)
5. SHIELD hazard
6. Delineate hazard so motorist can avoid

Ref: AASHTO Roadside Design Guide, 4th Edition – Pg. 1-4

Order of Preference - NCDOT

4.10 Traffic Barriers

4.10.1 General Considerations

The preferred method of addressing roadside hazards is as follows:

1. Remove the hazard;
2. Remove embankment hazard (flatten slopes);
3. Shift hazard away from traffic;
4. Reduce the impact severity by using breakaway posts;
5. Protect the hazard;
6. Delineate the hazard so motorists are aware of the hazard.



Barriers Must Be Less of a Hazard



AASHTO Barrier Warrants

Obstacle

Guidelines

| | |
|---|---|
| Bridge piers, abutments, and railing ends | Shielding generally required |
| Boulders | Judgment decision based on nature of fixed object and likelihood of impact |
| Culverts, pipes, headwalls | Judgment decision based on size, shape and location of obstacle |
| Foreslopes and backslopes (smooth) | Shielding not generally required |
| Foreslopes and backslopes (rough) | Judgment decision based on likelihood of impact |
| Ditches (parallel) | Refer to Figures 3-6 and 3-7 |
| Ditches (transverse) | Shielding generally required if likelihood of head-on impact is high |
| Embankment | Judgment decision based on fill height and slope (see Figure 5-1) |
| Retaining Walls | Judgment decision based on relative smoothness of wall and anticipated maximum angle of impact |
| Sign/Luminaire supports | Shielding generally required for non-breakaway supports |
| Traffic signal supports | Isolated traffic signals within clear zone on high-speed rural facilities may warrant shielding |
| Trees | Judgment decision based on site-specific circumstances |
| Utility poles | Shielding may be needed on a case by case basis. |
| Permanent bodies of water | Judgment decision based on location and depth of water and likelihood of encroachment. |

Ref: AASHTO Roadside Design Guide, 4th Edition Chapter 5 Table 5-2, Pg. 5-9

NCDOT Guidance

ROADWAY DESIGN MANUAL

PART 1

CHAPTER THREE

GUARDRAIL, BARRIERS AND ATTENUATORS

GUARDRAIL WARRANTS

3-1

Warrants for guardrail are to be in accordance with the "Roadside Design Guide" and with the guardrail warrant curves included in this Chapter.

In the preliminary design stage, the designer will establish the location and grade of the project so as to eliminate as much guardrail as possible using these warrants.

After location data is received, plans plotted, grades set, and initial templates determined, the following procedures should be followed:

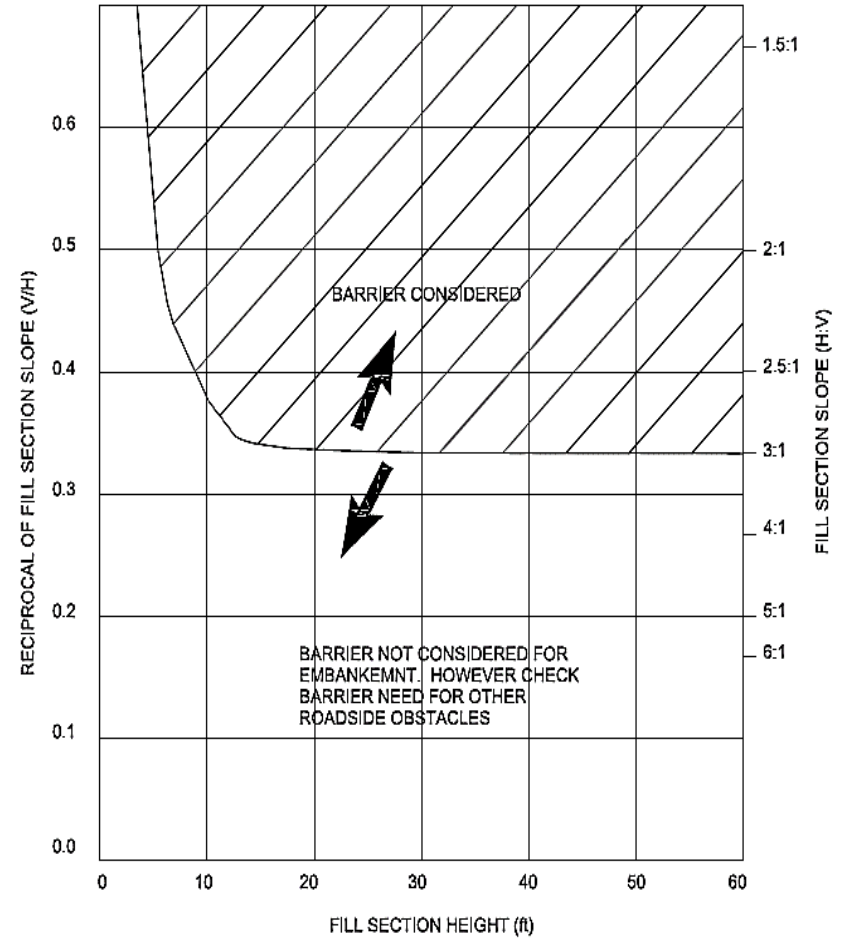
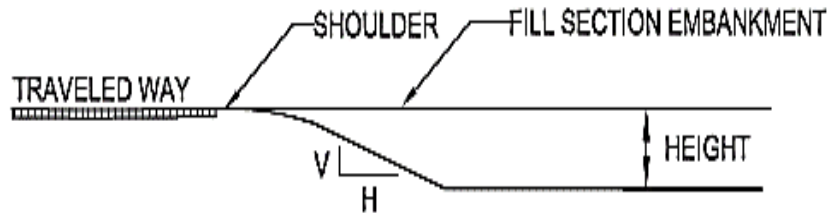
- (1) Determine Guardrail Locations
 - (a) Is guardrail warranted in accordance with Figure 1 in this Chapter? If not required, go to (c). If required, go to (b).
 - (b) Is guardrail required in accordance with Figures 4 through 6 of this Chapter? If not required, go to (c).
 - (c) Is guardrail warranted in accordance with Table 2 and 3 in this Chapter? Refer to Sheet 1-4M and 1-4N in Chapter 1 of this manual.
- (2) Can Guardrail be eliminated?

NCDOT Guidance - Proposed

| Obstacles* within the Clear Zone | Guideline |
|--|---|
| Embankments | engineering judgment - see note 1 |
| Shoulder Drop-off with slope Steeper than 1:1 - greater than 2 feet height | guardrail required |
| Shoulder Drop-off with slope Steeper than 1:1 - less than 2 feet height | Guardrail not required |
| Bridge Piers, Abutments | Guardrail required - see note 2 |
| Culverts, Pipes, Headwalls | Guardrail required - see note 3 |
| Sign Supports | Guardrail required for non-breakaway supports |
| Traffic Signal Supports | Engineering judgement based on each location |
| Utility Poles | Engineering judgement based on each location |
| Rough Rock Cuts | Guardrail required |
| Large Boulders | Guardrail required |
| Streams or Permanent Bodies of Water less than 2 feet in depth | Guardrail not required |
| Streams or Permanent Bodies of Water greater than 2 feet in depth | Guardrail required |
| Landscaping | Engineering judgement based on each location - see note 4 |
| * Obstacles may be nontraversable hazards or fixed objects | |
| Note 1 - see RDG Figure 5-1 | |
| Note 2 - Subregional Tier Guideline allows for reduced lengths (see STG for details) | |
| Note 3 - section 5-2 original RDM need new information location | |
| Note 4 - Landscaping plans should be reviewed for potential hazards | |

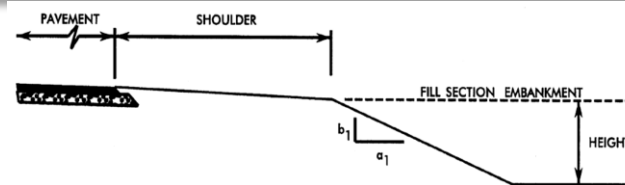


Embankment Guidelines

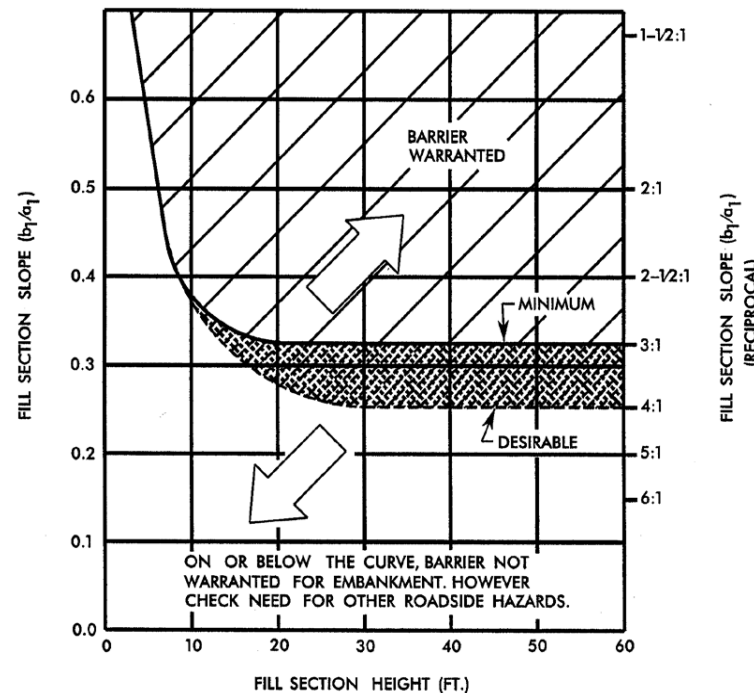


Ref: AASHTO Roadside Design Guide, 4th Edition – Figure 5.1b, Pg. 5-6

NC Embankment Warrants

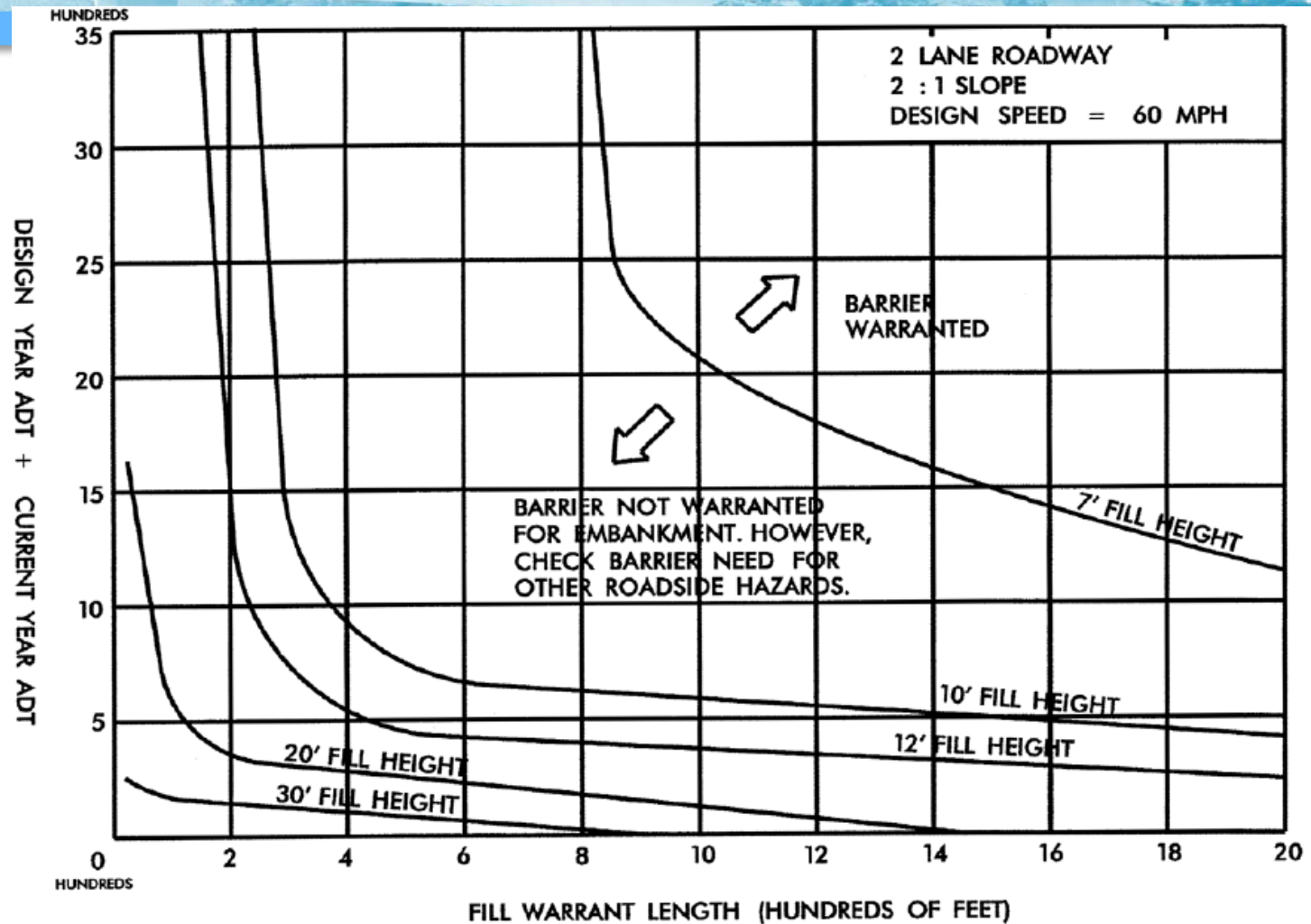


WARRANTS FOR FILL SECTION EMBANKMENTS



Ref: NCDOT Roadway Design Manual, Part 1, Chapter 3

Modified Embankment Warrants



Ref: NCDOT Roadway Design Manual, Part 1, Chapter 3, Figure 5



Is barrier warranted at the locations shown in the next eight photos?

Do not consider effectiveness of existing barrier (if any).











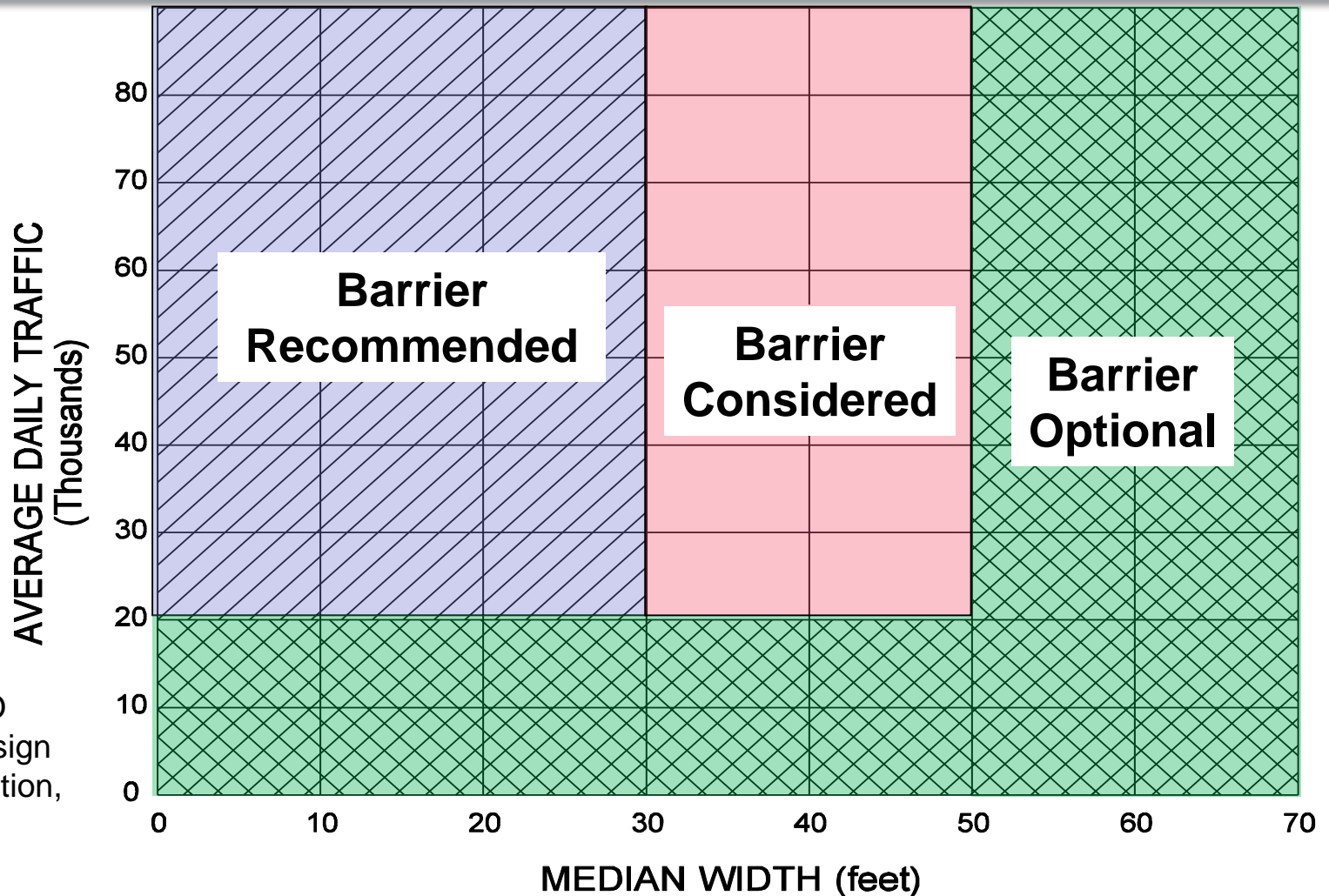








Median Width Guidelines - AASHTO



Ref: AASHTO
Roadside Design
Guide, 4th Edition,
Figure 6-1

Median Width Guidelines - NCDOT

ROADWAY DESIGN MANUAL

PART 1

GUARDRAIL / GUIDERAIL TREATMENT IN MEDIAN LOCATIONS

3-6

Guidelines for typical Median Guardrail / Guiderail Installations:

Incorporate median guardrail / guiderail on all freeway projects with median widths of 70 feet or less.

Two types of installations will be used: Cable guiderail or steel beam guardrail with 6'- 3" post spacing (semi-rigid guardrail).

Review Learning Outcomes

- Understand and apply the clear zone concept
- Identify objects and features that may require shielding

North Carolina Department of Transportation

Highway Safety Barrier Design Training

Session 3:

Testing Requirements and Performance Characteristics of Common Barrier Systems

Session 3 Learning Outcomes

At the end of this session, you will be able to:

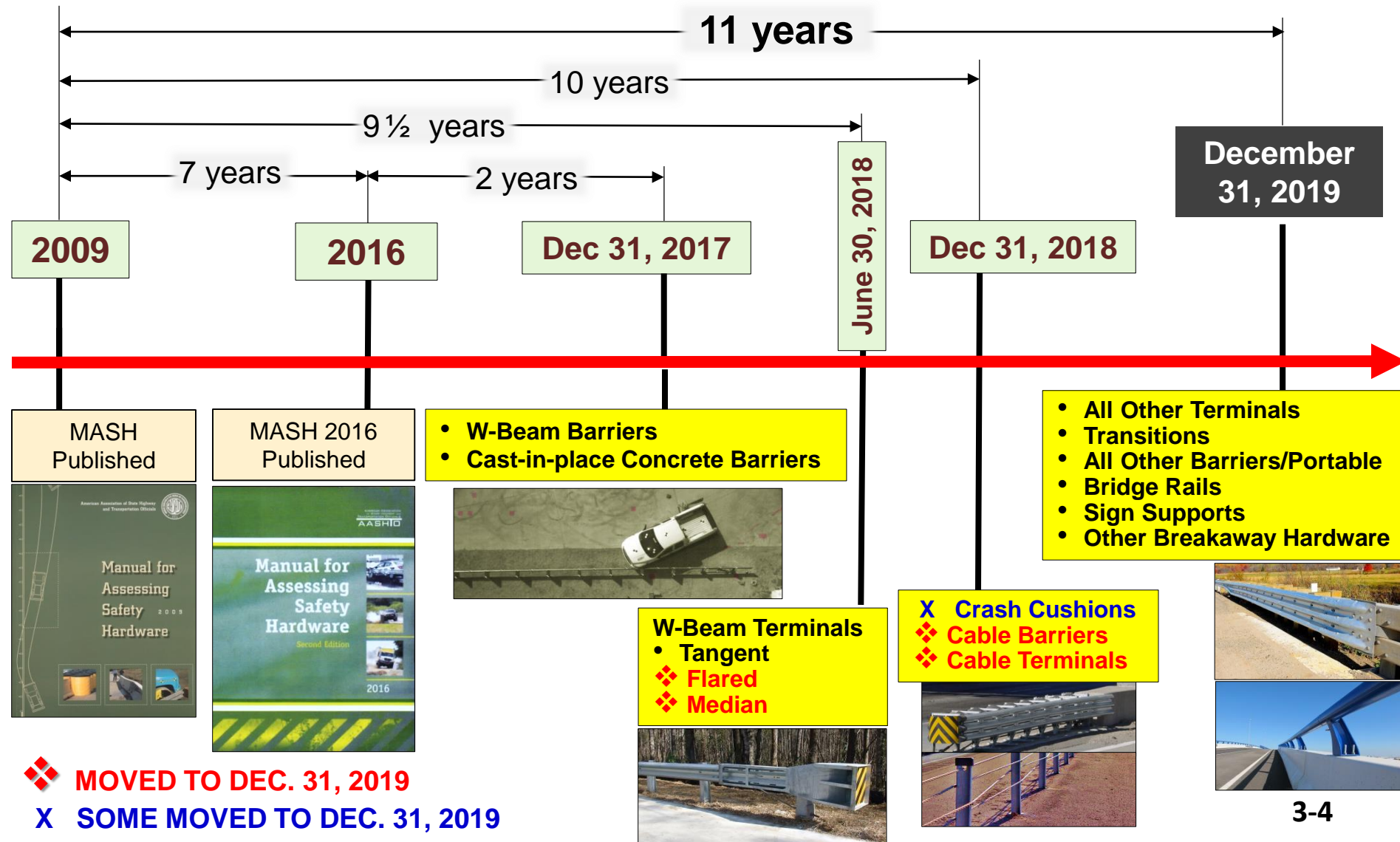
- Understand how barriers are tested for crashworthiness
- Identify common barrier systems
- Explain how these barrier systems function
- Define the key components of a transition design

Crash Testing Guidelines

- In 1993, crash testing and evaluation criteria were published as NCHRP Report 350
- In 2009, the Manual for Assessing Safety Hardware (MASH) was published by AASHTO. It was used by FHWA as the testing standard for all new products
- In 2016, an update to MASH was adopted and a timetable for implementation of new installations complying with this edition was signed between FHWA and AASHTO

MASH Implementation Timeline

(AASHTO/FHWA Joint MASH Implementation Agreement Issued January 7, 2016)



MASH Test Conditions

Selection of a performance level is based on speed and traffic mix.

- **TL-1, TL-2, and TL-3:** crash tests with small car and pickup truck with a 25° impact angle at 31, 44, and 62 mph, respectively.

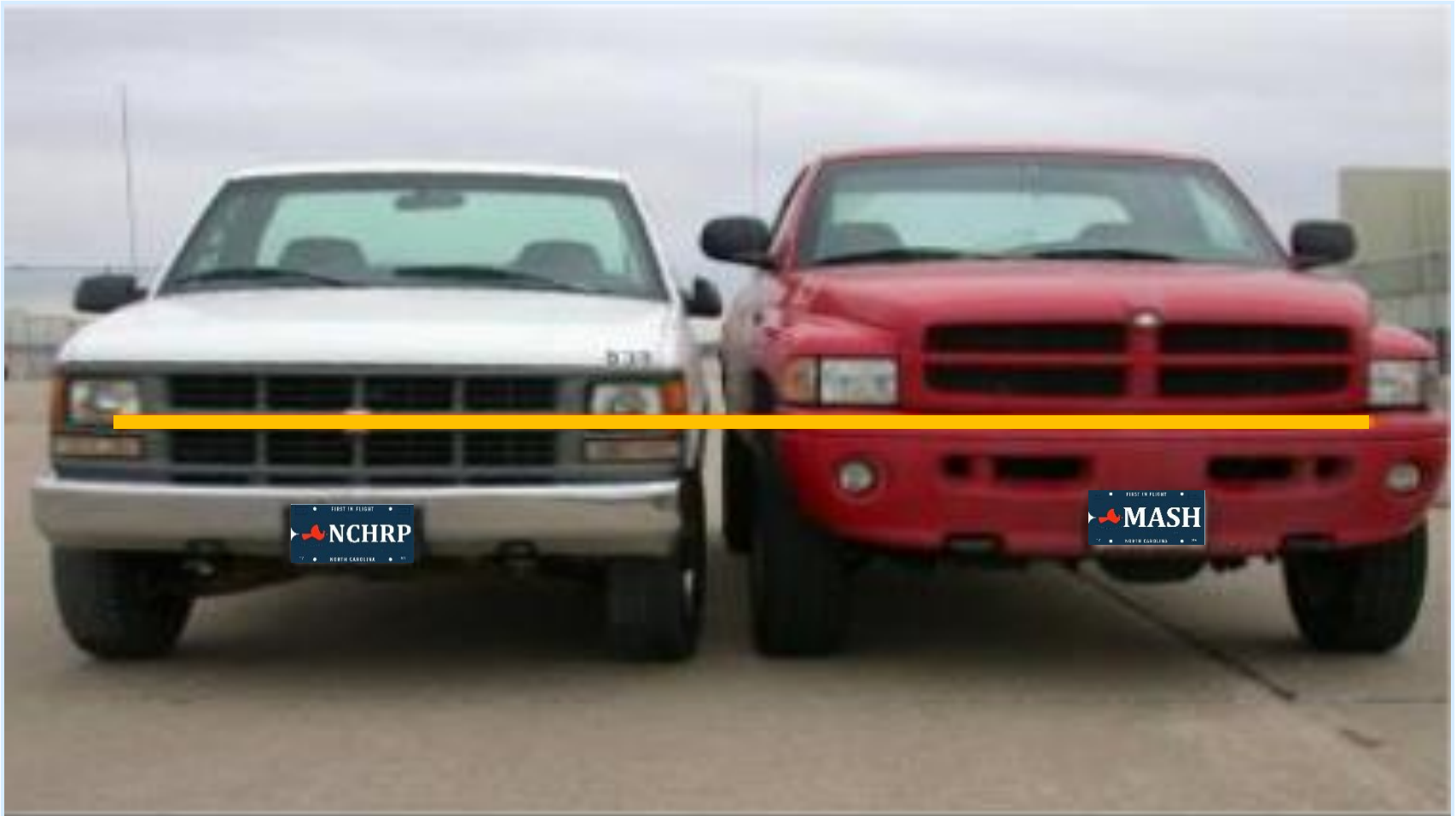


2,420 lbs.
1100C



5,000 lbs.
2270P

NCHRP 350 comparison with MASH Crew Cab Truck



MASH Test Conditions (cont'd)

- **TL- 4:** TL-3 + 15° impact angle, 56 mph Single-Unit Truck
- **TL- 5:** TL-3 + 15° impact angle, 50 mph Tractor-Van Trailer
- **TL- 6:** TL-3 + 15° impact angle, 50 mph Tractor-Tank Trailer



22,000 lbs.



80,000 lbs.



80,000 lbs.

Functional Requirement of Barrier

1. Contain Vehicle
 - No Penetration
 - No Vaulting/Under-riding
2. Redirect Vehicle Smoothly (low exit angle) with no snagging/overturning, and no excessive rotation (75 degree max)
3. Tolerable Occupant Impact Forces
4. Minimum Occupant Compartment Deformation and no Debris Intrusion

Standard Barrier Systems

- Rigid Systems
- Semi-Rigid Systems
- Flexible Systems
- Median Barrier Systems

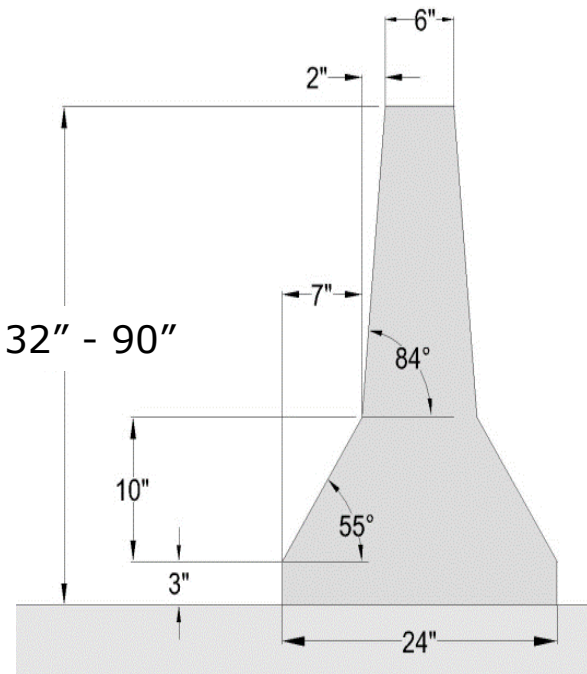
Barrier Systems: Rigid Barriers

Rigid Barrier Systems have little (between 0 to 1 ft.) deflection under the TL-3 pickup impact. They are generally anchored by some acceptable means.

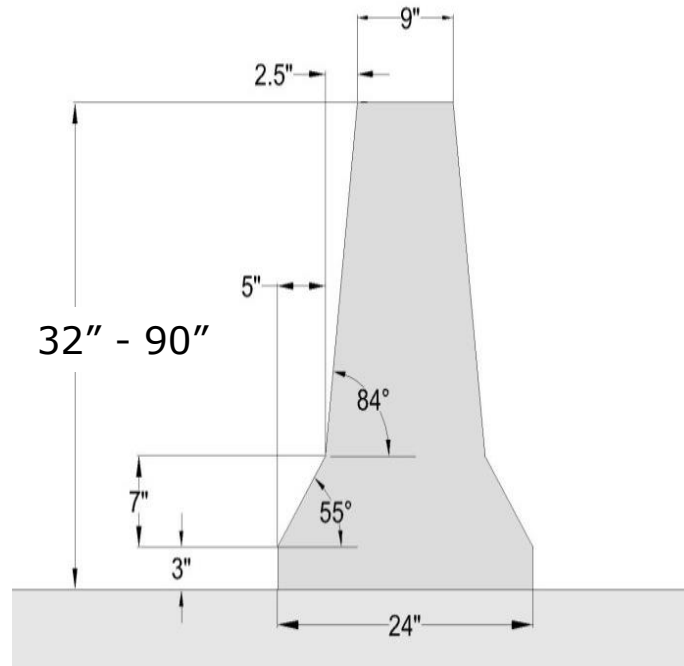
Examples include:

- New Jersey Safety Shape Concrete Barrier
- F-shape Concrete Barrier
- Single or Slope Concrete Barrier
- Vertical Wall

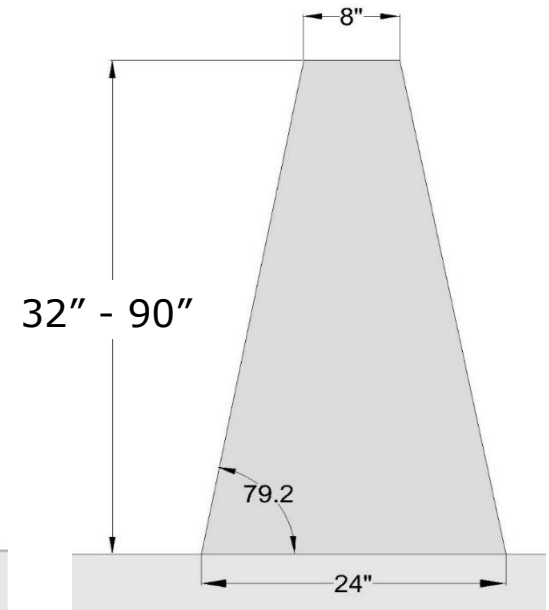
Rigid Barrier



New Jersey Shape

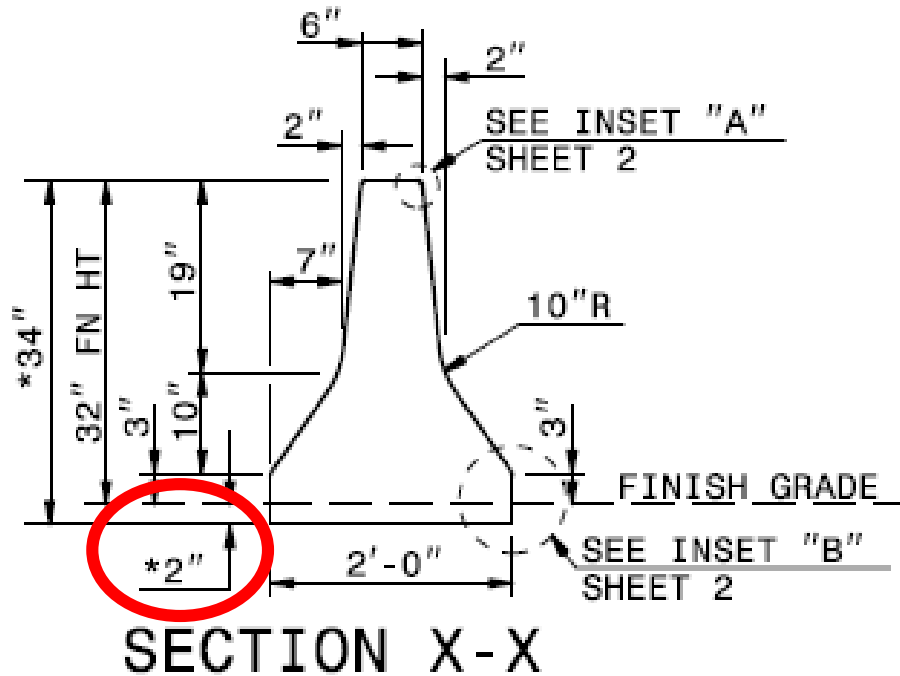


F-Shape



Single Shape

Rigid Barrier – New Jersey Shape



TYPE IV - NO GLARE SCREEN PERMITTED

Type IV typically used

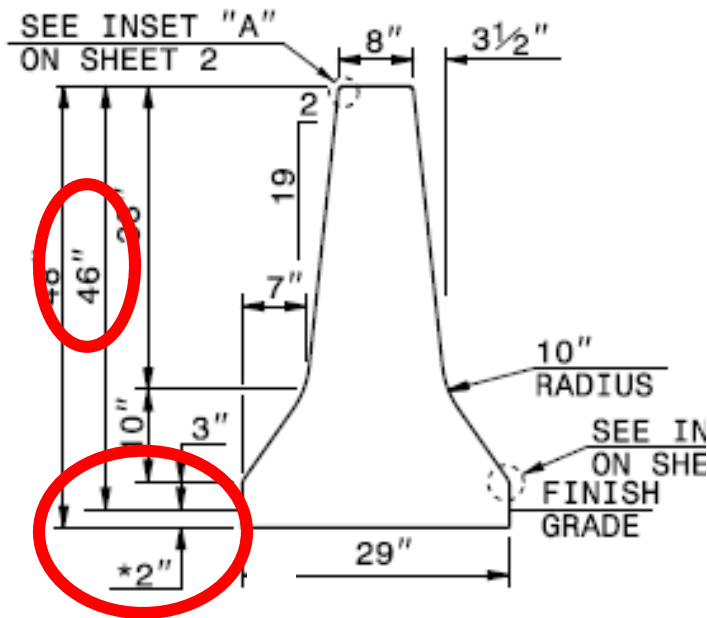
Types II & III for
bifurcated cross-
sections

2" min Embedment
minimizes Deflection

When large trucks are
not an issue

| | | |
|------------------------|---|--|
| 854.01 SHEET 1 OF 4 | ROADWAY STANDARD DRAWING FOR DOUBLE FACED CONCRETE BARRIER TYPES I, II, III & IV | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|------------------------|---|--|

Rigid Barrier – New Jersey Shape



2" min Embedment
minimizes Deflection

Considered TL- 5

For use when conditions
warrant (typical urban,
high truck volume)

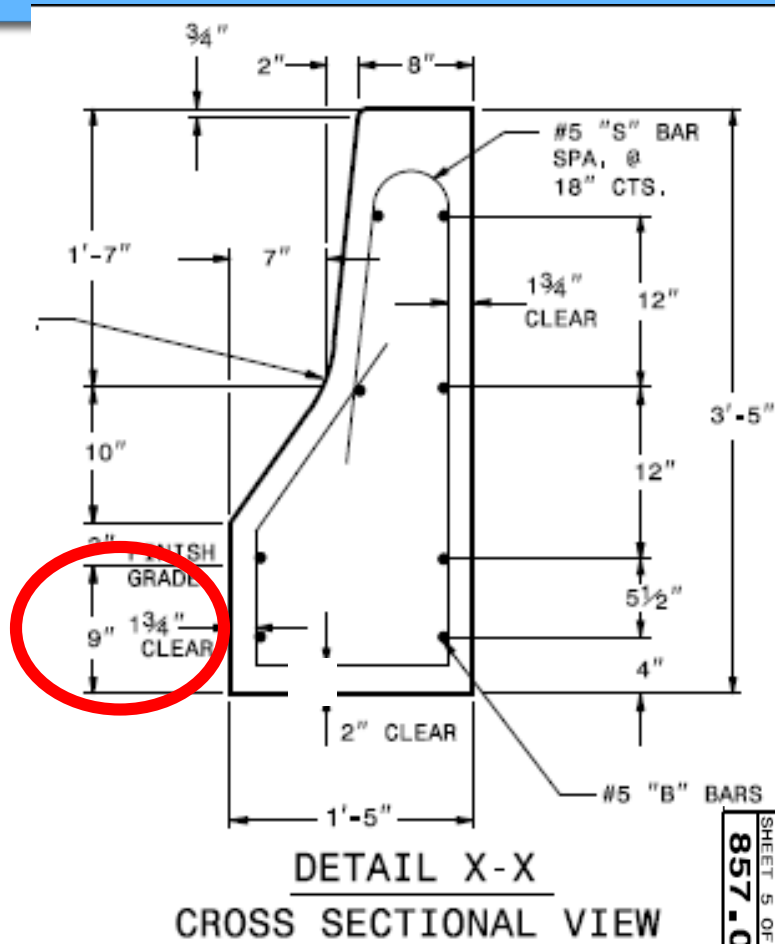
SECTION X-X
TYPE - T

854.02
SHEET 1 OF 4

ROADWAY STANDARD DRAWING FOR
DOUBLE FACED CONCRETE BARRIER
TYPE T, T1 AND T2

1-18
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DIVISION OF HIGHWAYS
RALEIGH, N.C.

Rigid Barrier – New Jersey Shape



9" min Provides Fixity

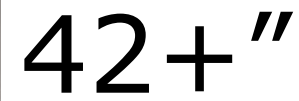
SHEET 5 OF 8
857.01

ROADWAY STANDARD DRAWING FOR
PRECAST REINFORCED CONCRETE BARRIER
41" SINGLE FACED

1-18 STATE OF
NORTH CAROLINA
DEPT. OF TRANSPORTATION
DIVISION OF HIGHWAYS
RALEIGH, N.C.

MASH Testing of 32" New Jersey Shaped Concrete Barrier

Rigid Barrier



42+''

Note – No national criteria for when to use TL-4, 5, or 6

Rigid Barrier: TL-5





Zone of Intrusion

Zone of Intrusion (ZOI) - the region measured above and behind the face of a barrier system where an impacting vehicle or any major part of the system may extend during an impact.

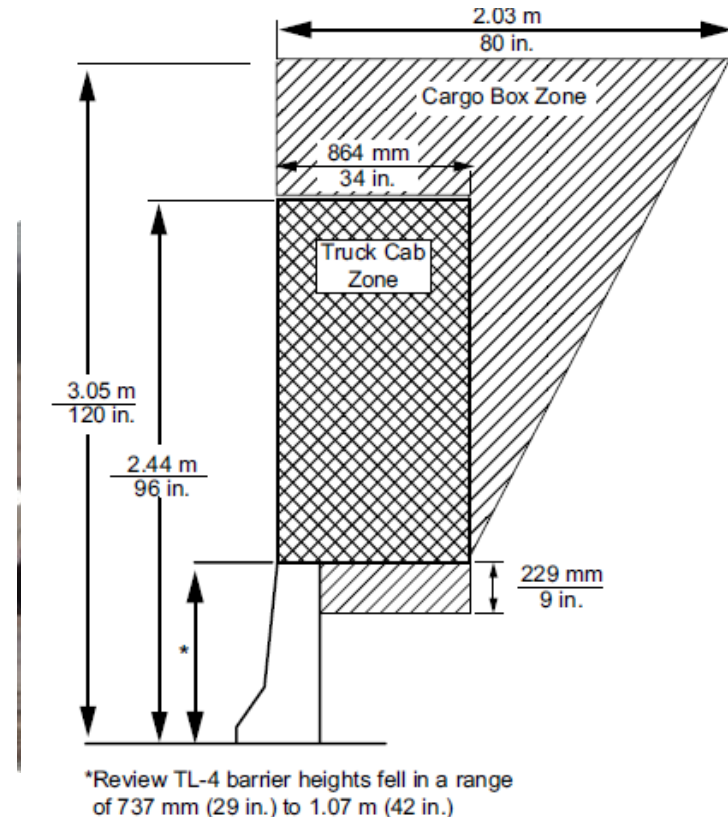


Figure 5-31. Zone of Intrusion for TL-4 Barriers per NCHRP Report 350

AASHTO LRFD Bridge Specification (7th Edition)

3.6.5.1

Where the design choice is to redirect or absorb the collision load, protection shall consist of one of the following:

- An embankment;
- A structurally independent, crashworthy ground-mounted 54.0-in. high barrier, located within 10.0 ft from the component being protected; or
- A 42.0-in. high barrier located at more than 10.0 ft from the component being protected.

Such barrier shall be structurally and geometrically capable of surviving the crash test for Test Level 5, as specified in Section 13.

Barrier Systems: Semi-Rigid

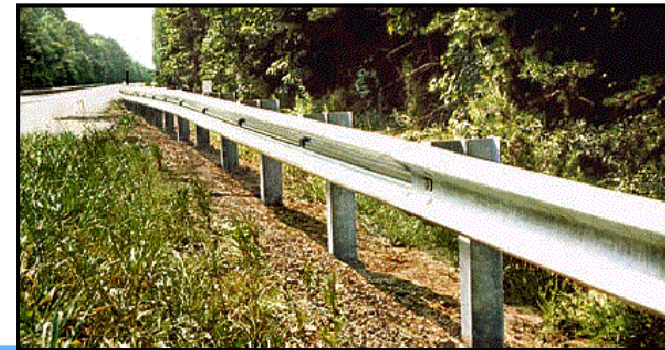
Semi-Rigid Barrier Systems have deflections of a few feet (between 2 to 5 ft.) under the TL-3 pickup impact.

Typically consist of beam and post elements.

**TERMINOLOGY: Call new system 31"
(shows 2'-1" to bolt on standards)**

Barrier Systems: Semi-Rigid

- **W-Beam Steel Guardrail – 350 Guardrail (29")**
 - 12" wide W-beam rail section (12-gauge thickness).
 - Posts are spaced at 6'-3" centers, and the nominal rail height is 27" – 30"
 - Rail splice at the post.
 - Steel posts: W6 x 8.5/9.0 x 6'-0" long.
 - Offset Block: 6" x 8" recycle plastic or composite.



Guardrail with Wood Post & Wood Offset Block 27 5/8" Height



Failed Test!!!

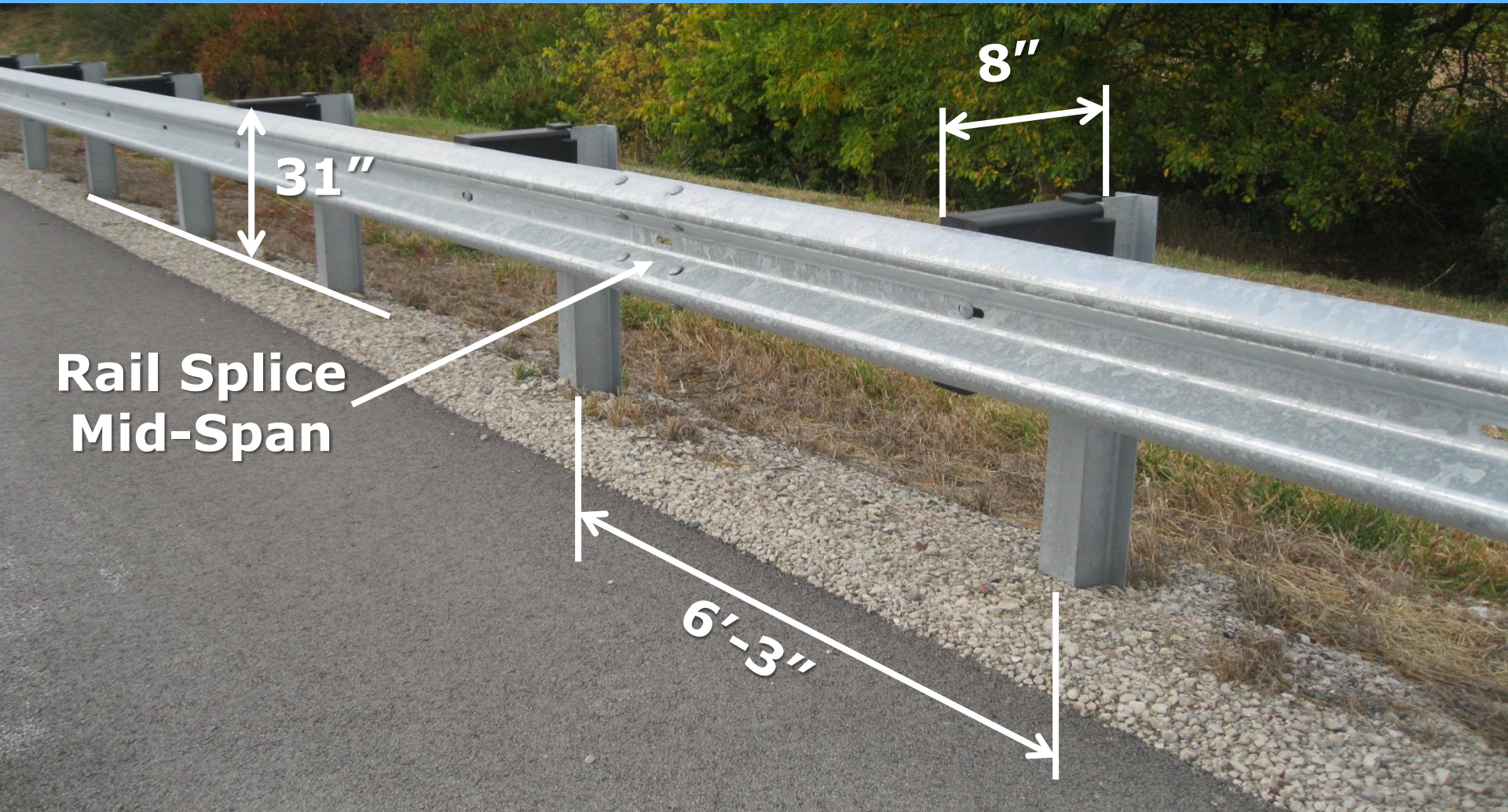
Guardrail with Steel Post & Wood Offset Block 27 5/8" Height



Barrier Systems: Semi-Rigid

- **31"** (shown in standards as 2'-1")
 - 31" Height to Top of Rail
 - Rail Splice mid-span.
 - Post spacing 6'-3"
 - Steel posts, W6 x 8.5/9.0 x 6'
 - Offset Block: 8" recycled plastic or composite

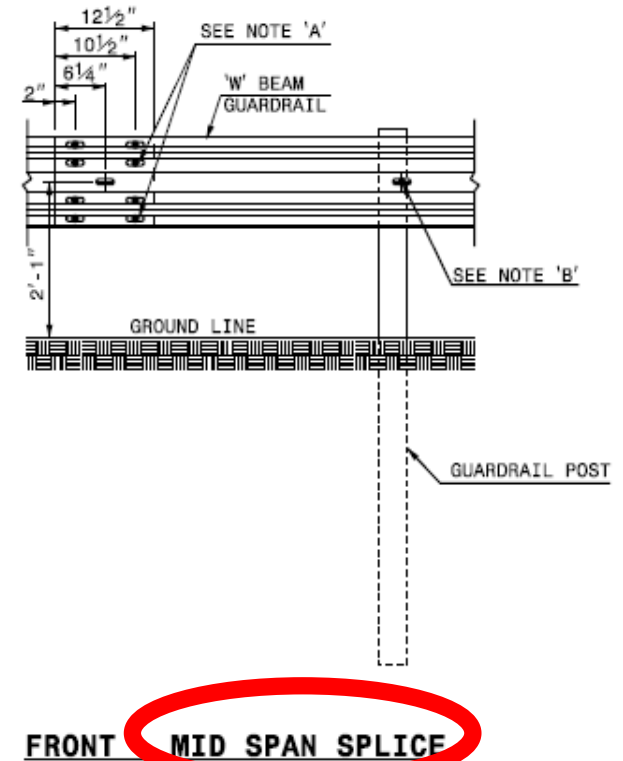
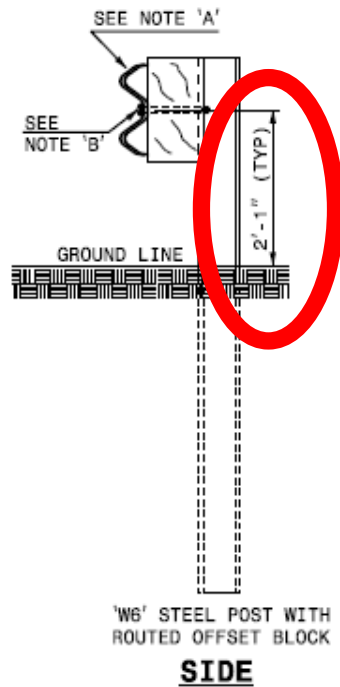
31" Guardrail



31" MASH Test 3-11



NCDOT 31" Guardrail



| | | |
|------------------------|---|--|
| 862.02 SHEET 5 OF 8 | ROADWAY STANDARD DRAWING FOR GUARDRAIL INSTALLATION | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|------------------------|---|--|

Existing Guardrail Height



Must be $\geq 27"$ to
remain in place within
the Transportation
Improvement Program
(TIP)

Barrier Systems: Flexible Barriers

Flexible Barrier Systems typically have relatively large deflections

Examples of Flexible Barriers include:

- Weak post W-beam
 - Low tension cable
 - High tension cable
- No longer in standards
To be removed from standards when MASH available

Barrier Systems: Flexible Barriers

- Low Tensioned Cable Barrier
 - Generic System
 - 3 cables design (center cable on opposite side of the post for median application).
 - Design deflection of approximately 12 ft.
 - Generic crashworthy terminal.



Cable Guiderail



NCDOT

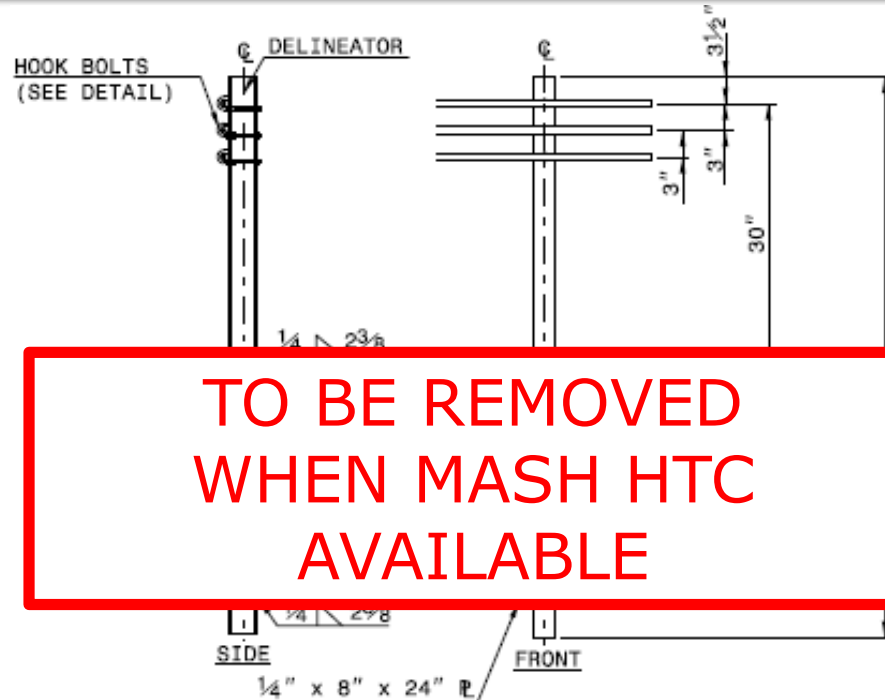


Session 3



3-32

NCDOT Cable Guiderail



TO BE REMOVED
WHEN MASH HTC
AVAILABLE

SINGLE FACE GUIDERAIL
INTERMEDIATE POST

865.01
SHEET 7 OF 12

ROADWAY STANDARD DRAWING FOR
CABLE GUIDERAIL
SINGLE FACE GUIDERAIL - POST DETAILS

1-18
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DIVISION OF HIGHWAYS
RALEIGH, N.C.

Barrier Systems: Flexible Barriers

Advantages of cable systems include:

- Low initial cost
- Lower deceleration forces
- Effective vehicle containment and redirection
- Installation conditions flexibility
- SNOW



Barrier Systems: Flexible Barriers

- High Tensioned Cable (HTC) Barrier
 - Five different proprietary designs available
 - Each requires a unique proprietary terminal
 - Somewhat reduced deflections
 - Generally easier maintenance
 - Can retain effectiveness after most impacts

High-Tension Cable (HTC) Systems

- Brifen ★★
- Safence
- CASS (Trinity Steel) ★
- Nucor
- Gibraltar ★

★ = APL

Currently, NO system has passed all MASH 2016 testing

Brifen USA



<http://www.brifenusa.com>



- Interweaving cables creates a “mini-anchor” at each post due to friction as the tensioned cables weave past each post.
- 3 or 4 cable design available.

Gibraltar



<http://www.gibraltartx.com>



- Has hairpin type connection to post.
- Posts to cable connection is alternate side-to-side
- 3 or 4-cable design available.

Trinity Industries

(Cable Safety System-CASS)



<http://www.highwayguardrail.com>

Cable anchor

- 3 or 4 cable design available.

Four Cable System



Post Foundation and Typical Terminal



HTC On 4:1 Slope



Barriers in the Median

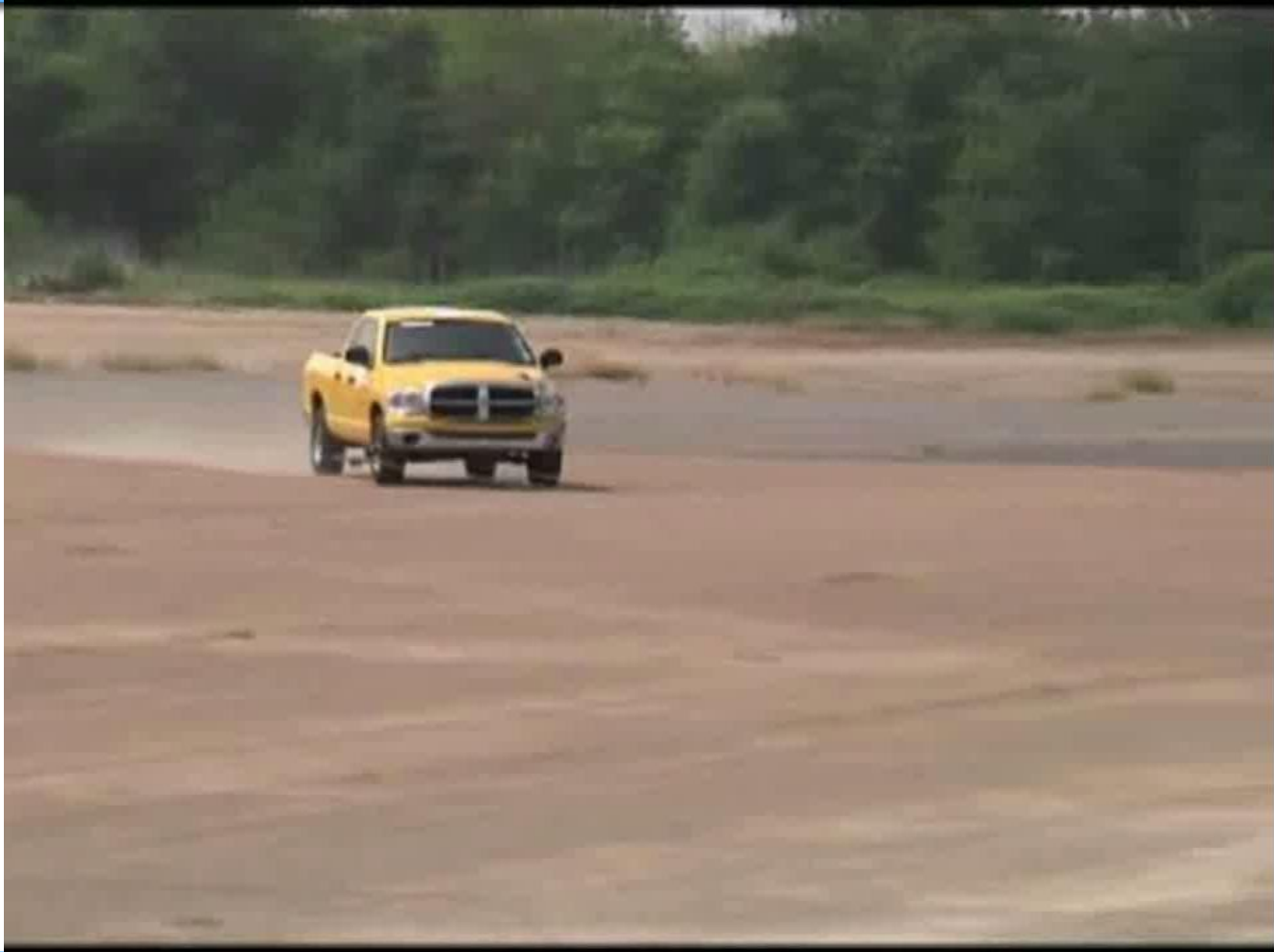
- Used to separate opposing traffic on a divided highway or to separate through traffic from local traffic.
- Many barriers approved for roadside applications can be modified for use in the median.
- Width of the median is an important consideration.
- Also must consider the dynamic deflection of the barrier to avoid intrusion into opposing traffic.
- There are terminals designed specifically to shield the ends of median barriers.



MASH 27" W-Beam Median Barrier Test



MASH 31" Median Barrier Test

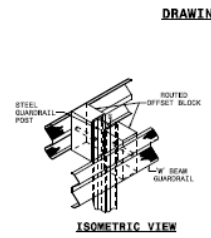
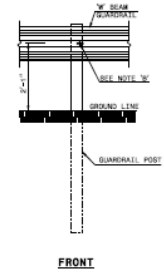
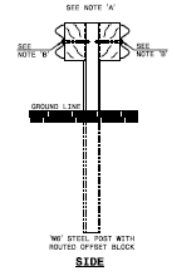
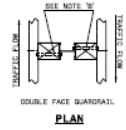


MASH 31" Median Barrier

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RALEIGH, N.C.

ROADWAY DETAIL DRAWING FOR
GUARDRAIL PLACEMENT
DOUBLE FACED W-BEAM

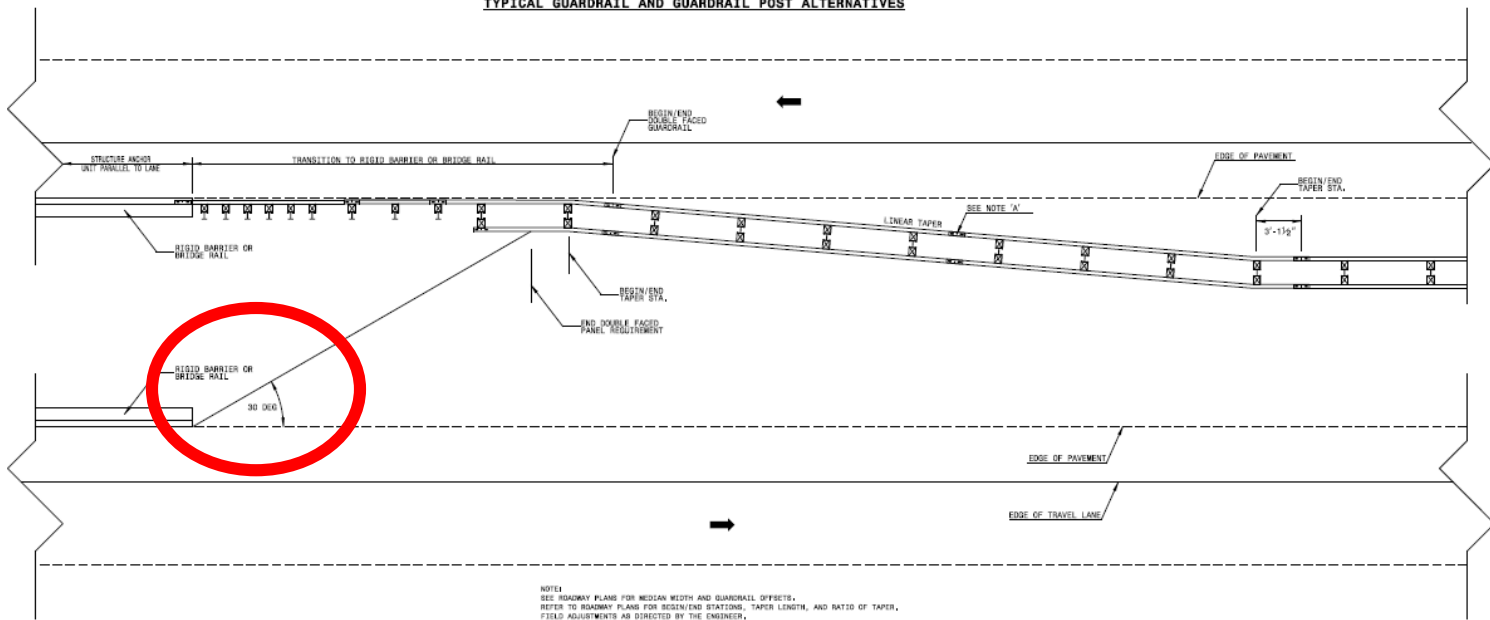
SHEET OF
862D01



DRAWING NOT TO SCALE

NOTES:
A - 9/16" DIA. BUTTON HEAD SPLICE BOLT 1 1/4" LONG (8 REQ. PER SPLICE JOINT).
B - 9/16" DIA. BUTTON HEAD BOLT 7 5/8" LONG WITH NUT FOR BOLTING 4" DIA. ROUTED OFFSET BLOCK TO STEEL POSTS.
C - FIELD PUNCHING OF HOLES INTO GUARDRAIL AS DIRECTED BY THE ENGINEER.

TYPICAL GUARDRAIL AND GUARDRAIL POST ALTERNATIVES



NOTES:
SEE ROADWAY PLANS FOR MEDIAN WIDTH AND GUARDRAIL OFFSETS.
REFER TO ROADWAY PLANS FOR BEGIN/END STATIONS, TAPER LENGTH, AND RATIO OF TAPER.
FIELD ADJUSTMENTS AS DIRECTED BY THE ENGINEER.

APPROACH TO RIGID BARRIER OR BRIDGE RAIL

STATE OF
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DIVISION OF HIGHWAYS
RALEIGH, N.C.

ROADWAY DETAIL DRAWING FOR
GUARDRAIL PLACEMENT
DOUBLE FACED W-BEAM

SHEET OF
862D01



Session 3



Flexible Median Barriers

Advantage of high tension cable is it may remain effective after impact.

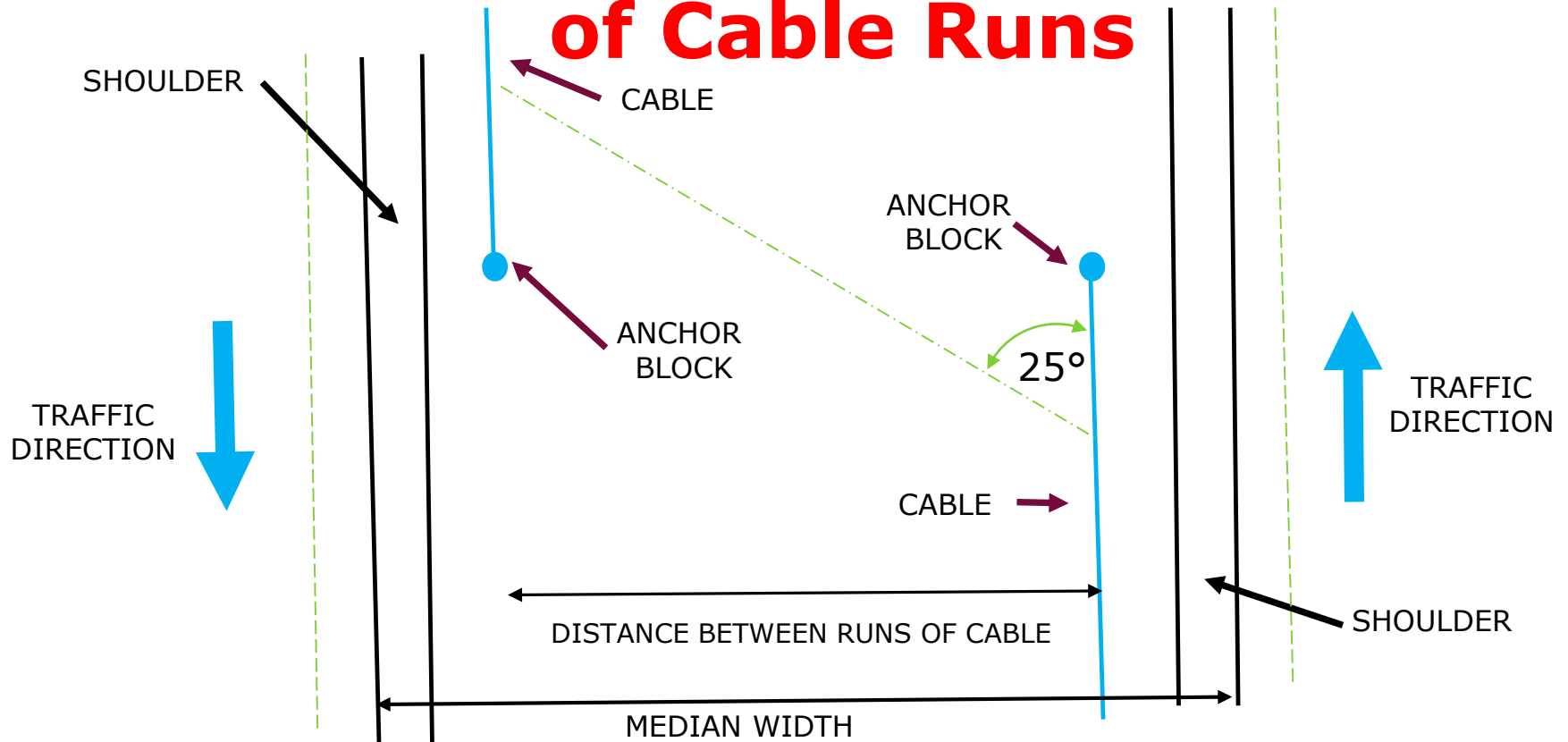


Flexible Median Barriers



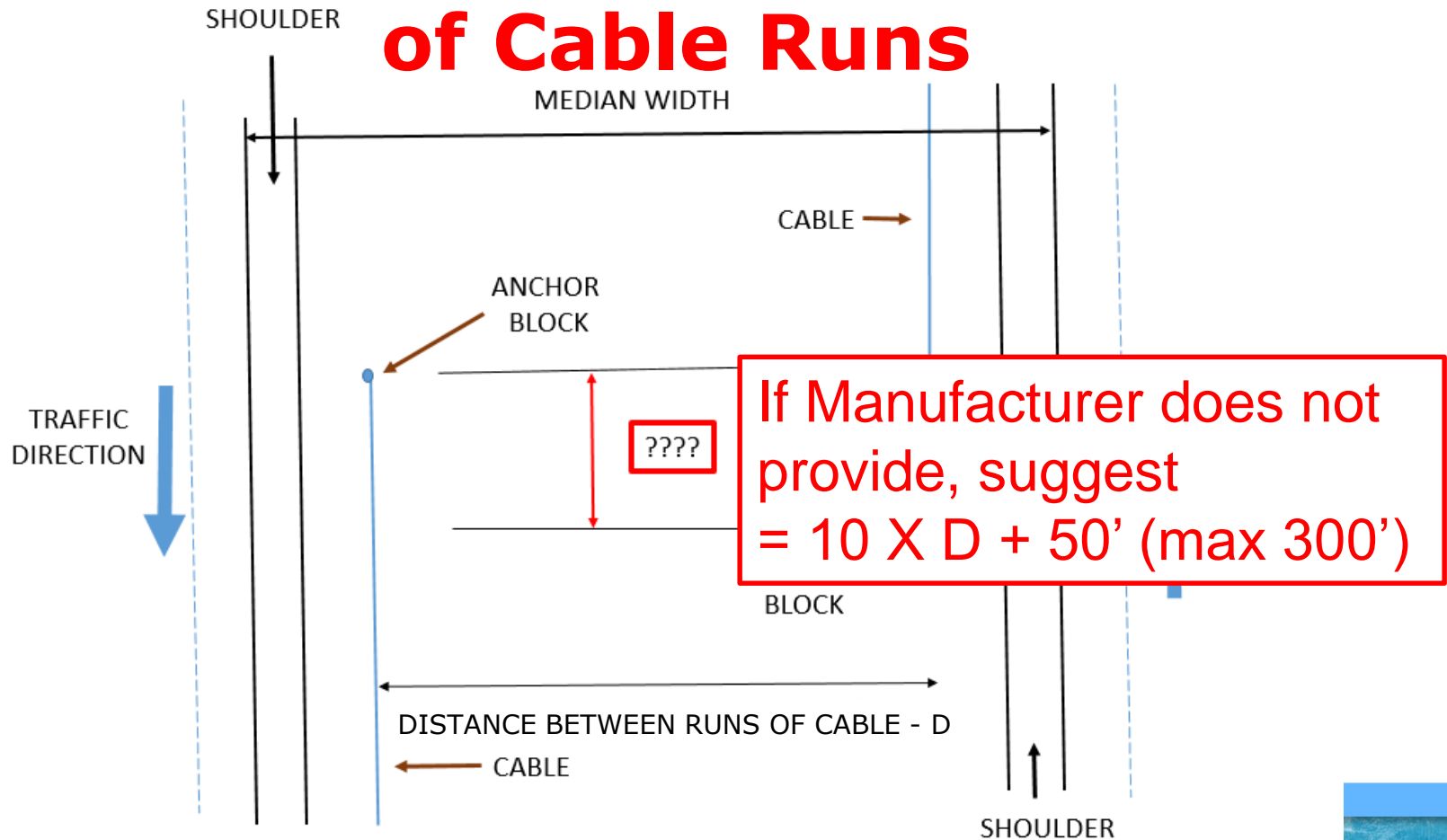
Treatment at Opening

Near-Side Overlap of Cable Runs



Treatment at Opening

Far-Side Overlap of Cable Runs



Transition Sections

- When a softer (more flexible) barrier precedes a stiffer barrier, a gradual stiffening must occur between the two systems.
- An effective transition must provide the following:
 - Adequate connection (TENSION continuity)
 - Adequate length to gradually increase stiffness.



Inadequate Transition

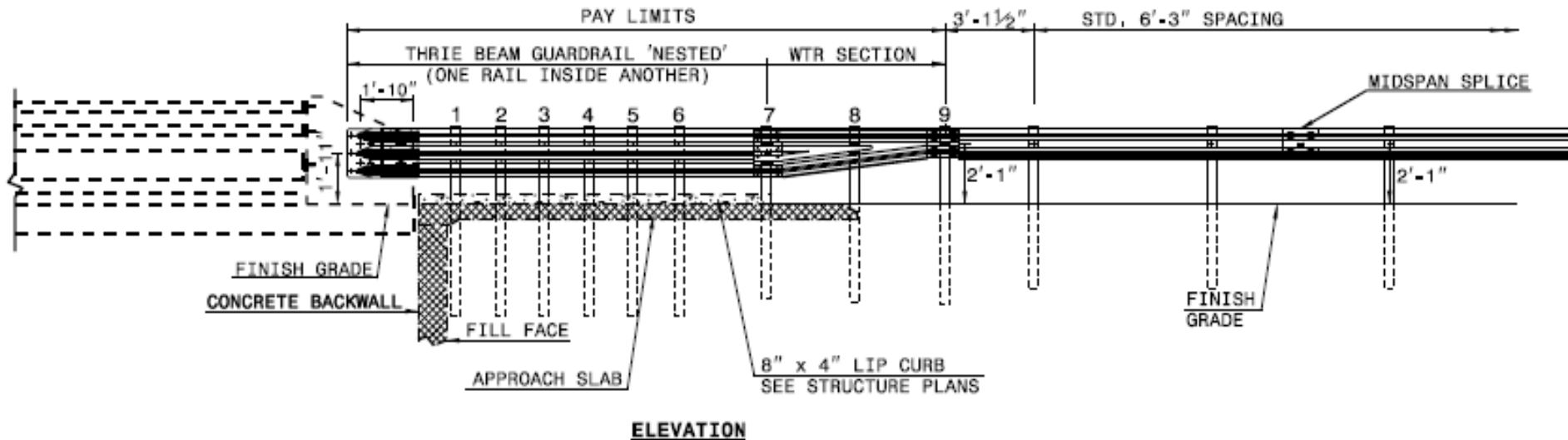


Transition Sections

Successfully crash-tested transitions include the following essential elements (in addition to a structural connection):

- Additional and/or Larger Posts
- Nested rail (w-beam or Thrie-beam)
- Curbs (only as crash-tested transition unit), Rub Rails, and/or Flared Parapet Wall to Prevent Snagging

NCDOT Transition – Thrie-beam

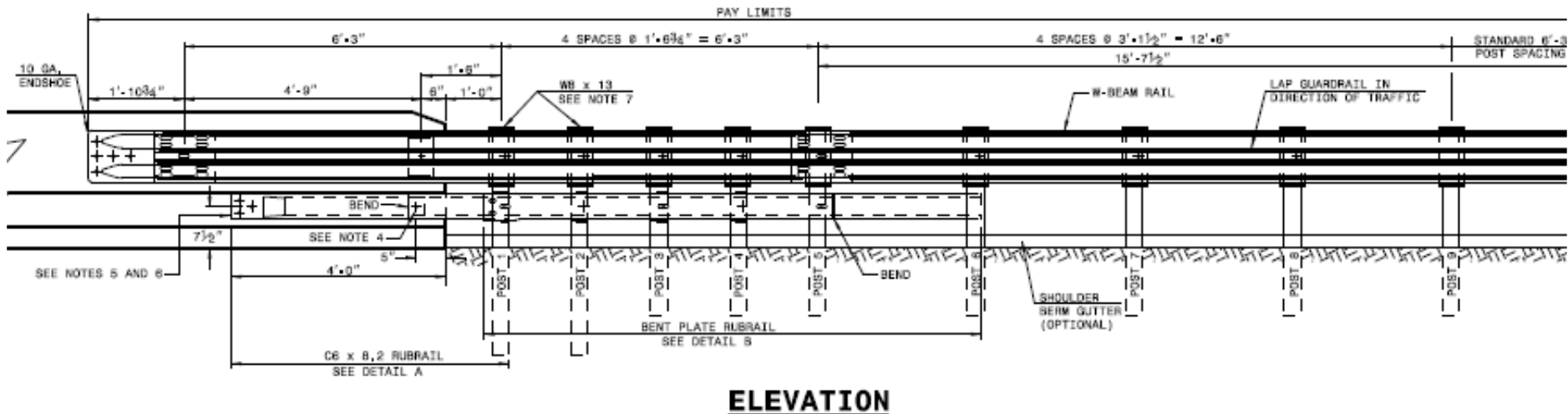


| | | |
|-------------------------------|--|--|
| 862.03 SHEET 1 OF 7 | ROADWAY STANDARD DRAWING FOR STRUCTURE ANCHOR UNITS GUARDRAIL ANCHOR UNIT, TYPE III FOR ATTACHMENT TO RAIL ON BRIDGE | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|-------------------------------|--|--|

NCDOT Transition – Previous Standard



NCDOT Transition – Direct



| | | |
|-------------------------------|--|--|
| 862.03 SHEET 4 OF 7 | ROADWAY STANDARD DRAWING FOR STRUCTURE ANCHOR UNIT GUARDRAIL ANCHOR UNIT TYPE B-77 FOR F-SHAPE BARRIER | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|-------------------------------|--|--|

NCDOT Transition – With Curb



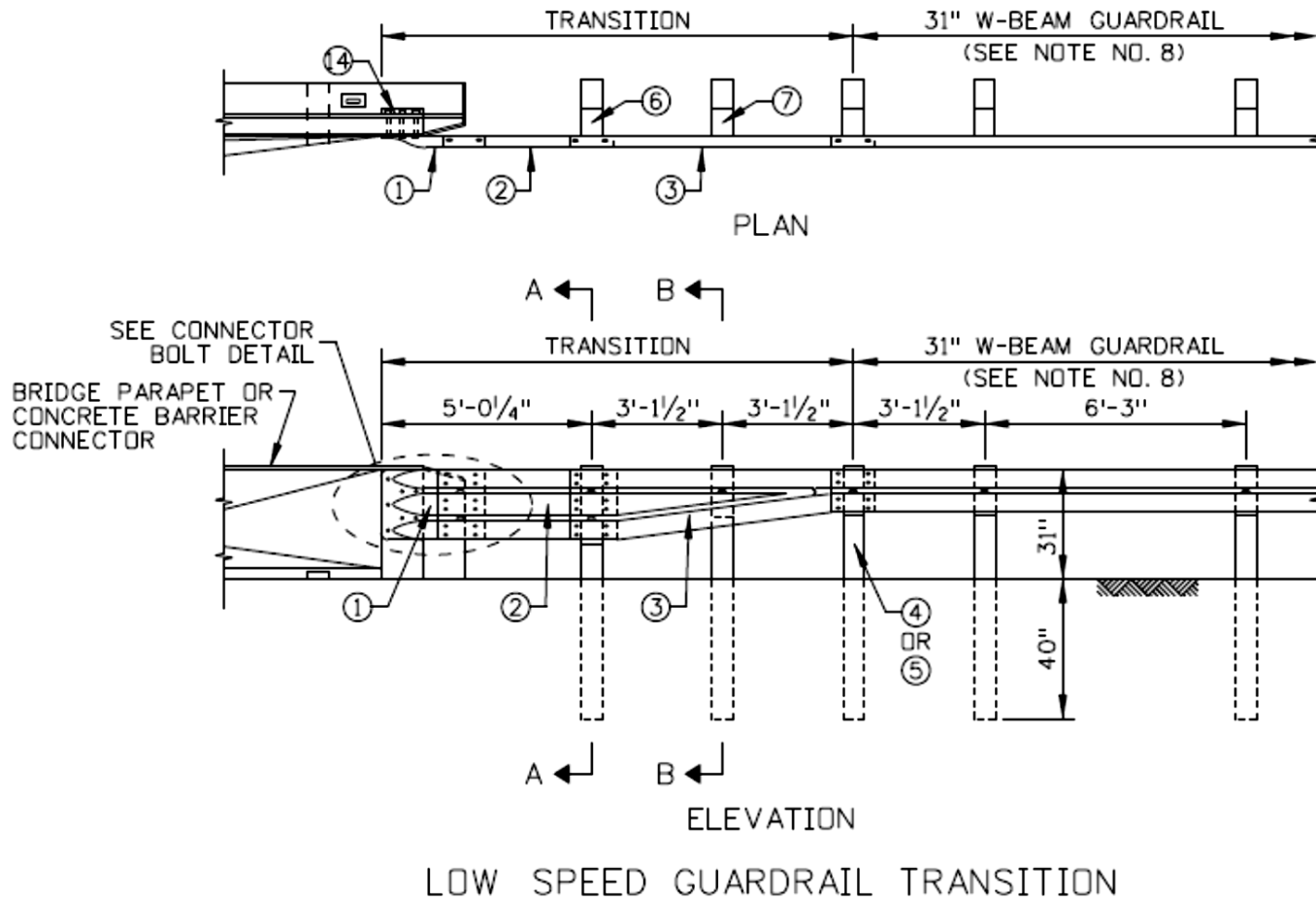
NPS Transition



31" Transition



Transition – 31", TL-2



Connections to Low Parapets or Combination Rails

If the concrete parapet or portion of a combination rail is less than the transition height (31"), a steel plate may be applicable to adjust the height.



Transition: HTC to Guardrail (Spatial)



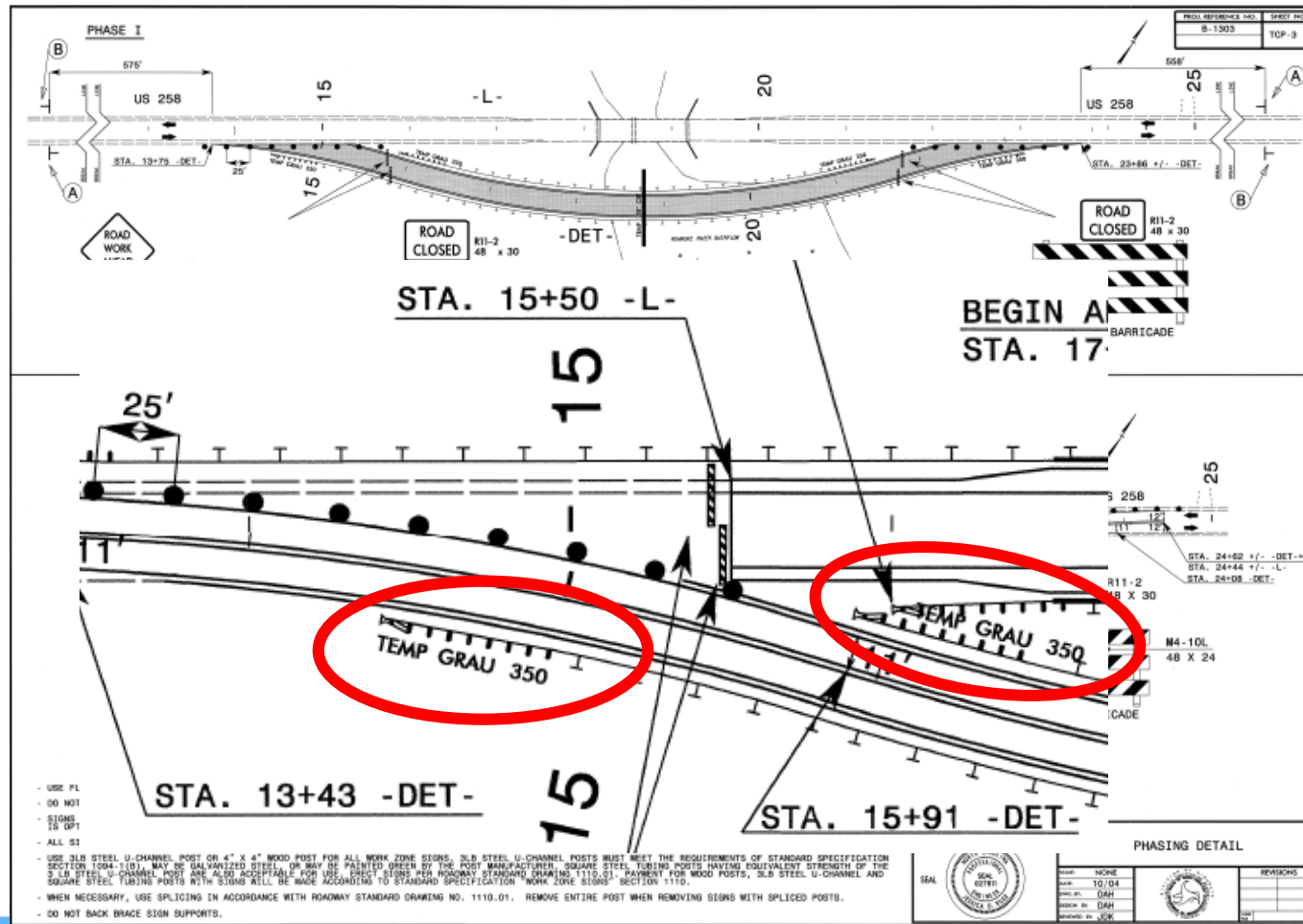
HTC or LTC - Cable to W-Beam Transition



HTC - Cable to W-Beam Transition



Temporary Barrier – Need for Tension



Traffic
Management
Plan

Quantity Summary Sheet – blow-up

| LINE | BEG. STA. | END STA. |
|-----------|-----------|----------|
| -L- | 13+02.94 | 17+77.34 |
| -L- | 13+02.94 | 17+77.34 |
| -L- | 19+84.06 | 23+09.36 |
| -L- | 19+84.06 | 22+84.36 |
| -L- | 16+00.00 | |
| -L- | | 21+50.00 |
| -DET- | 14+44.15 | 23+09.15 |
| -DET- | 15+87.50 | 23+50.00 |
| SUBTOTAL: | | |

| W | | ANCHORS | | | |
|-----------|------------|----------|----------|---------------|--|
| APPR. END | TRAIL. END | TYPE III | GRAU 350 | TEMP GRAU 350 | |
| 1 | | 1 | 1 | | |
| | 1 | 1 | 1 | | |
| | 1 | 1 | 1 | | |
| 1 | | 1 | 1 | | |
| 1 | | | | 1 | |
| | 1 | | | 1 | |
| 1 | 1 | | | 2 | |
| 1 | 1 | | | 2 | |
| | | 4 | 4 | 6 | |

Need to re-establish tension in any altered guardrail – include in plan sheets

★ Placement of GRAU (GREU) must abide by standard application criteria (Deflection and LON)

Review Learning Outcomes

- Understand how barriers are tested for crashworthiness
- Identify common barrier systems
- Explain how these barrier systems function
- Define the key components of a transition design

Session 4:

Testing Requirements and Performance Characteristics of End Treatments and Impact Attenuators

Session 4 Learning Outcomes

At the end of this session, you will be able to:

- Understand how end treatments and impact attenuators are tested for crashworthiness
- Identify common end treatments and impact attenuators
- Understand how these systems function
- Choose the appropriate system for a specific site

Guardrail End Treatments

A barrier end treatment must serve two functions:

- Provide the necessary TENSION of the guardrail system for downstream impacts
- Be crashworthy when impacted end-on.

Cable Anchor Terminal – MASH

- 2 Design Tested
- Both have a strut between last 2 posts



TxDOT Design
9'- 4 ½ " rail element
Rail ends at last post



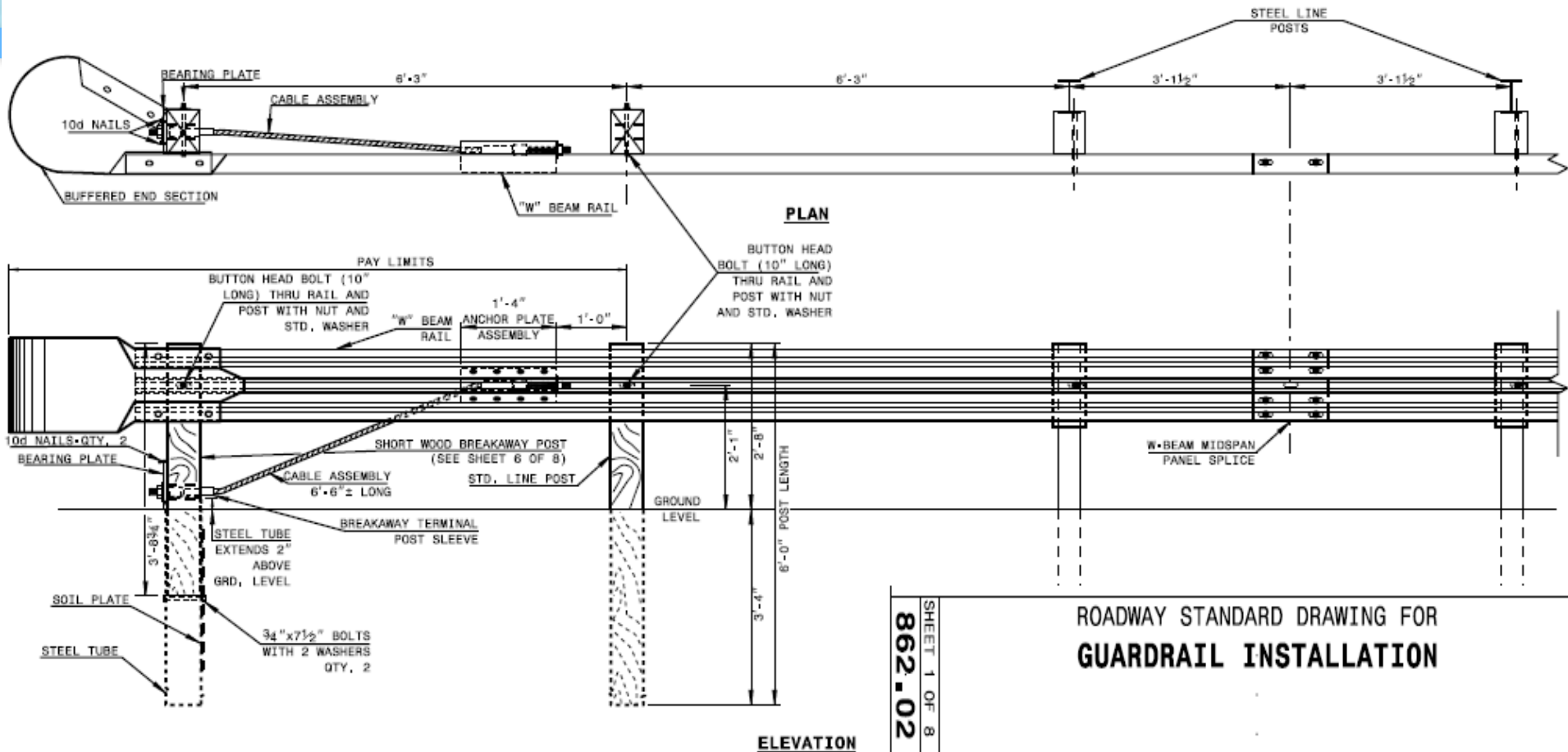
Eligibility Letter B-256

MwRSF Design
12'- 6" rail
Rail extends past last post

Cable Anchor Terminal - Tension



NC Cable Anchor – Not tested



TRAILING END UNIT ASSEMBLY

C.A.T.-1 SYSTEM

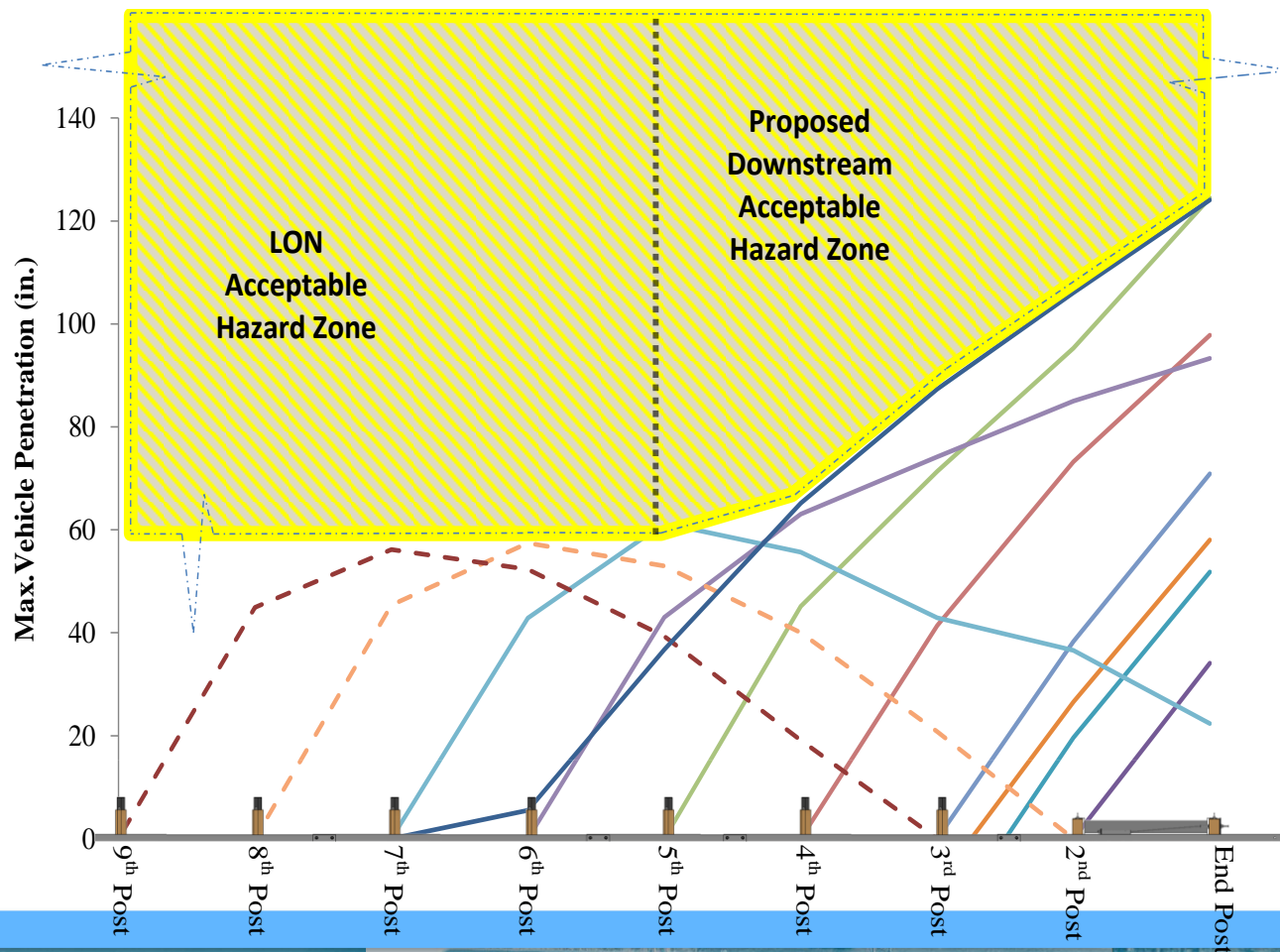
Guardrail Cable Anchor Terminal Test



Impacted at 6th
post from the
end

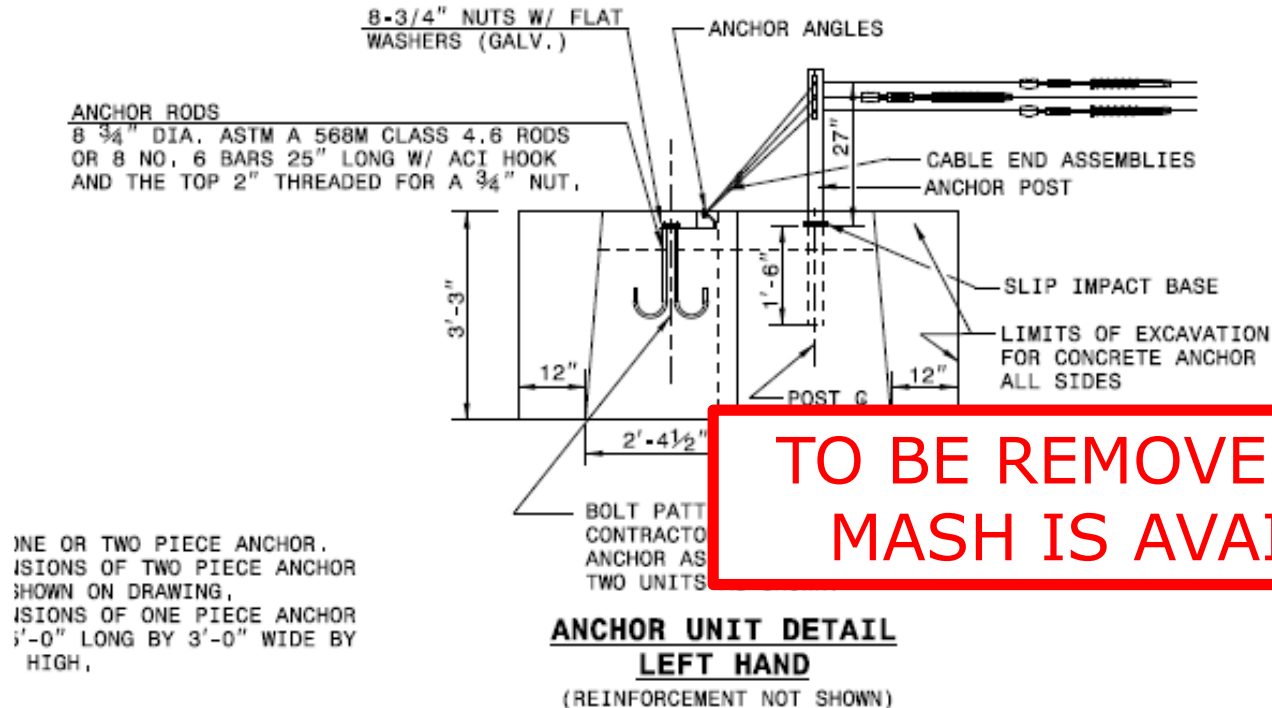
Vehicle
deflected up to
10' behind the
barrier

Guardrail Cable Anchor Terminal Test Analysis



Based on test and simulations, additional working width may be needed from the 6th post to the end of the rail.

Cable Guiderail terminal - LTC



865.01
SHEET 10 OF 12

ROADWAY STANDARD DRAWING FOR
CABLE GUIDERAIL
ANCHOR DETAILS

1-18

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DIVISION OF HIGHWAYS
RALEIGH, N.C.

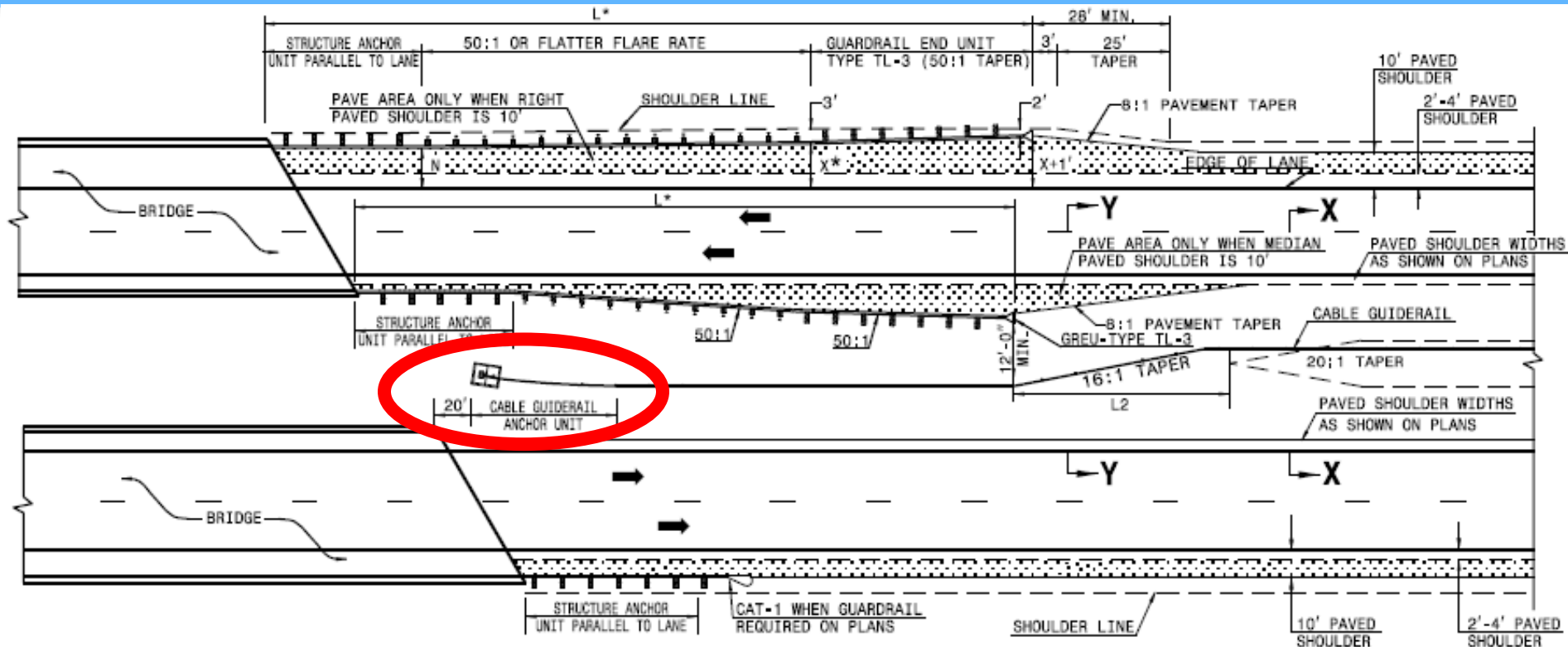
Cable Guiderail terminal - HTC

Cable anchor

PRE-ASSESSMENT PHOTO



Cable Guiderail Anchor Unit Placement



865.01

SHEET 2 OF 12

ROADWAY STANDARD DRAWING FOR
CABLE GUIDERAIL
DUAL LANE BRIDGES GUIDERAIL LAYOUT

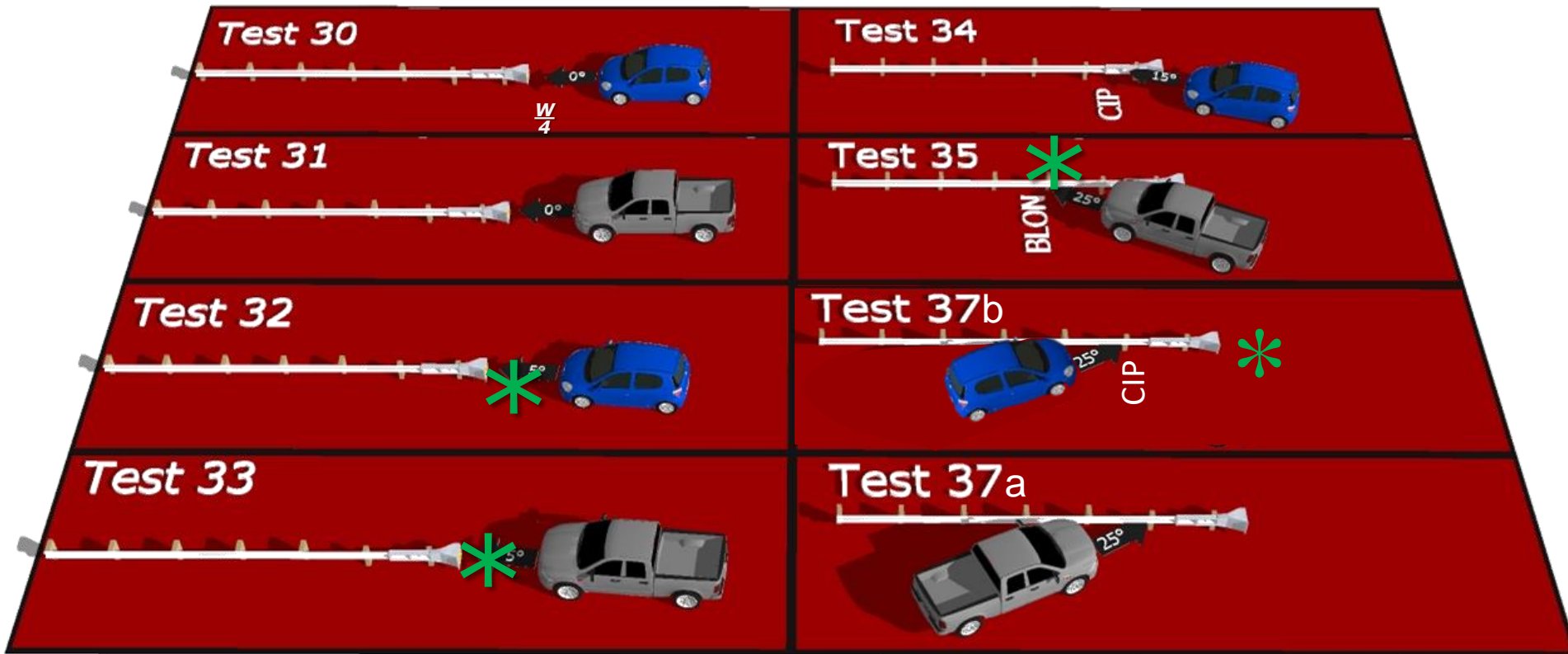
1-18

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RALEIGH, N.C.

PRE-ASSESSMENT PHOTO



End Treatment MASH Test Matrix



* Significant Change

* Small Car 1100C (2420 #)

* Pickup Truck 2270P (5000 #)

BLON – Beginning Length of Need

Guardrail End Treatments

Types of End Treatments

- Buried-in-Cut (Detail, not in Standards)
- Tangent terminals – terminal is parallel to the roadway or has a straight flare with a “slight” offset; all are Energy-absorbing
- Flared terminals – terminal is placed on a flare to the roadway typically 3’ or 4’; both non-energy- and energy-absorbing

Buried in Cut End Treatment

- Key design considerations:
 - For slopes steeper than 10:1, keep the height of the w-beam rail constant relative to the roadway grade until the barrier crosses the ditch flow line (but a max height of 47")
 - Use a flare rate, either 13:1 or appropriate for the design speed,
 - Add a w-beam rubrail when the distance between the bottom of the w-beam rail and the ground exceeds ~19",
 - Use an anchor of steel posts capable of developing the full tensile strength of the w-beam rail and buried 1' below ground

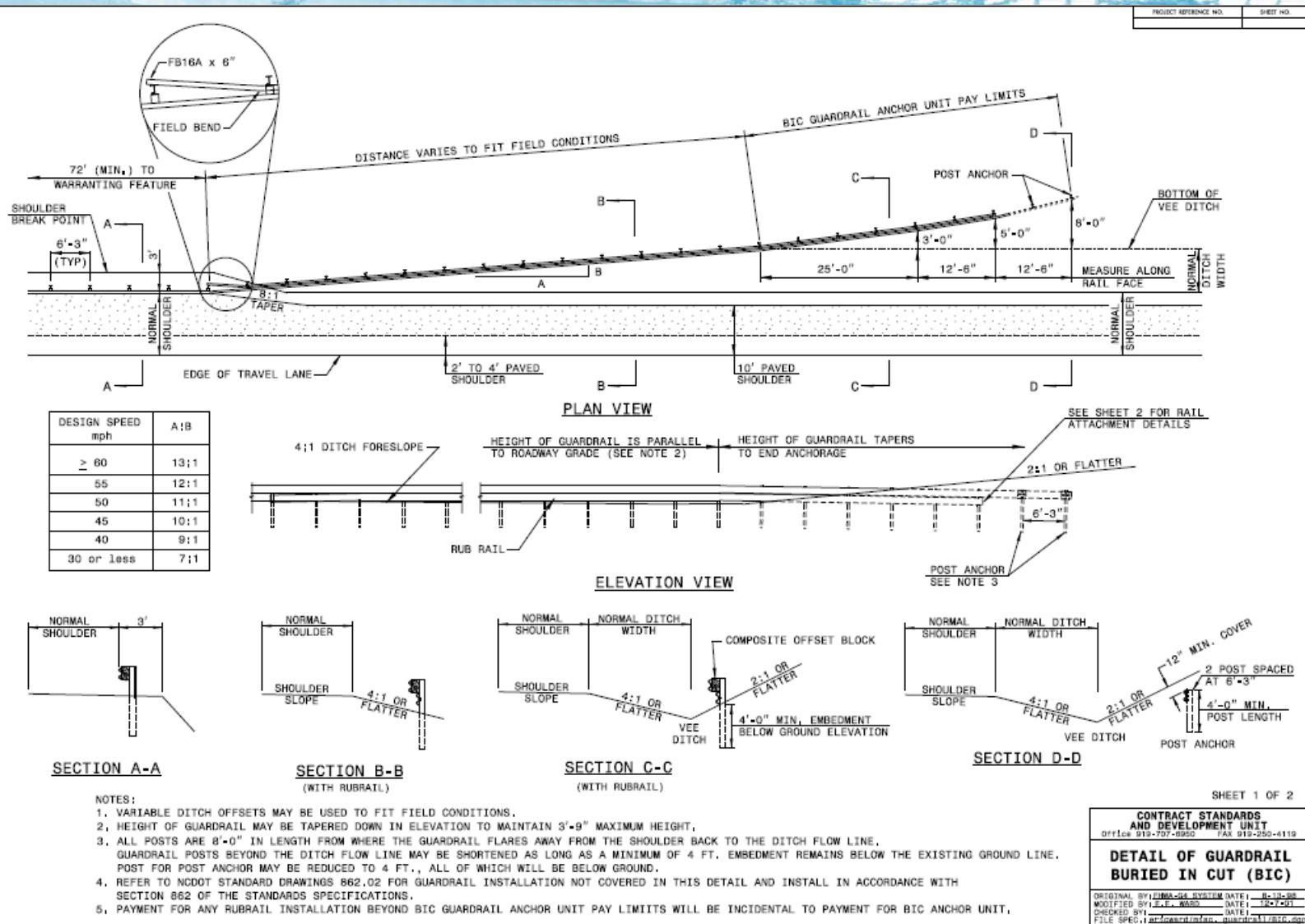


MASH

Buried in Cut End Treatment



Buried in Cut (350 – to be Updated)



NCDOT

To
NORTH CAROLINA
NATION'S MOST MILITARY FRIENDLY STATE
STATE LINE

Session 4

4-18

BIC Looking Across Roadway



Single Rail BIC



BIC Considerations – 10:1 Slope for Single



BIC Considerations - LON



Any concerns with this installation?

PRE-ASSESSMENT PHOTO



End Treatments - Terminology

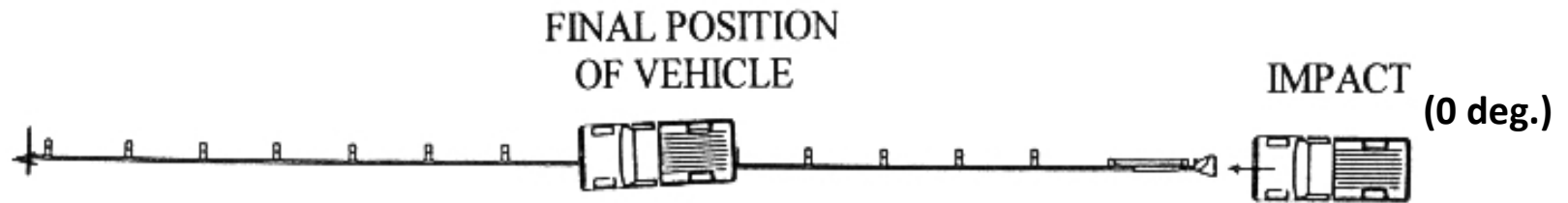
CAT-1 – Cable Anchor Terminal – non-crashworthy device to develop Tension where there is no opportunity for end-on impacts

(AT-1 – Anchor Terminal – no cable)

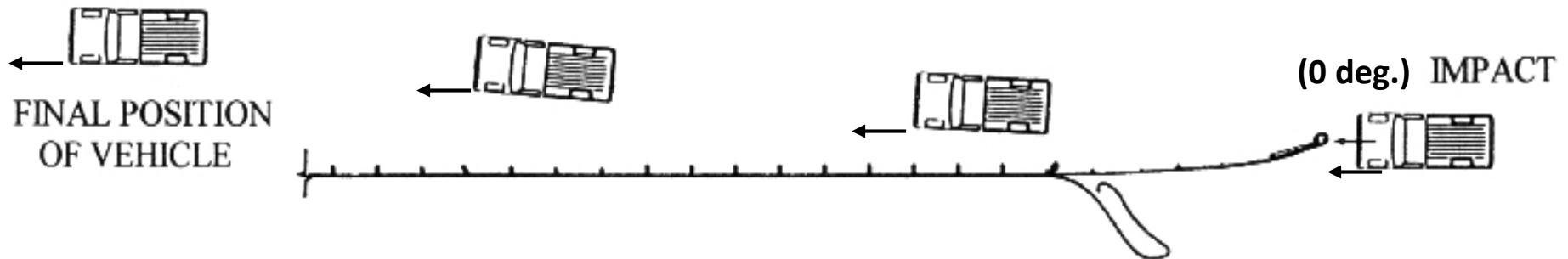
GREA – Guardrail End Anchor – crashworthy Pre-MASH devices

GREU – Guardrail End Unit – crashworthy MASH approved devices

End Treatments



Energy Absorbing Terminal
(vehicle is brought to a controlled stop in a short distance)



Non-Energy Absorbing Terminal
Controlled Buckling Terminal
(vehicle may travel hundreds of feet before stopping)

Flared End Treatments

Historically used, most recently the SRT and FLEAT

Business »

Approved Products List

Product ID (ex. NPYX-xxxx):

Company Name:

Product Name:

Product Group:

Product Category:

Product Status:

| Product ID | Plant ID | Company Name | Product Group | Product Category | Product Name | Model Number | Product Status | Description |
|------------|----------|--------------------|---------------------------------------|------------------|--------------|--------------|----------------|-------------------------------------|
| NP11-5773 | | Road Systems, Inc. | Guardrail and Delineators (862)(1088) | End Treatments | MFLEAT | | Approved | MASH tested, Guardrail End Terminal |

<https://apps.ncdot.gov/vendor/approvedproducts/>

Flared End Treatment: Energy Absorbing

➤ **MFLEAT** *MASH Version of FLEAT (MASH 16)*

- Curls the rail (by kinking) tightly towards the roadway.
- Steel post system; BLON at 4th Post
- TL-3 at 39' 7" straight flared length. 3-ft. offset.
- Cable-anchored, compression system



BLON – Beginning Length of Need

Ref: FHWA Eligibility Letter CC-143 dated 04/10/19

MASH MFLEAT



Flared End Treatment: Non-energy-Absorbing

➤ MASH SRT (Slotted Rail Terminal)

- W-Beam rails on a straight line and horizontal slots in rail
- Offset - 4'; 31" Height
- 37'-6" long, BLON at Post 4
- Cable-anchored system

Not currently on APL



Ref: FHWA Eligibility Letter CC-140 dated 12/19/17

MASH Test 3-31: SRT



Because of the non-energy absorption, no hazard should exist within 150' downstream of post #1



NOT GOOD!!!!

Flared End Treatments on Flared Standard Run

The flare of the end treatment is measured from a line parallel to the ROADWAY:

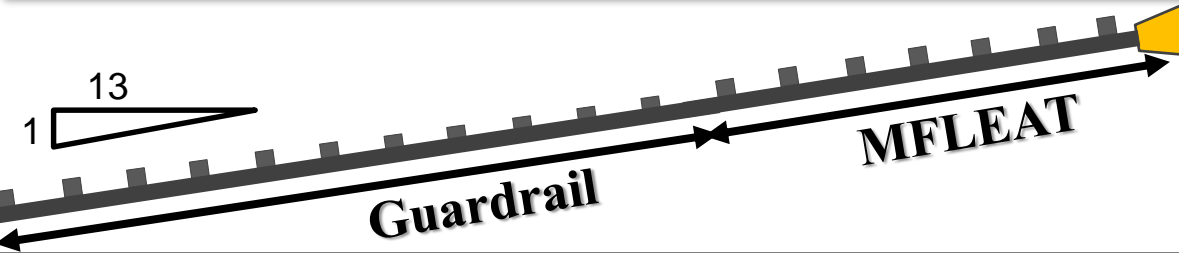
For Energy Absorbing (MFLEAT) which has a 13:1 flare, there may need to be a “kink” either toward or away from the roadway, depending on the flare of the standard guardrail

For the SRT MASH, the offsets are measured from a line parallel to the roadway.

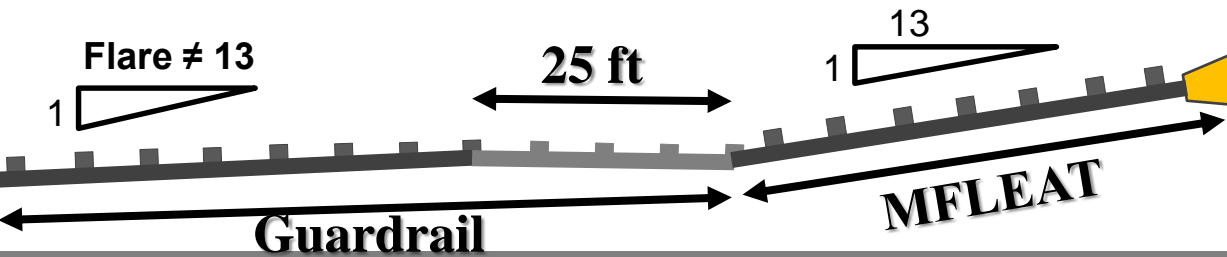
NCDOT guidance is to provide 25' of parallel guardrail in advance of any end treatment requiring a kink.

Flared End Treatment on Flared Standard Run

MFLEAT - Schematic



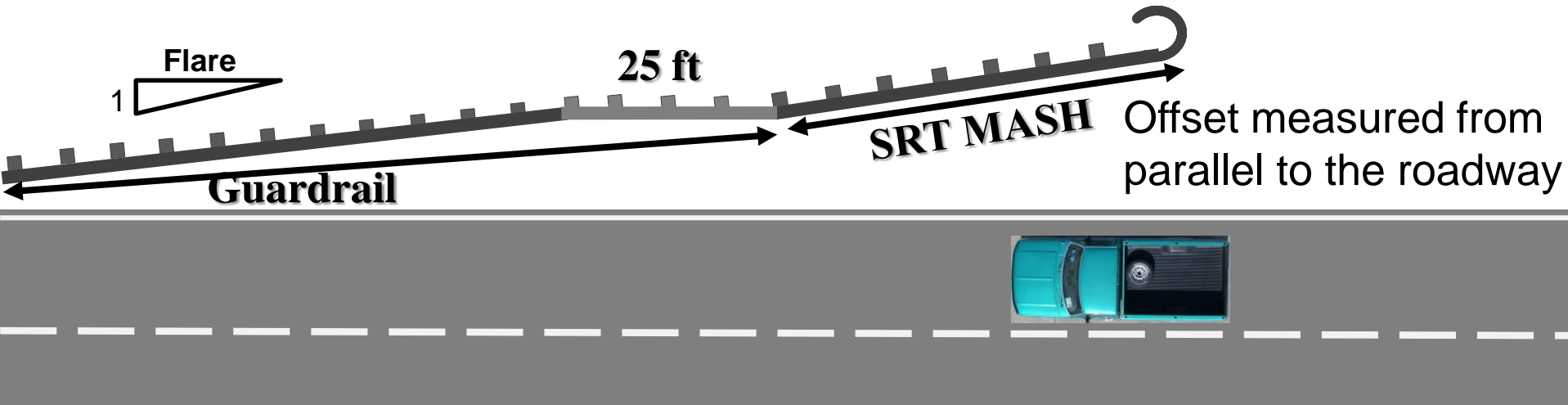
Flare of standard guardrail is 13:1



Flare of standard guardrail is not 13:1



Flared End Treatments on Flared Standard Run SRT MASH - Schematic



Flared End Treatment Selection

- The contractor may choose any system on the Approved Product List meeting the design requirements
 - One is energy absorbing (currently MFLEAT)
 - One could be non-energy absorbing (SRT)

What is **important** is to understand how the system works –a **FLARED** system should only be allowed if criteria have been met (LON and grading)

Tangent End Treatment


NCDOT NORTH CAROLINA DEPARTMENT OF TRANSPORTATION
 Connecting people, products, and places safely and efficiently with customer focus, accountability and environmental sensitivity to enhance the economy and vitality of North Carolina.

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 Product Listing
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 Technician Certification
 Minimum Sampling Guide

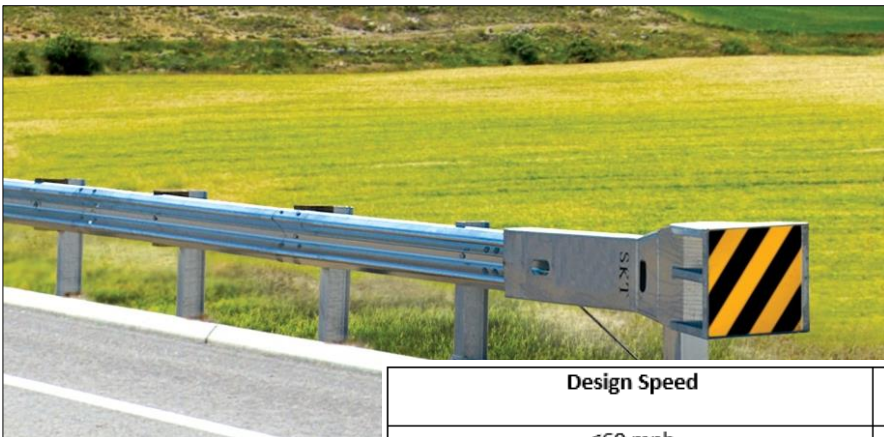
Business »
Approved Products List
 Product ID (ex. NPYY-xxxx):
 Company Name:
 Product Name:
 Product Group:
 Product Category: End Treatments, Type MASH-16
 Product Status:
 Search Reset

| Product ID | Plant ID | Company Name | Product Group | Product Category | Product Name | Model Number | Product Status | Description |
|---------------------------|----------|--------------------------|---------------------------------------|------------------------------|----------------------------|--------------|----------------|--|
| NP17-7819 | | Trinity Highway Products | Guardrail and Delineators (862)(1088) | End Treatments, Type MASH-16 | SoftStop Mash End Terminal | | Approved | MASH tested;All steel galvanized tangent end terminal for use with 31" W-Beam system. |
| NP17-7851 | | Road Systems, Inc. | Guardrail and Delineators (862)(1088) | End Treatments, Type MASH-16 | MSKT | | Approved | MASH tested;Guardrail End Terminal |
| NP18-8257 | | SPIG Industry, LLC | Guardrail and Delineators (862)(1088) | End Treatments, Type MASH-16 | SGET | | Approved | The SGET (SPIG Gating End Terminal) is a gating guardrail end terminal system in which an impact upon the head causes the head to move down the guardrail and dissipate the energy of the impact. The SGET system also deflects vehicles back onto the roadway |

Tangent End Treatment: Energy Absorbing

➤ **MSKT** *MASH Version of SKT (MASH 16)*

- Kinks Guardrail when hit head-on or at a shallow angle
- Steel post system; BLON at 3rd Post
- TL-3 at 47' long; attachment to 31" Guardrail
- Cable-anchored system, Compression system



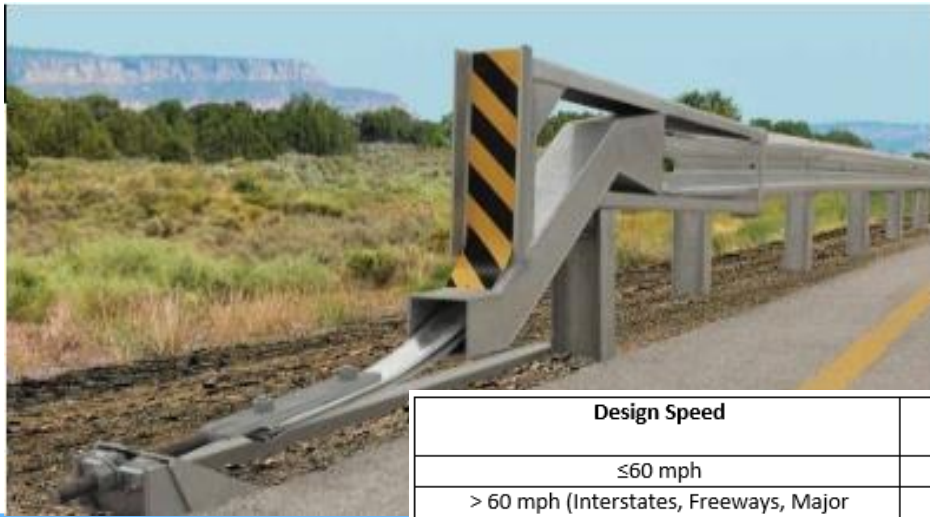
| Design Speed | Minimum Length of Steel Beam Guardrail Between Structural Anchor and GREU |
|---|---|
| ≤60 mph | 12.5 feet |
| > 60 mph (Interstates, Freeways, Major Arterials) | 25 feet |

MASH MSKT



Tangent End Treatment: Energy Absorbing

- Soft Stop (MASH 16)
 - Impact head slides along panels, crushing them vertically, absorbing the energy of the vehicle in shallow angle impacts – **works in tension**
 - TL-3 at 51' long; BLON at 16'-6"; 31" only



| Design Speed | Minimum Length of Steel Beam Guardrail Between Structural Anchor and GREU |
|--|--|
| ≤60 mph | 12.5 feet |
| > 60 mph (Interstates, Freeways, Major Arterials) | 25 feet |

MASH Soft Stop





MASH SGET



| Design Speed | Minimum Length of Steel Beam Guardrail Between Structural Anchor and GREU |
|--|--|
| ≤60 mph | 12.5 feet |
| > 60 mph (Interstates, Freeways, Major Arterials) | 25 feet |

MASH SGET – Test 3-31



Tangent End Treatment: Energy Absorbing

➤ MAX-Tension (MASH 16)

- The MAX system utilizes tensioned cables, telescoping panels, and a cutting tooth to absorb the kinetic energy and safely contain or redirect impacting – **works primarily in tension**
- TL-3 at 50' long; BLON at 9'-4 ½"; 31" only



Not on current APL

| Design Speed | Minimum Length of Steel Beam Guardrail Between Structural Anchor and GREU |
|---|---|
| ≤60 mph | 12.5 feet |
| > 60 mph (Interstates, Freeways, Major Arterials) | 25 feet |

MASH MAX-Tension

MASH Test 3-30



Tangent End Treatments – End Offset Proposed

4.10.9 Guardrail Anchor Units

The following are commonly used anchor units with a brief description.

Guardrail End Unit – Test Level 2 and Test Level 3 (GREU-TL-2 and TL-3) - the GREU – TL-2 and TL-3 are tangential end units. These units will be flared over the last 50 feet to provide a 1-foot offset.

Tangent End Treatments on Flared Standard Run

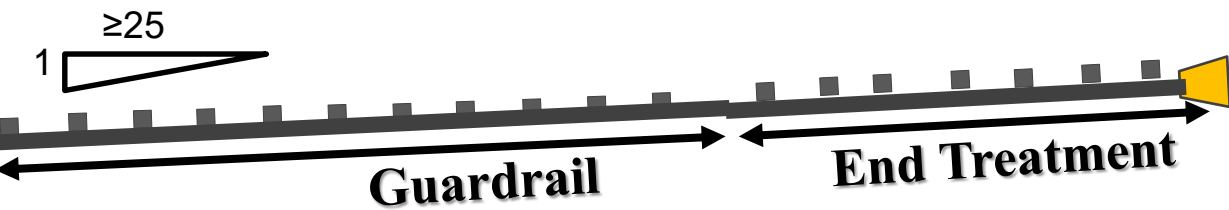
The offset of the end treatment is measured from a line parallel to the ROADWAY:

If the standard flare is 25:1 or flatter, the end treatment may be placed on the standard flare line extended

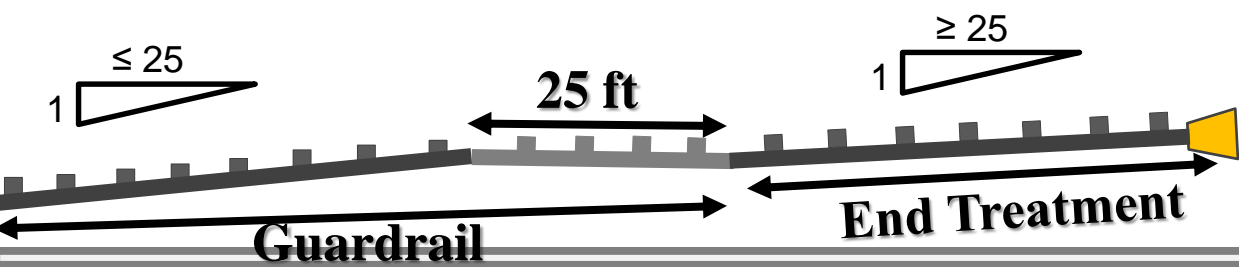
If the standard flare is sharper than 25:1, a kink in the run must be provided so the end treatment is no sharper than 25:1

NCDOT guidance is to provide 25' of parallel guardrail in advance of any end treatment requiring a kink.

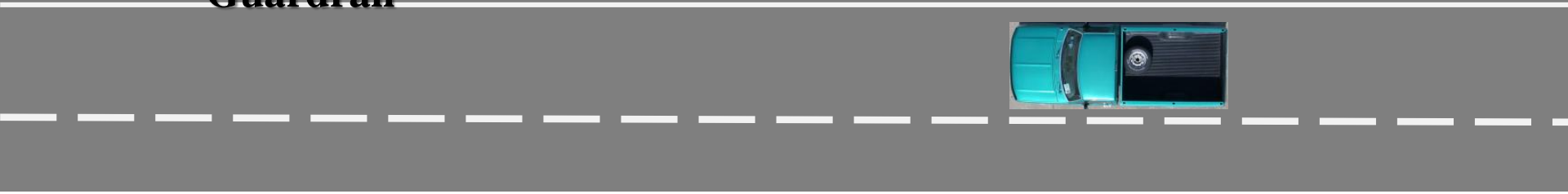
Tangent End Treatments on Flared Standard Run Schematic



Standard Run Flare of 25:1 or flatter



Standard Run Flare is sharper than 25:1

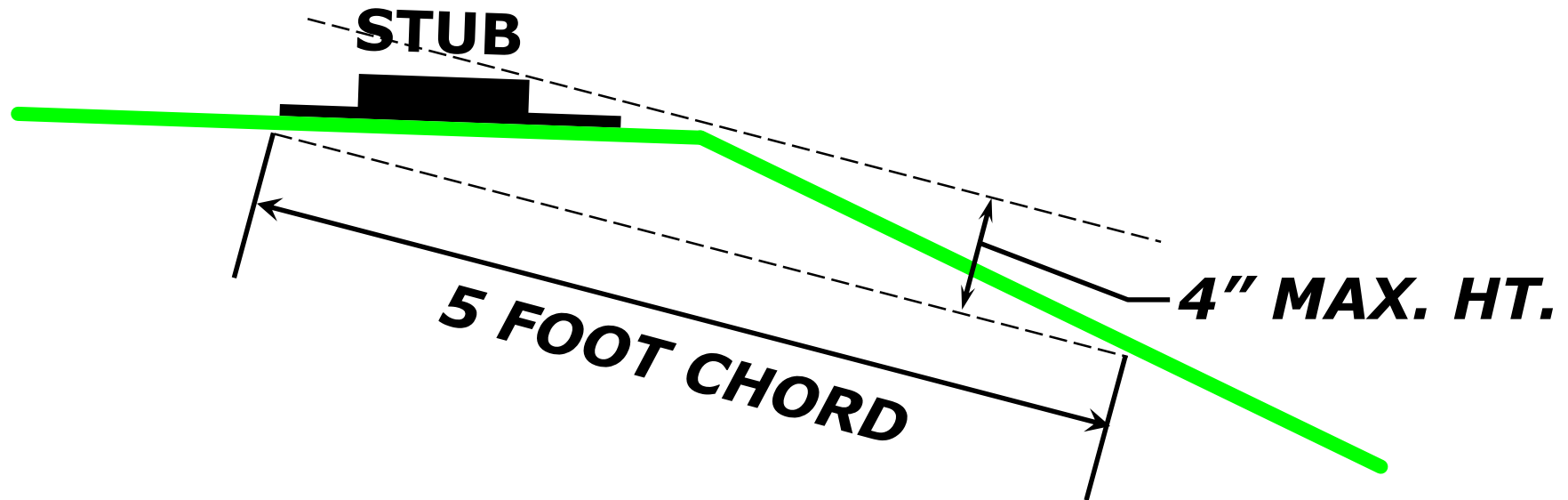


End Treatment Grading

- Special grading requirements for guardrail end treatments:
 - Flat terrain (10:1 or flatter) is required *in **ADVANCE** of all end treatments* so that vehicles are relatively stable on approach
 - Flat grading must extend *behind* post 1 (**ADJACENT**) so vehicle is stable at impact *and* stub height criteria is satisfied

Ref: FHWA Memorandum, Roadside Safety Hardware, May 26, 2015 with attachment and
Ref: AASHTO Roadside Design Guide, 4th Edition, Section 8.3.3.

Stub Height Criteria



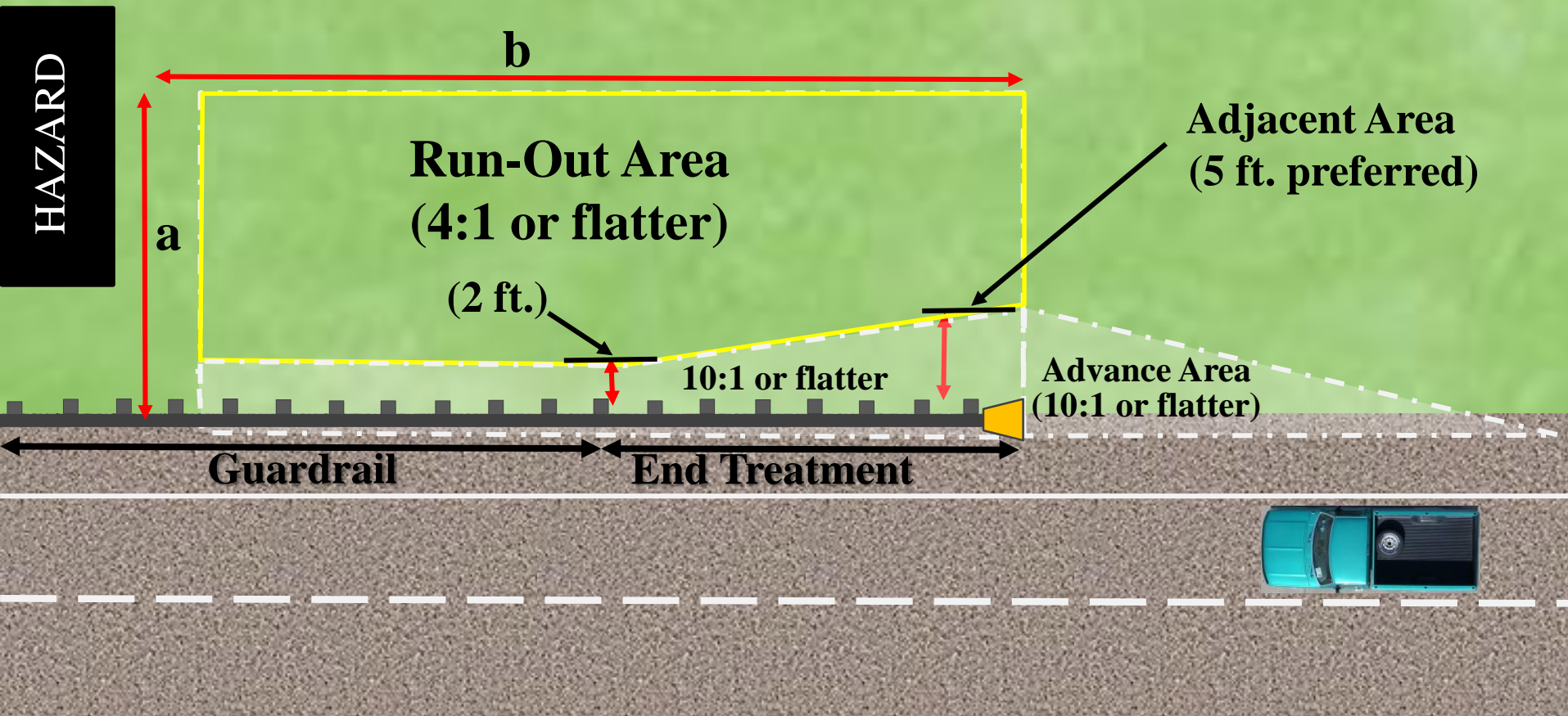
RDG Figure 4.1

Ref: AASHTO Roadside Design Guide, 4th Edition – Figure 4.1

End Treatment Grading Requirements

- **Runout Distance Grading** - refers to the area into which a vehicle may travel after impacting a terminal ahead of its length-of-need point.
 - The lateral runout distance directly behind a terminal ideally should be at least as wide as the roadside clear distance immediately upstream of terminal.
 - The minimum recovery obstacle-free area behind and beyond a terminal should be approximately 75 ft. long.

Ref: AASHTO Roadside Design Guide, 4th Edition, Section 8.3.3.



- a – Extend out to clear zone when practical; if not, it should be at least as wide as area upstream of the end treatment.
- b – LON Required; when LON cannot be provided due to site conditions, a minimum of 75' from post 1 may be acceptable

Flared End Treatment Grading - AASHTO

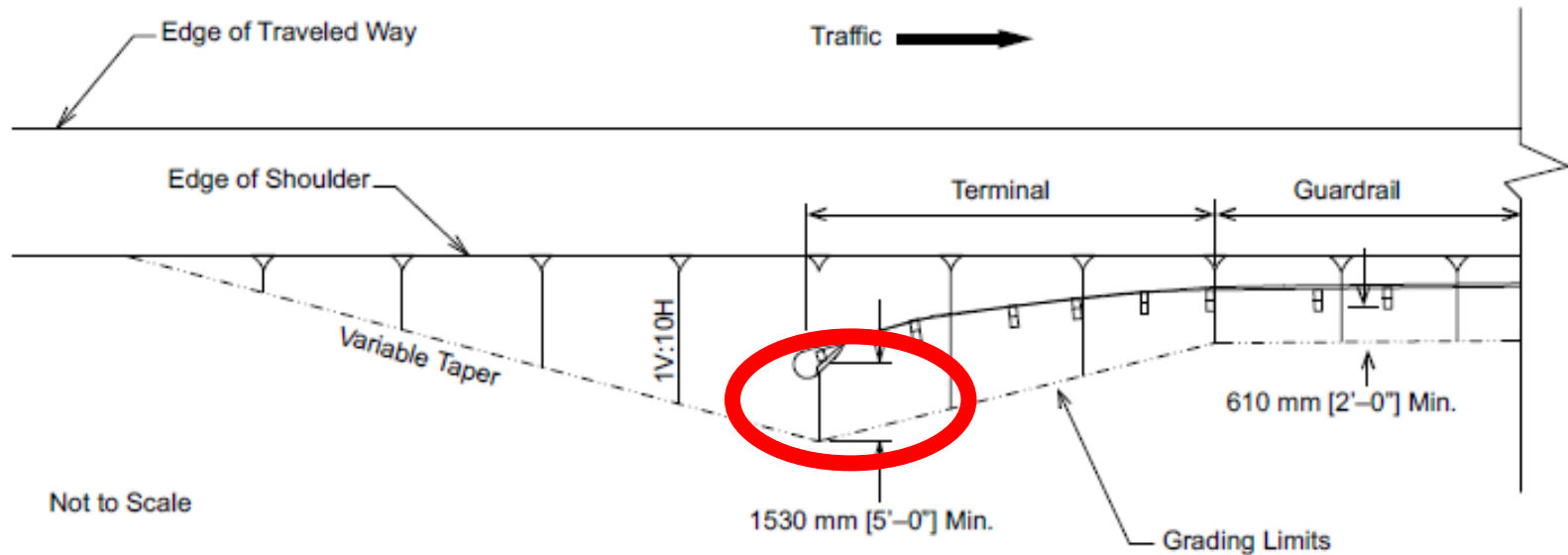
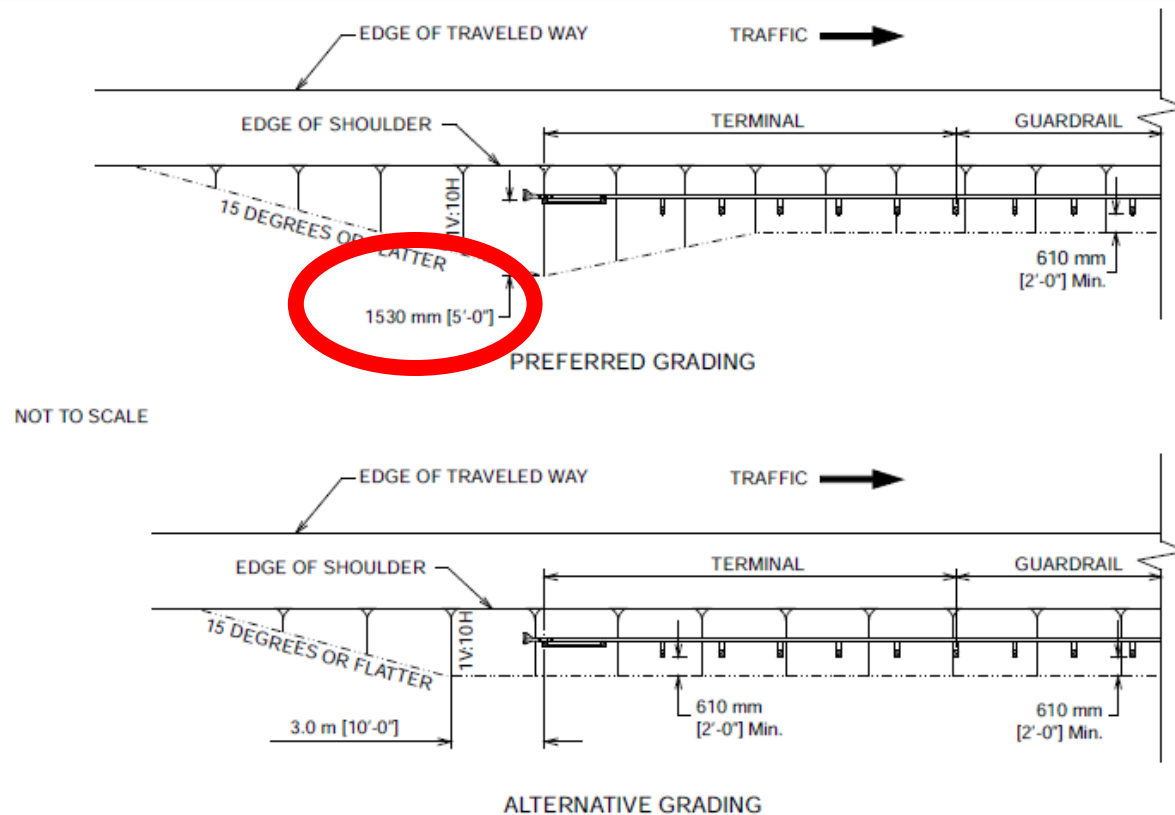


Figure 8-2. Grading for Flared Guardrail Terminal

End Treatments (Anchorage, Terminals, and Crash Cushions) 8-5

Must have this full grading if a flared end treatment is used

Tangent End Treatment Grading - AASHTO



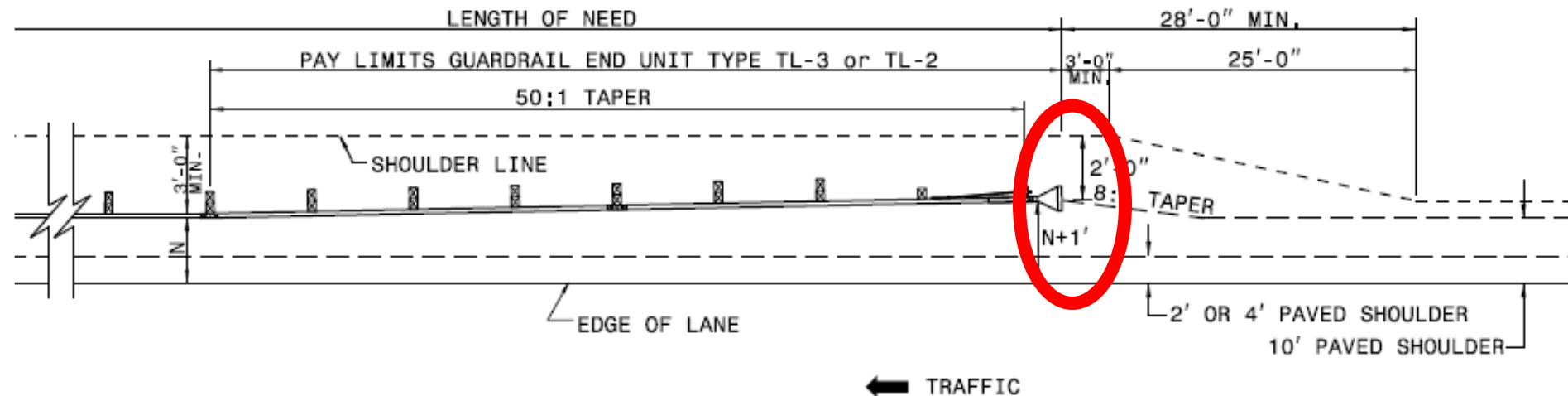
Note: The preferred grading layout should be used when practical. However, if necessary because of site limitations, the alternative grading layout may be used when upgrading an existing terminal.

Figure 8-3. Grading for Tangent Guardrail Terminal

PRE-ASSESSMENT PHOTO



Tangent End Treatment Grading - NCDOT



Need special Borrow bid item for 3R projects

Need Special Provision for Density

PRE-ASSESSMENT PHOTO

No Stub problem, but could be better



Substandard Grading – DOCUMENT



Thing to Remember about End Treatments

Non-Energy Absorbing End Treatments will not shield objects directly behind and within End Treatment limits

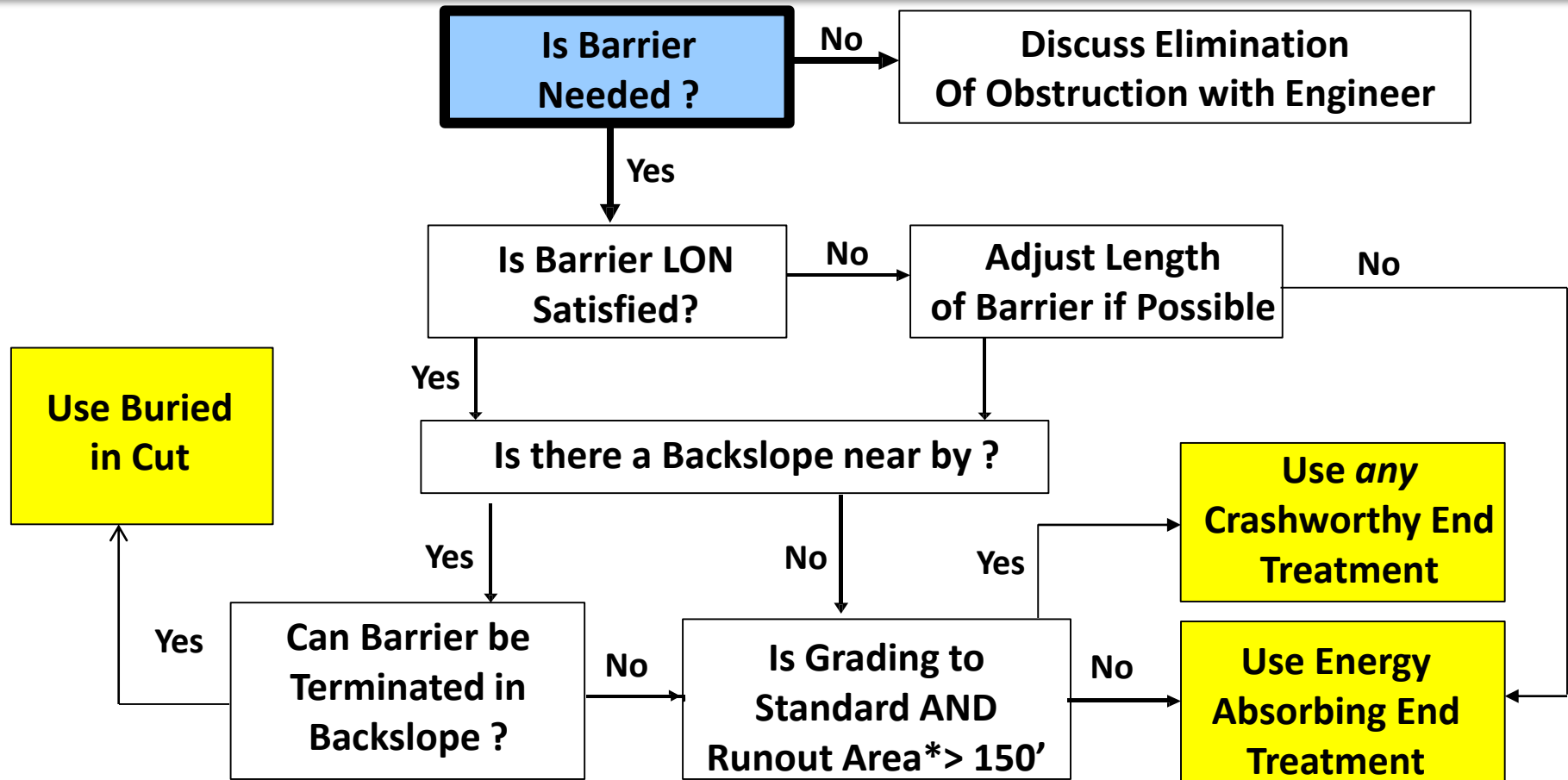


Thing to Remember about End Treatments

Even Energy Absorbing End Treatment will not shield objects directly behind and within End Treatment limits



Suggested FHWA End Treatment Selection Flow Chart





EXISTING END TREATMENTS

Tangent Guardrail End Treatment Energy Absorbing

- SKT 350 (Sequential Kinking Terminal)(NCHRP 350)
 - Kinks panels when hit head-on or at a shallow angle
 - Wood or Steel post system (many options)
 - TL-3 at 50' long; BLON at 3rd Post
 - Cable-anchored, Compression system



Ref: FHWA Eligibility Letter CC-88 dated 3/8/05

Tangent Guardrail End Treatment Energy Absorbing

- ET Plus (Guardrail Extruder Terminal)(NCHRP 350)
 - Flattens the rail element when hit head-on
 - Weakened wood or steel posts (several options available)
 - 50' long; attaches to either height w-beam system
 - BLON at 3rd Post
 - Cable-anchored, compression system



Ref: FHWA Eligibility Letter CC-12Q dated 3/15/10

Non-crashworthy End Treatment Blunt End



Non-crashworthy End Treatment Turndown



Turndown



Failed Test! Causes vaulting

Non-crashworthy End Treatment BCT Terminal

- Breakaway Cable Terminal (BCT) NCHRP 230
 - W-Beam rail with a parabolic curve and 4-ft offset.
 - No impact head or ground strut between the two end posts.
 - Only two breakaway posts.
 - Rail bolted to all posts.



For
Identification
Only

Non-crashworthy End Treatment BCT Terminal



Guardrail End Treatments: Non-energy Absorbing – For Identification Only

➤ MELT – Modified Eccentric Loader Terminal

- W-Beam rail with an accentuated parabolic curve and 4-ft offset.
- Strut between the steel tubes foundation of the two end posts.
- 37'-6" long with 8 breakaway posts; BLON at Post #3.
- No rail-to-post bolts except at posts 1 and 8 and beyond.

For
Identification
Only



(NCHRP 350 TL-2)

Guardrail End Treatments: W-Beam Median

Only one MASH gating, double sided end treatment available on the market

No longer on NCDOT APL

Impact Attenuator

Crash test with blunt end:



Impact Attenuator

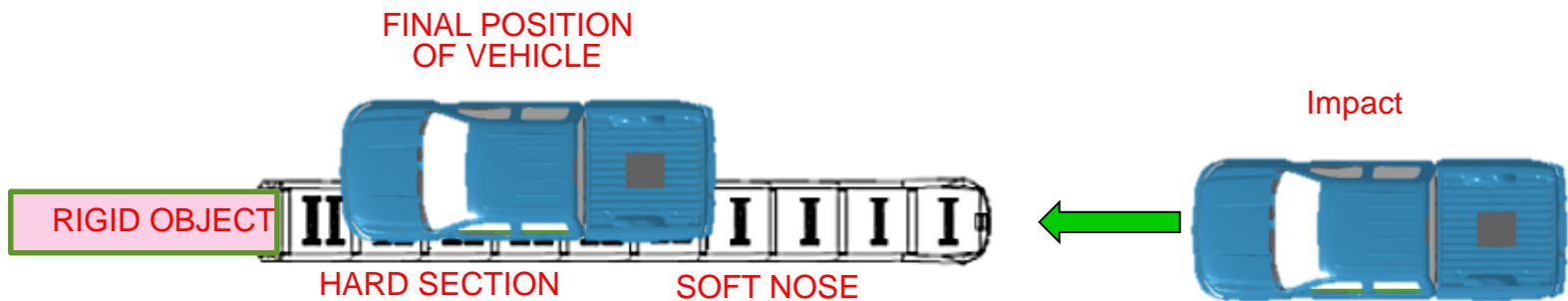
Crash test with ramped end:



Impact Attenuator Theory



Soft nose to bring a small car to a controlled stop



Harder back section to bring a pick-up truck to a controlled stop

Impact Attenuator, Sacrificial - Water Filled

➤ Water-filled Barriers

Absorb M (MASH) / Sled(MASH) / ACZ 350 / TRITON CET

- Individual crash cushion designs vary by manufacturer, but they all function in a similar manner.
- Vehicles impacting the nose at an angle will **not** be redirected.
- No appreciable re-directive capability under most impact conditions.
- Typically used in work zones to shield temporary concrete barrier.

Impact Attenuator, Sacrificial - Water Filled

Approved Products List

Product ID (ex. NPYY-xxxx):

Company Name:

Product Name:

Product Group:

Product Category: WZTC - Category III

| | | | | | | | |
|---------------------------|--------------------------------------|---------------------------|---------------------|------------------------------------|----------------|------------------------------|---|
| NP11-5771 | Lindsay Transportation Solutions | Work Zone Traffic Control | WZTC - Category III | Absorb 350 | | Approved for Provisional Use | *Must be approved by Steve Kite (919-814-4937) prior to use on NCDOT project.* The ABSORB 350 is a non-redirective, gating water filled crash cushion that has been successfully tested to NCHRP Report 350 TL-2&3. |
| NP11-5884 | Traffix Devices, Inc. | Work Zone Traffic Control | WZTC - Category III | SLED | Series 45044 | Approved | PE Water Filled Crash Cushion w/Galvanized Steel Cables molded inside.NCHRP-350 for Test Level 1,2or3.Use as end treatment/crash cushion. |
| NP16-7335 | Trinity Highway Products | Work Zone Traffic Control | WZTC - Category III | ACZ-350 Water Filled Crash Cushion | ACZ-350 | Approved for Provisional Use | The ACZ-350 is a narrow, non-redirecting TL-2 and TL-3 impact attenuator |
| NP99-3106 | GR10 Energy Absorption Systems, Inc. | Work Zone Traffic Control | WZTC - Category III | Triton Barrier | Triton Barrier | Approved | The Triton Barrier® is a highly portable, water-filled barrier. Performance meets the FHWA NCHRP 350 TL-2 or TL-3 (with TL-3 kit) standard for longitudinal re-redirective barrier. The Triton Barrier is certified as its own end treatment. |

Impact Attenuator, Sacrificial - Water Filled



Absorb M (MASH)



ACZ-350



Sled (MASH)



TRITON barrier CET

Water Filled



Impact Attenuator, Sacrificial – Sand Barrel

Non-Redirective and Gating

- Individual barrel designs vary in shape by manufacturer, but they all function the same
- Arrays of sand barrels may be designed to shield any shape hazard
- Impacting vehicles will not be redirected.
- Since no re-directive capability, the corner of the hazard must be reasonably shielded.

Impact Attenuator, Sacrificial – Sand Barrel

➤ Sand Barrels:



Energite



TraFFix Big Sandy (MASH)

Not Normally Used



CrashGard (MASH)

Sand Barrels – Good Application



Sand-Filled Array



Impact Attenuators, Non-Gating

Non-gating as follows:

- Contains and redirects vehicles impacting along the sides of the device essentially its entire length
- Contains vehicles impacting the nose either head-on or at a 15° angle.
- Approved for TL-2 (350) & TL-3 systems.
- Designed to shield a point hazard; either attached or stand alone.

Impact Attenuators, Non-Gating

Approved Products List

Product ID (ex. NPYX-xxxx):

Company Name:

Product Name:

Product Group:

Product Category:

MASH

NCHRP 350 - Allowed if Conditions Mandate

| | | | | | | |
|---------------------------|----------------------------------|---------------------------------------|--------------------------------|------------------|------------------------------|---|
| NP19-8389 | Lindsay Transportation Solutions | Guardrail and Delineators (862)(1088) | Impact Attenuators, Non-Gating | Universal TAU-M | Approved | MASH compliant re-directive, non-gating anchored, partially reusable compression-based crash cushion |
| NP02-1527 | Lindsay Transportation Solutions | Guardrail and Delineators (862)(1088) | Impact Attenuators, Non-Gating | Universal TAU-II | Approved | The Universal TAU-II is a redirective, non-gating crash cushion. The system is available in lengths and capacities for both low and high speed applications |
| NP03-4111 | Trinity Highway Products | Guardrail and Delineators (862)(1088) | Impact Attenuators, Non-Gating | WIDE TRACC N/A | Approved for Provisional Use | the WideTRACC is test level 3 crash cushion and is available in varying lengths and widths. can be configured for any appropriate width application. |

Impact Attenuators, Non-Gating

- TAU-M (MASH) and TAU IIR Systems (NCHRP 350)
 - Can be attached directly to a W-beam or Thrie-beam median barrier as well as to a concrete safety shape.
 - Designed to attach to a median barrier.
 - Common set of parts for 36" to 102" widths in 6" increments (350)
 - Consists of Thrie-beam panels, expendable (MASH) or self-restoring (R) (350) absorbing cartridges, steel diaphragms and two cables at the bottom to provide redirection.



Impact Attenuators, Non-Gating - Typical

QuadGuard M10 Tests CC-112

Impact Attenuators, Life Cycle

Approved Products List

Product ID (ex. NPYX-xxxx):

Company Name:

Product Name:

Product Group:

Product Category:

MASH

| | | | | | | | | |
|---------------------------|---------------------------------|---------------------------------------|--------------------------------|---|--------------|------------------------------|---|------|
| NP16-7403 | Energy Absorption Systems, Inc. | Guardrail and Delineators (862)(1088) | Impact Attenuators, Life Cycle | Quadguard Elite | N/A | Approved for Provisional Use | **Contact NCDOT Mobility and Safety Field Operations prior to use at 919-773-2800**The QuadGuard Elite System offers the added value of reusable cylinders for applications with above average impact frequency. After a typical design impact, the system is | |
| NP16-7404 | Hill and Smith | Guardrail and Delineators (862)(1088) | Impact Attenuators, Life Cycle | Smart Cushion Innovations Crash Cushion | SCI100GM | Approved | Test Level III Crash Attenuator | MASH |
| NP16-7405 | Hill and Smith | Guardrail and Delineators (862)(1088) | Impact Attenuators, Life Cycle | Smart Cushion Innovations Crash Cushion | SCI70GM | Approved | Test Level II Crash Attenuator | |
| NP16-7406 | TrafFix Devices, Inc. | Guardrail and Delineators (862)(1088) | Impact Attenuators, Life Cycle | Compressor System Crash Cushion | 55000 Series | Approved | Low Maintenance, Severe-Duty, Self-Restoring, Re-Directive Impact Attenuator. NCHRP-350 approved as TL-3. Designed for repeated impacts with no need for repair. For use in Uni-directional or Bi-Directional applications up to 96 wide | |

Impact Attenuators, Life Cycle

- SCI Smart Cushion (MASH)
 - Variable Reaction Force
 - Re-usable with minimal component replacement
 - Needs repair before next hit



Example – Low Cost

SCI
MASH TL 3



Impact Attenuators, Life Cycle

- QuadGuard Elite (MASH)
 - Uses High Density Polyethylene cylinders to absorb energy
 - Essentially for use in locations where a high number of hits is anticipated.



REF: FHWA Eligibility Letter CC-57E dated 12/18/15

Example - Self Restoring



Very Appropriate Use



Review Learning Outcomes

- Understand how end treatments and impact attenuators are tested for crashworthiness
- Identify common end treatments and impact attenuators
- Understand how these systems function
- Choose the appropriate system for a specific site

North Carolina Department of Transportation

Highway Safety Barrier Design Training

Session 5: Design Principles

Session 5 Learning Outcomes

At the end of this session, you will be able to:

Understand the design principles affecting an optimal barrier installation.

Order of Preference - NCDOT

4.10 Traffic Barriers

4.10.1 General Considerations

The preferred method of addressing roadside hazards is as follows:

1. Remove the hazard;
2. Remove embankment hazard (flatten slopes);
3. Shift hazard away from traffic;
4. Reduce the impact severity by using breakaway posts;
5. Protect the hazard;
6. Delineate the hazard so motorists are aware of the hazard.



Barriers Must Be Less of a Hazard

Guardrail Placement

**Place AS FAR AWAY
as Possible**

without affecting function

Barrier Design Principles

1. Deflection
2. Slope in Front of Barrier
3. Guardrail and Curb
4. Soil Backing for Fill Locations
5. Flare Rate

Principle 1: Deflection

Adequate room must be left behind the barrier to allow for lateral deflection in an impact.

- If the barrier is shielding a vertical rigid object, the distance between the barrier and the object should be sufficient to avoid the vehicle impacting or snagging on the object.
- Note that, even for rigid barriers with no lateral deflection, large vehicles may roll behind the top of the barrier even if the barrier itself does not deflect.

Deflection Distance

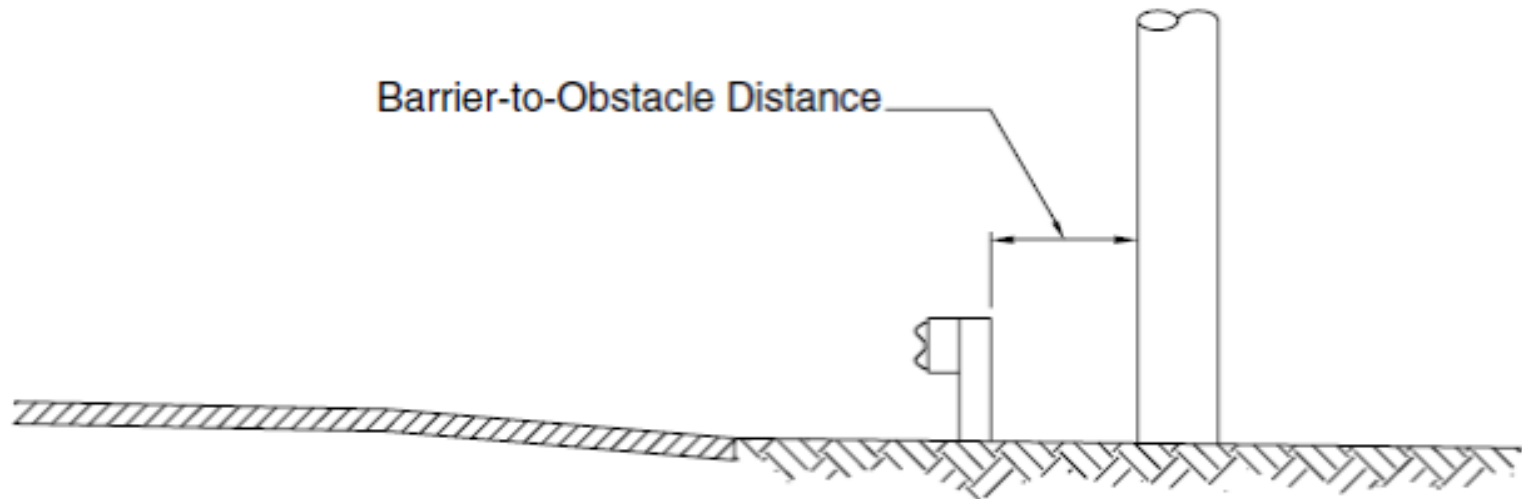


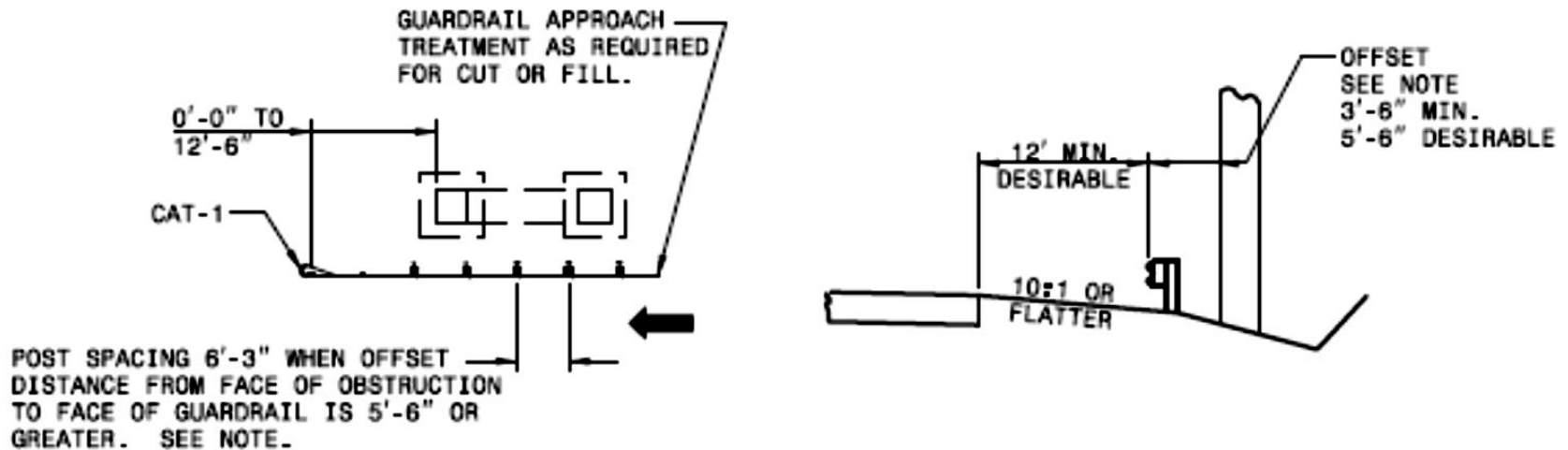
Figure 5-33. Recommended Barrier Placement for Optimum Performance

Ref: AASHTO ROADSIDE DESIGN GUIDE, 4th EDITION – Figure 5-33

Deflection



Deflection Distance - NCDOT



NOTE: WHEN OFFSET DISTANCE FROM FACE OF OBSTRUCTION TO FACE OF GUARDRAIL IS BETWEEN 3'-6" AND 5'-6", BEGIN 3'-11½" POST SPACING AT A POINT 25' BEFORE REACHING THE OBSTRUCTION AND CARRY THROUGHOUT ITS LENGTH. IF THE OFFSET IS LESS THAN 3'-6" USE CONCRETE BARRIER.

DETAIL OF RIGHT SIDE GUARDRAIL AT UNDERPASS

Ref: NCDOT Standard Drawing 862.01, Sht 1

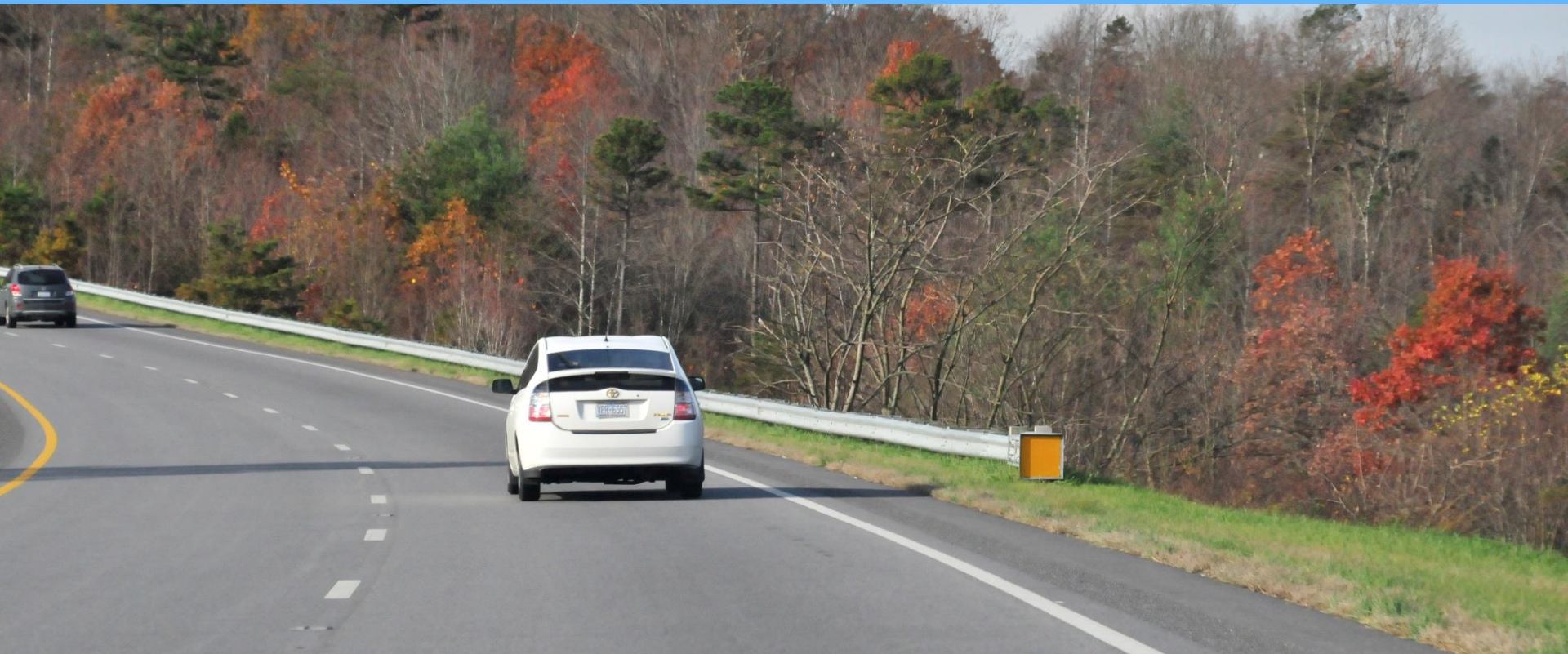
Quarter Post Spacing

Successfully tested to MASH

Deflection distance = 19"; therefore offset from face of rail is 3'

Must start stiffening at 50' before hard point:
25' of half post guardrail; 25' of quarter post guardrail

Principle 2: Slope in Front of Barrier

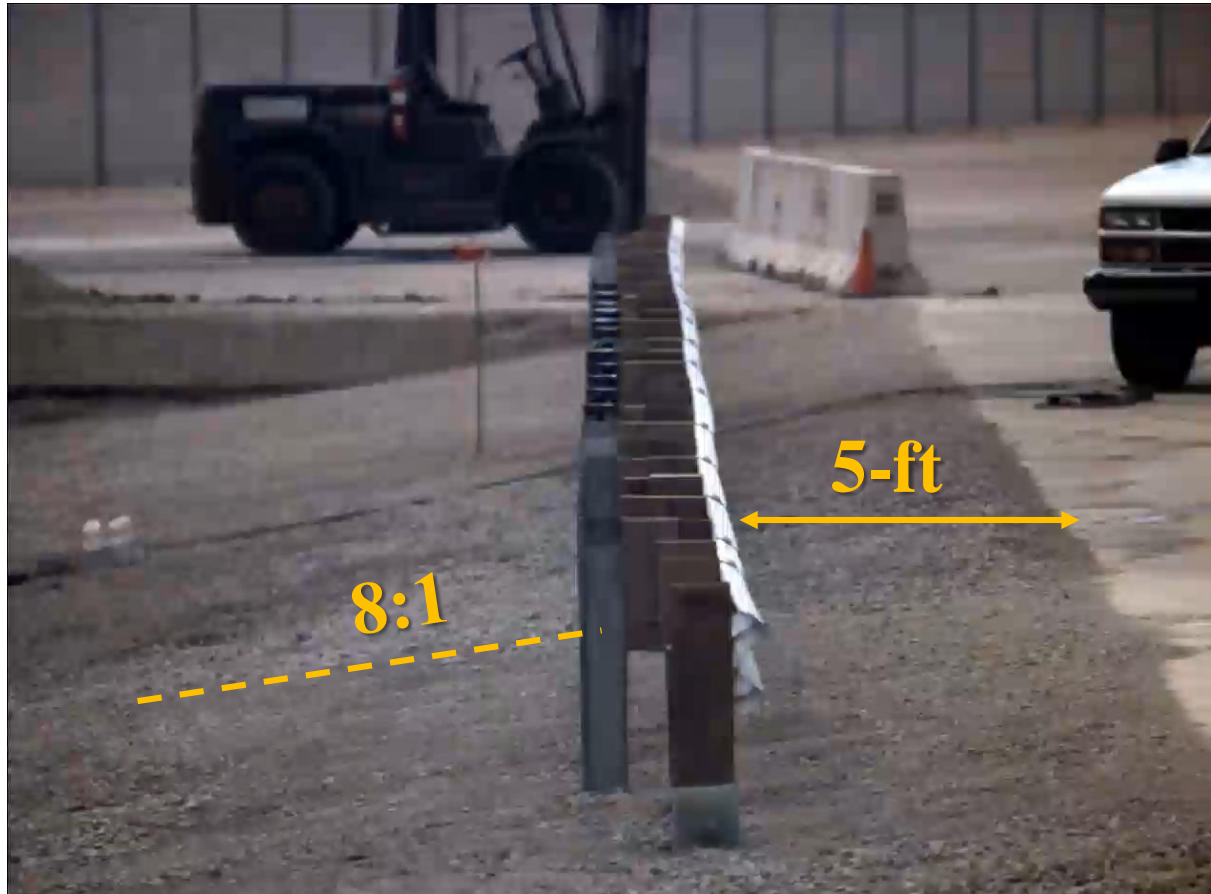


Any barrier may be placed anywhere on a 10H:1V or flatter slope.

Principle 2: Slope in Front of Barrier



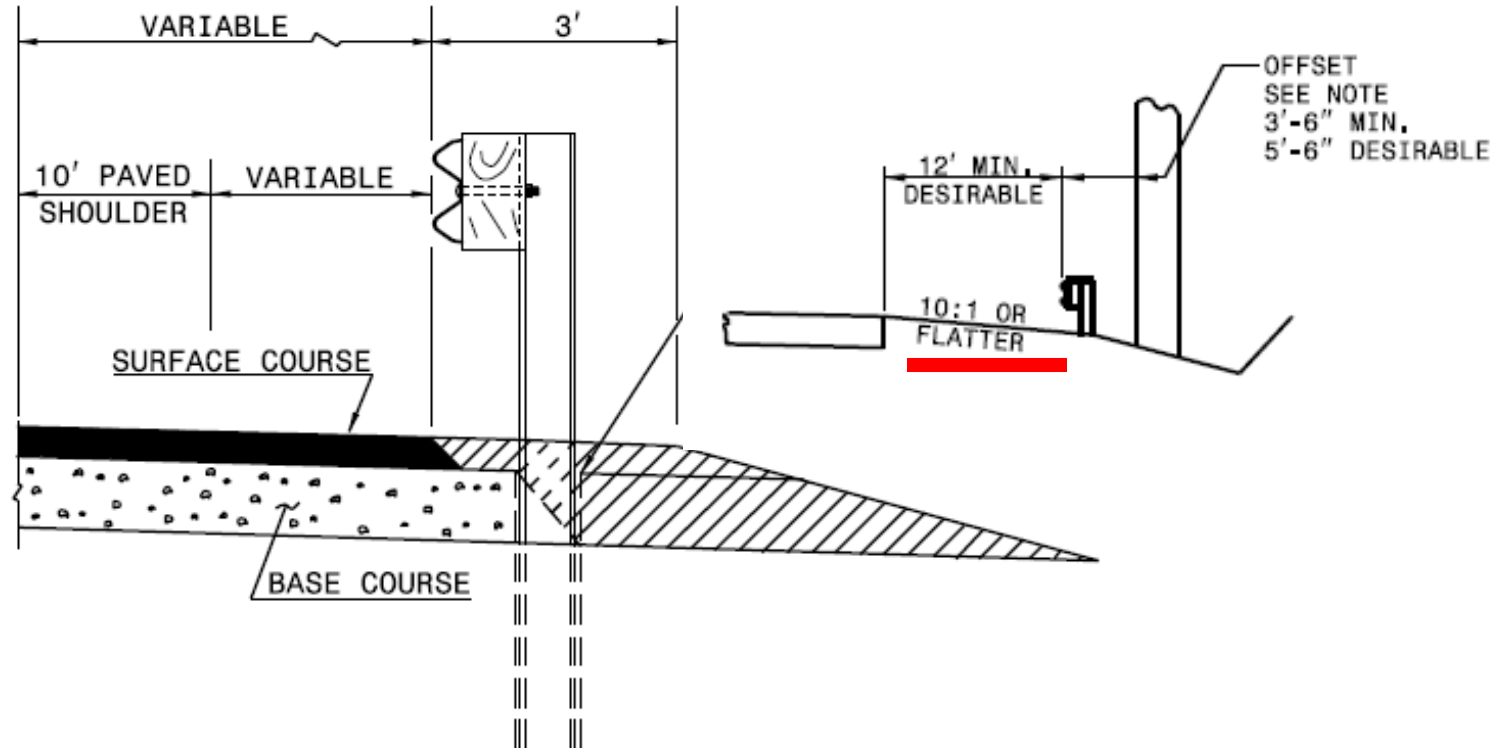
NCHRP 350 TL-3 31" on 8:1 Slope



Vehicle is contained and redirected but shows instability

Slope in Front of Barrier

IMPLIED –
FLAT



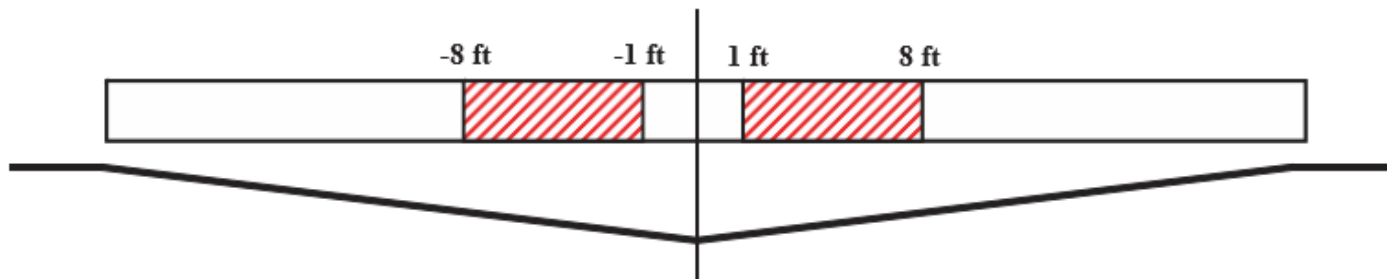
| | | |
|-------------------------|--|--|
| 862.01 SHEET 100F 11 | ROADWAY STANDARD DRAWING FOR GUARDRAIL PLACEMENT | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|-------------------------|--|--|

Barrier in Sloped Median - Old System (29") ONLY -



Slope in Front of Cable Barrier

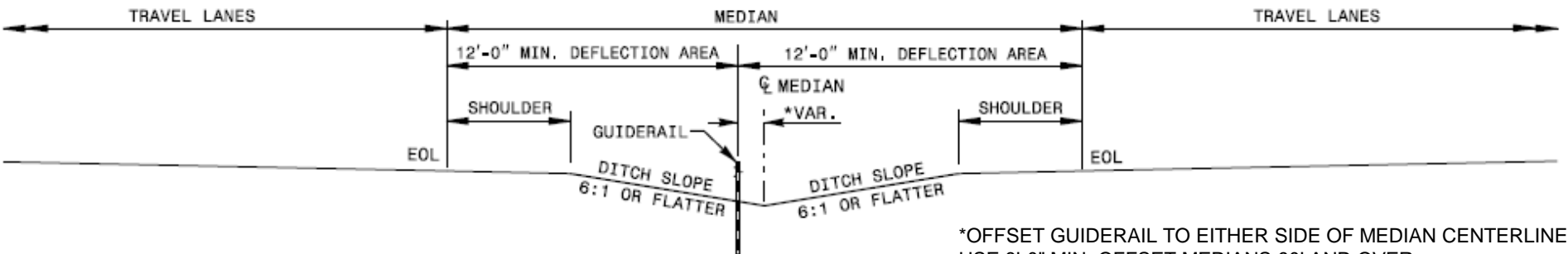
- Cable barrier may be placed anywhere on a 10:1 or flatter slope.
- Cable barrier may be placed on slopes of 6:1, but not in the area from 1 ft. to 8 ft. from the ditch bottom.



(a) Medians shallower than 6H:1V slope (NCHRP Report 711)

Ref: AASHTO ROADSIDE DESIGN GUIDE, 4th EDITION – 6.6.1.1, Pg. 6-18

NCDOT Slope/Swale Guidance - LTC



*OFFSET GUIDERAIL TO EITHER SIDE OF MEDIAN CENTERLINE
USE 8'-0" MIN. OFFSET MEDIANS 60' AND OVER.
USE 4'-0" MIN. OFFSET FOR MEDIANS LESS THAN 60'

TYPICAL SECTION

(DEFLECTION AREA ON MEDIAN SLOPES)

DOUBLE FACE GUIDERAIL APPLICATION

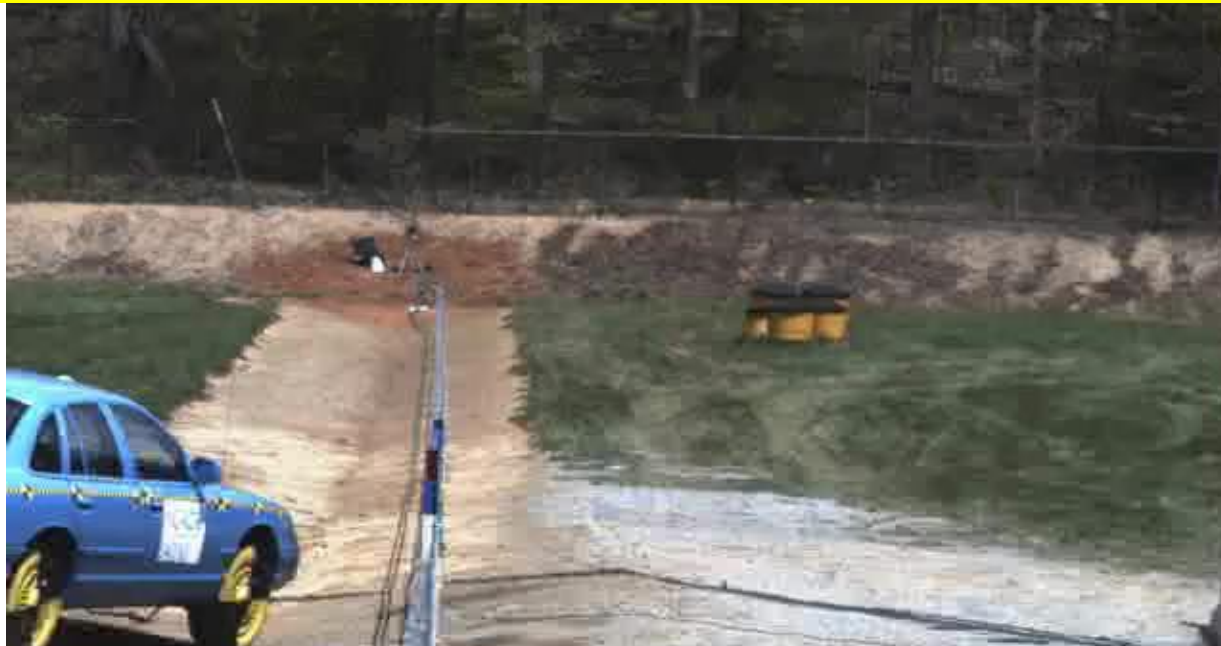
USE 4'-0" MIN. OFFSET FOR MEDIANS LESS THAN 60'.

**Strongly
Discouraged**



Location of Cable in Swales

MASH 2016 requires testing with a mid-sized vehicle because of this problem (NC experience)



CABLE SHOULD NOT BE PLACED BETWEEN 1' AND 8' BEYOND THE BOTTOM OF A DITCH

Ref: AASHTO ROADSIDE DESIGN GUIDE, 4th EDITION – 6.6.1.1, Pg. 6-18

PRE-ASSESSMENT PHOTO

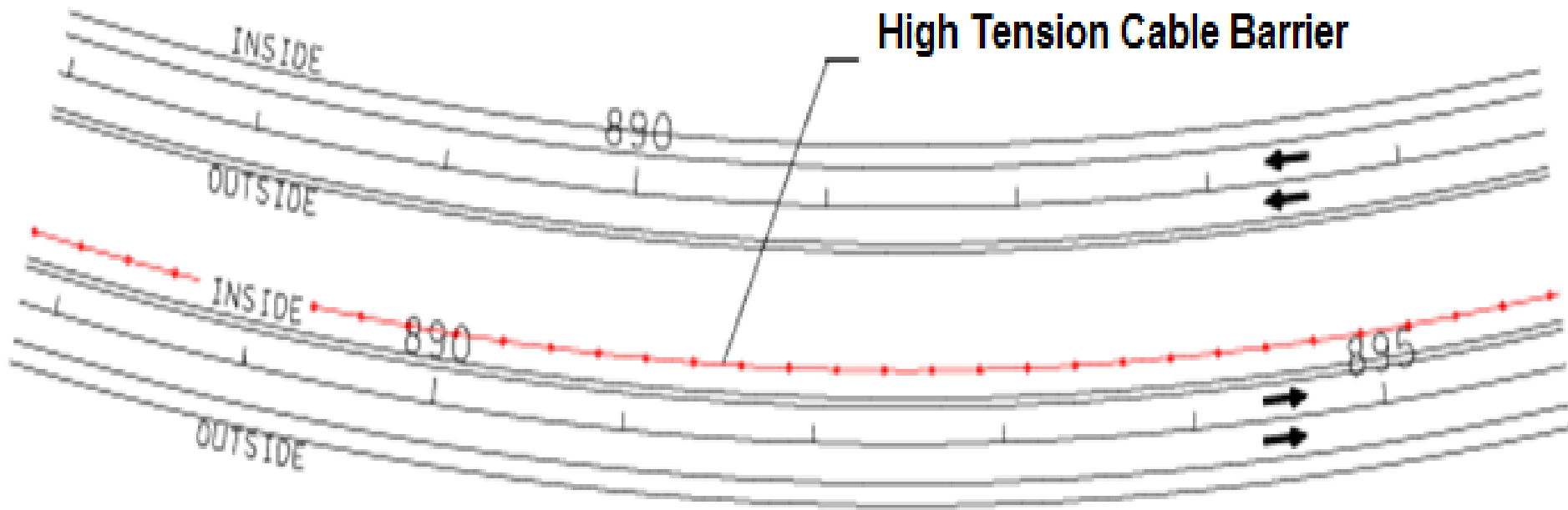


Barrier in Sloped Median

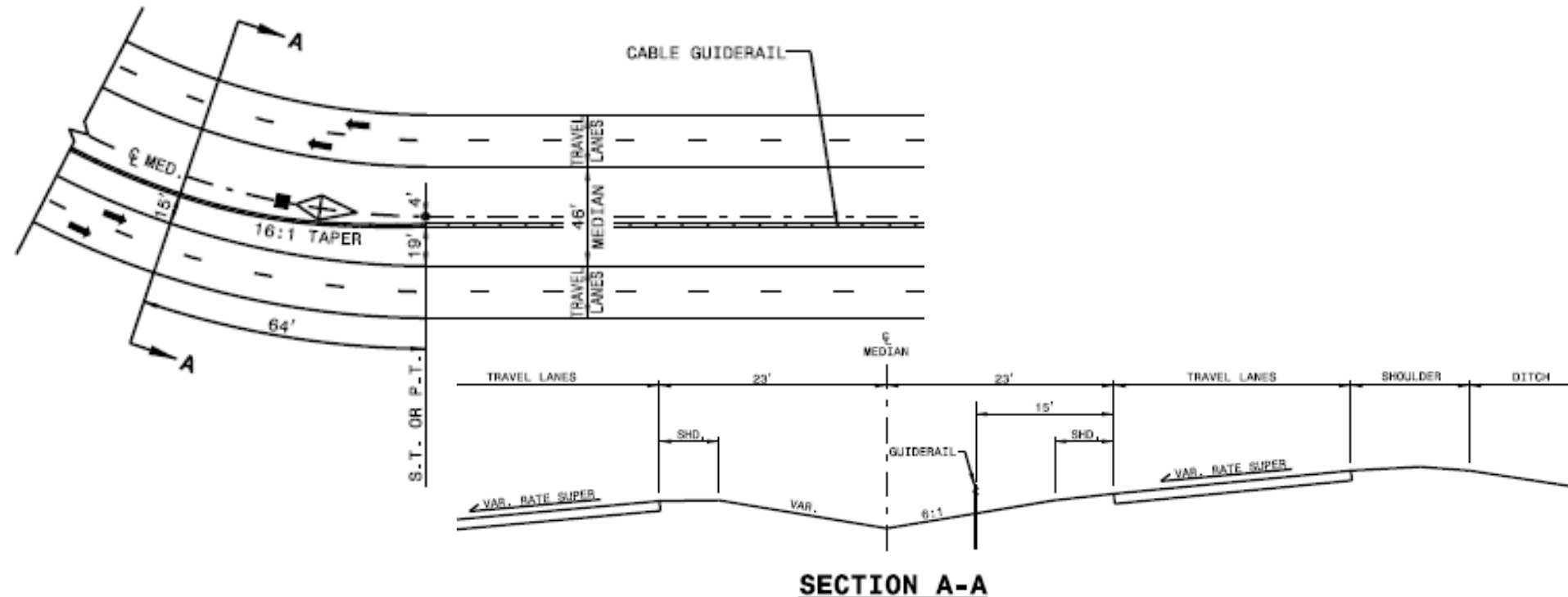


Barrier in a Curved Median

Which Side of the Median Should the Cable Barrier be Placed?



Barrier in a Curved Median



865.01
SHEET 3 OF 12

ROADWAY STANDARD DRAWING FOR

CABLE GUIDERAIL

46' MEDIAN GUIDERAIL TRANSITIONS WITH
SUPERELEVATION AND/OR FALSE SUMPS

Principle 3: Guardrail and Curbs



PRE-ASSESSMENT PHOTO



6" Curb not acceptable for old 29" System on HS

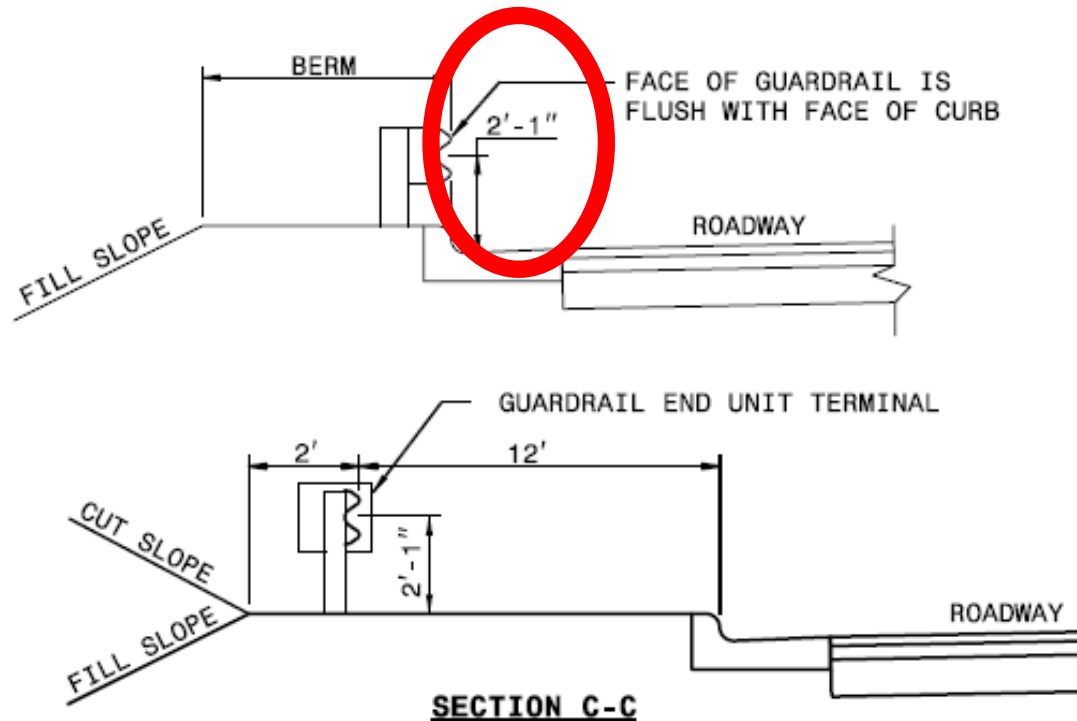
Guardrail and Curbs

- Curbs may function to channelize traffic, to control drainage, improve delineation, control access, and reduce erosion.
- Curbs are not adequate to prevent a vehicle from leaving the roadway; they are not a barrier.
- Use of any guardrail/curb combination where high-speed, high-angle impacts are likely should be discouraged.

Guardrail and Curbs – 29"



NCDOT Guardrail and Curbs

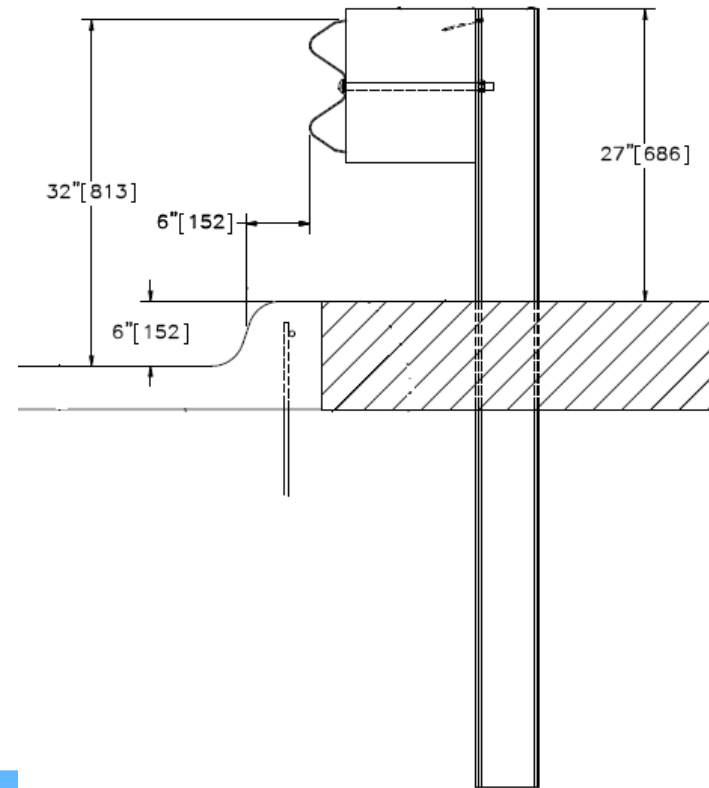


| | | |
|--------------------------|--|--|
| 862.01 SHEET 11 OF 11 | ROADWAY STANDARD DRAWING FOR GUARDRAIL PLACEMENT GUARDRAIL TREATMENT AT CURB AND GUTTER | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|--------------------------|--|--|

Ref: NCDOT Standard Drawings, 862.01 Sht. 11

31" and Curbs

Successfully tested to MASH placed 6" behind a 6" high curb at TL-3



MASH TL-3 31"

Placed 6" behind 6" high Curb



31" and Curbs

- The 31" was tested with a 6" curb, 8' in front of the rail at MASH TL-3 **unsuccessful**



End Treatments and Curbs

As stated previously, the GRAU-350 is a tangential end unit. However, these units will be flared over the last 50 feet to provide a 1-foot offset. This minimal flare allows the terminal to be offset so that no component of the unit extends beyond the face of the guardrail. The tangential end unit should not be flared greater than a 50:1 flare rate.

No curb is allowed within the limits of this unit.

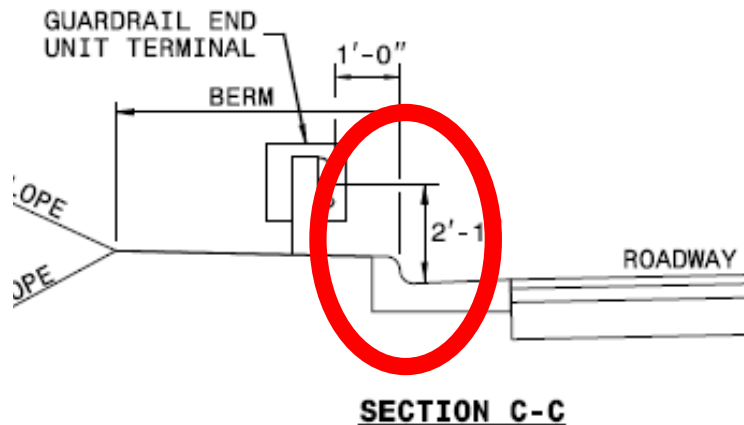
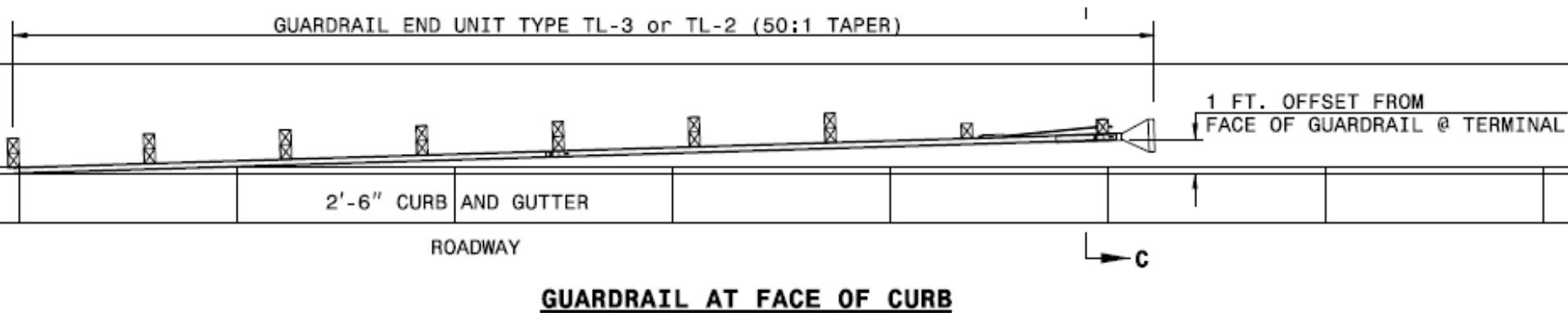
End Treatments and Curbs



**CURRENTLY UNDER STUDY –
DO NOT BURY BEARING PLATE**

2" maximum height recommended

End Treatments and Curbs - NCDOT



Careful with BCA
Terminal Anchor –
Don't let Bearing
Plate be buried

Ref: NCDOT Standard Drawings, 862.01 Sht. 11



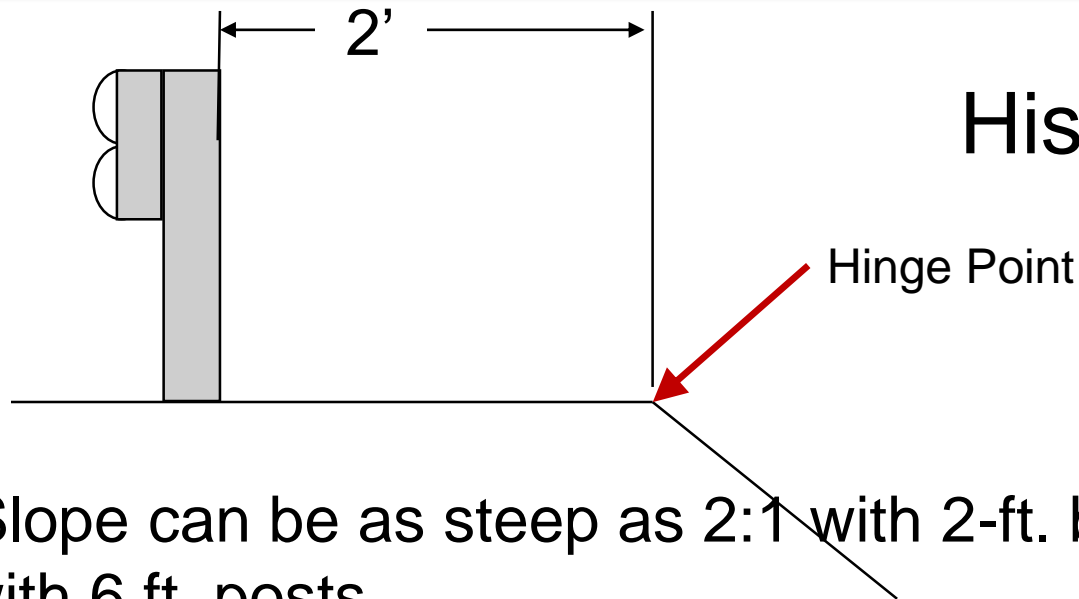
MASH TL-2 31" 6 ft. behind curb



Principle 4: Soil Backing For Fill Locations



Soil Backing Recommendation

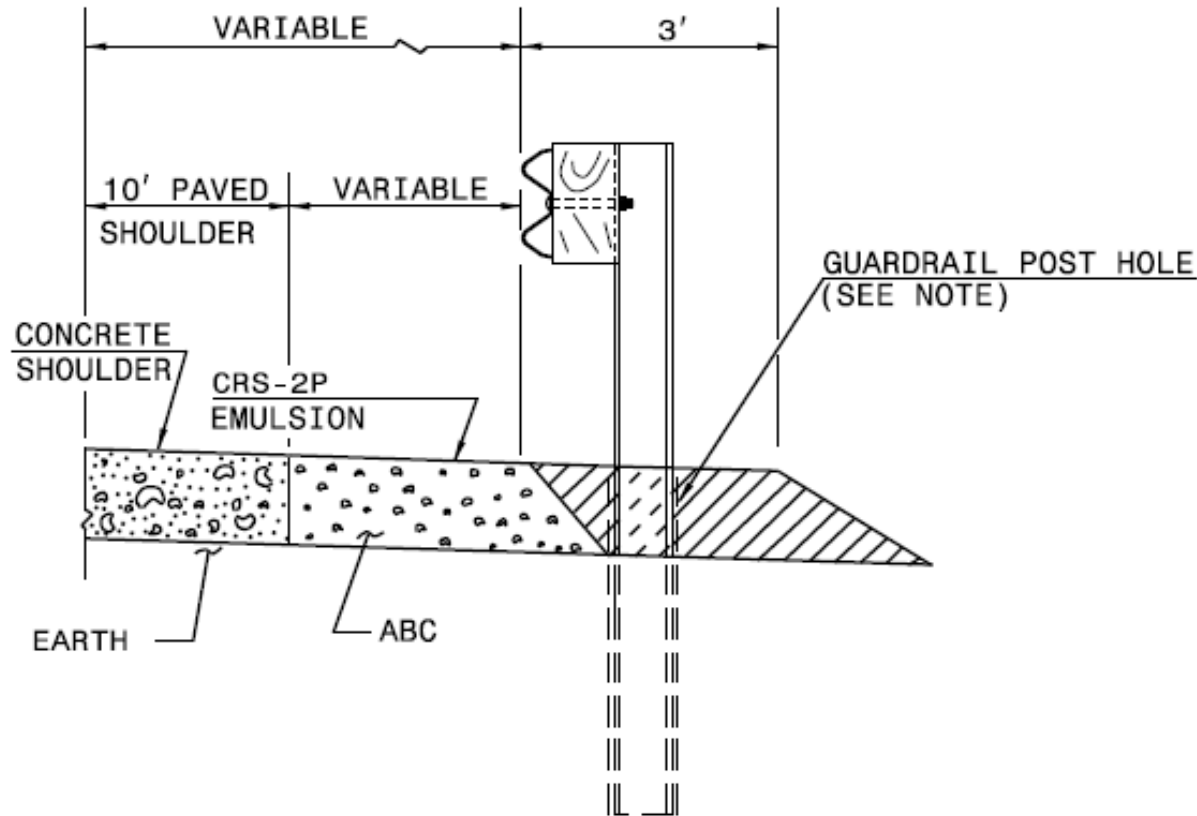


Historical Guidance

1. Slope can be as steep as 2:1 with 2-ft. backing in strong soil with 6 ft. posts.
2. Backing can be less than 2 ft. with 2:1 slope in strong soil with 7 ft. posts. NCHRP 350 requires half post spacing – **ONLY applies to 29" system**

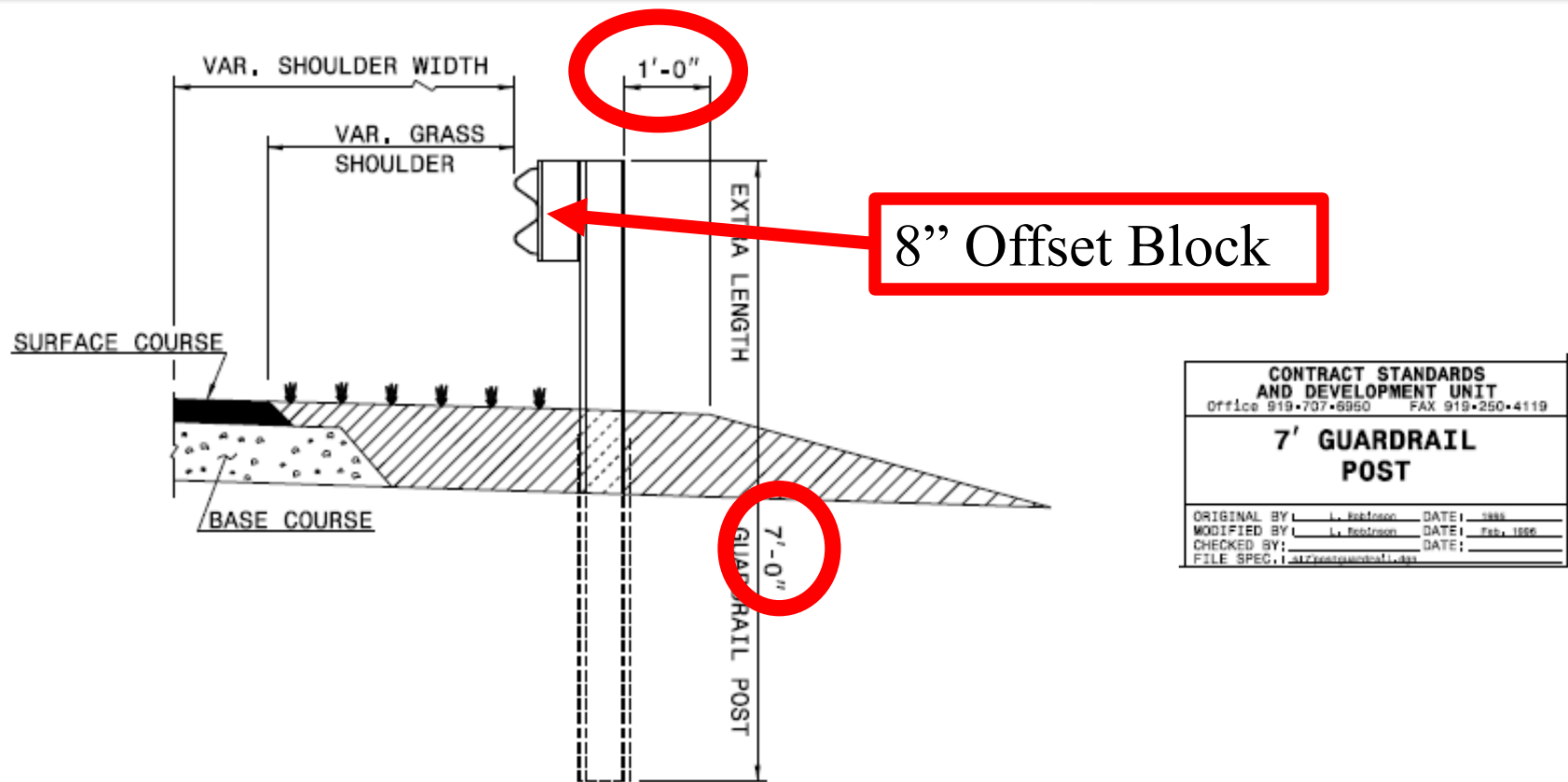
Ref: AASHTO Roadside Design Guide, 4th Edition – Figure 5.33, Pg. 5-41

Soil Backing – NCDOT

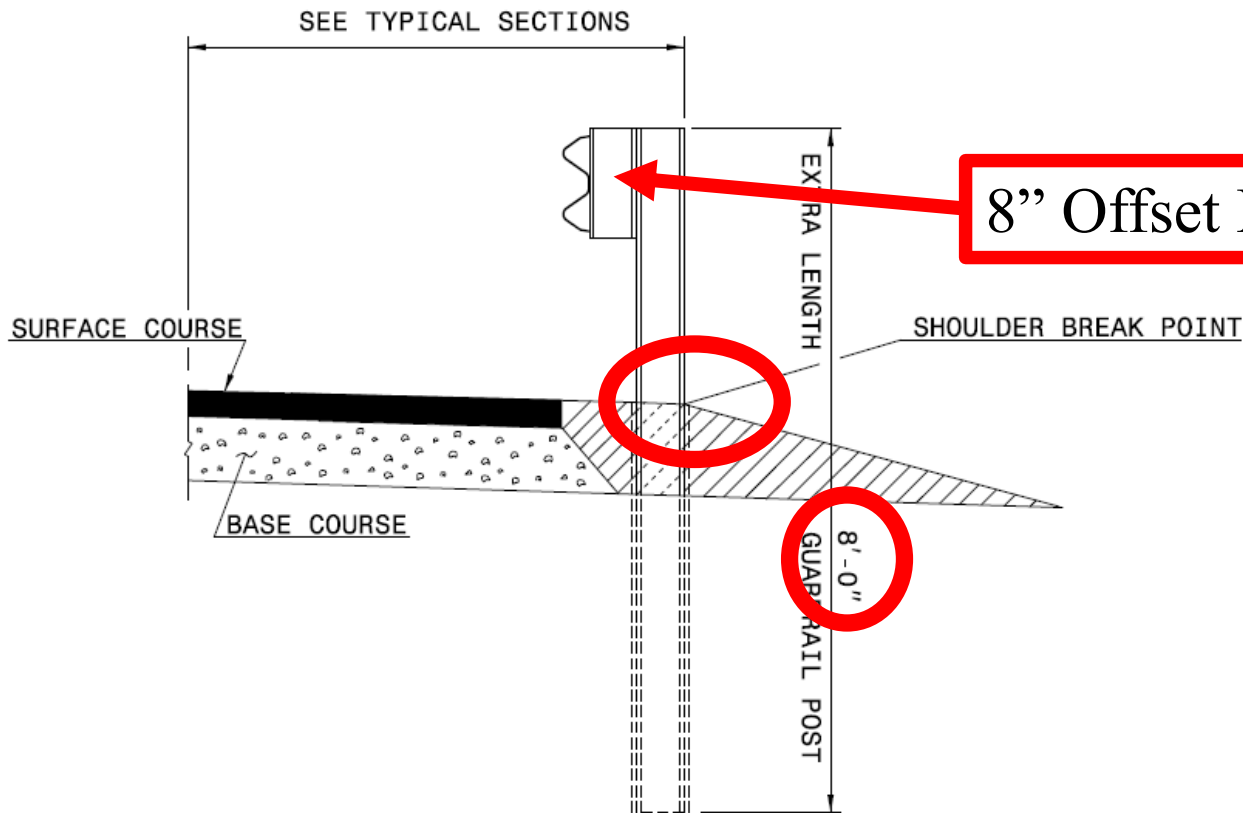


| | | |
|-------------------------|--|--|
| 862.01 SHEET 100F 11 | ROADWAY STANDARD DRAWING FOR GUARDRAIL PLACEMENT | 1-18 STATE OF NORTH CAROLINA DEPT. OF TRANSPORTATION DIVISION OF HIGHWAYS RALEIGH, N.C. |
|-------------------------|--|--|

Soil Backing – NCDOT



Soil Backing – NCDOT



| CONTRACT STANDARDS AND DEVELOPMENT UNIT | | | |
|--|-----------------------------|------------------|------------------|
| Office 919-707-6950 | | FAX 919-250-4119 | |
| 8' GUARDRAIL POST | | | |
| ORIGINAL BY: | <u>L. Robinson</u> | DATE: | <u>1995</u> |
| MODIFIED BY: | <u>L. Robinson</u> | DATE: | <u>Feb. 1998</u> |
| CHECKED BY: | | DATE: | |
| FILE SPEC.: | <u>s17postguardrail.dgn</u> | | |

31" with Posts on a 2:1 Slope

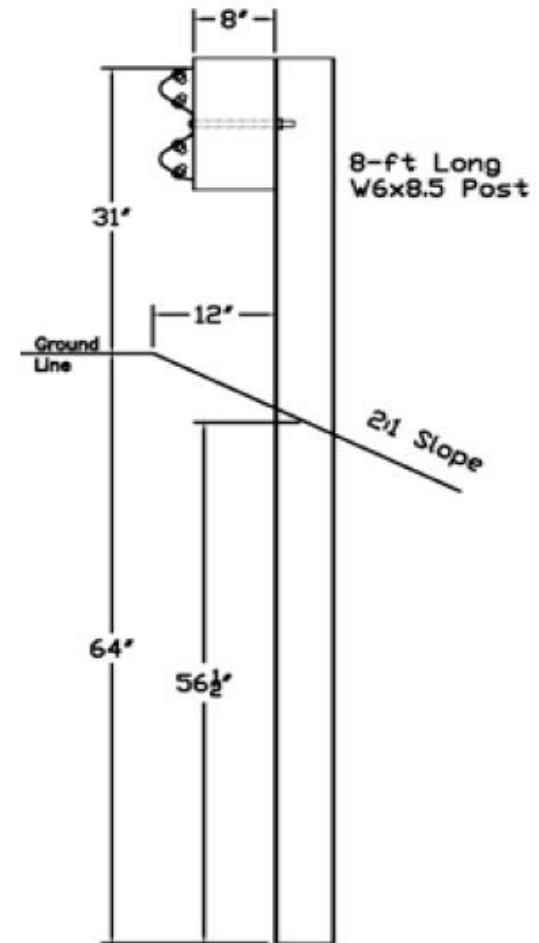
31" with face of rail at slope break point of 2:1 slope

Posts

- 8' long W6x9 posts tested
- Not recommended with Wood posts at this time
- 6'-3" post spacing

Offset Blocks

- 8" Offset block tested
- Not recommended without offset block at this time



31" with Posts on a 2:1 Slope

MASH Testing of
MGS adjacent to a
2:1 Slope
8" blackout
8' long posts at
6'-3" spacing

Working Width – 55.2"
Eligibility Letter B-261

Principle 5: Flare Rate



Flare Rate

Flared barriers are those that are not parallel to the edge of the traveled way. They are used to:

- Locate end treatments farther from the roadway.
- Lessen driver reaction to a roadside obstacle.
- Reduce total length of rail needed.
- Reduce nuisance hits.
- When tying to a bridge rail from a farther offset (in advance of transition)

Flare Rate

Trade offs and restrictions of flared barriers:

- Flare increases the angle at which the barrier can be hit.
- Flare may increase the angle of redirection after an impact.
- Flared barriers can only be placed on 10:1 or flatter slopes.
- Maximum flare rate varies with design speed
NCDOT flare rate typically 50:1

Tangent End Treatments on Flared Standard Run - Repeat

The offset of the end treatment is measured from a line parallel to the ROADWAY:

If the standard flare is 25:1 or flatter, the end treatment may be placed on the standard flare line extended

If the standard flare is sharper than 25:1, a kink in the run must be provided so the end treatment is no sharper than 25:1

NCDOT guidance is to provide 25' of parallel guardrail in advance of any end treatment requiring a kink.

Suggested Flare Rates

Table 5-9. Suggested Flare Rates for Barrier Design

| Design Speed | | Flare Rate for Barrier Inside Shy Line | Flare Rate for Barrier at or Beyond Shy Line | |
|--------------|-------|--|---|---------------------|
| km/h | [mph] | | Rigid Barrier | Semi -Rigid Barrier |
| 110 | [70] | 30:1 | 20:1 | 15:1 |
| 100 | [60] | 26:1 | 18:1 | 14:1 |
| 90 | [55] | 24:1 | 16:1 | 12:1 |
| 80 | [50] | 21:1 | 14:1 | 11:1 |
| 70 | [45] | 18:1 | 12:1 | 10:1 |
| 60 | [40] | 16:1 | 10:1 | 8:1 |
| 50 | [30] | 13:1 | 8:1 | 7:1 |

Notes:

A = Suggested maximum flare rate for rigid barrier system.

B = Suggested maximum flare rate for semi-rigid barrier system.

The MGS has been tested in accordance with NCHRP Report 350 TL-3 at 5:1 flare.

Flatter flare rates for the MGS installations also are acceptable. The MGS should be installed using the flare rates shown or flatter for semi-rigid barriers beyond the shy line when installed in rock formations.

Example of Benefit of Flare



PRE-ASSESSMENT PHOTO



Review Learning Outcomes

Understand the design principles affecting an optimal barrier installation.

North Carolina Department of Transportation

Highway Safety Barrier Design Training

Session 6: Length of Need and Special Considerations

Session 6 Learning Outcomes

At the end of this session, you will be able to:

- Define the Length of Need and apply the design principles for an optimal installation
- Modify guardrail for special situations

Order of Preference - NCDOT

4.10 Traffic Barriers

4.10.1 General Considerations

The preferred method of addressing roadside hazards is as follows:

1. Remove the hazard;
2. Remove embankment hazard (flatten slopes);
3. Shift hazard away from traffic;
4. Reduce the impact severity by using breakaway posts;
5. Protect the hazard;
6. Delineate the hazard so motorists are aware of the hazard.

Length of Need (LON) Definition

AASHTO

The length of effective barrier needed **IN ADVANCE OF** the hazard to intercept and redirect an encroaching vehicle.

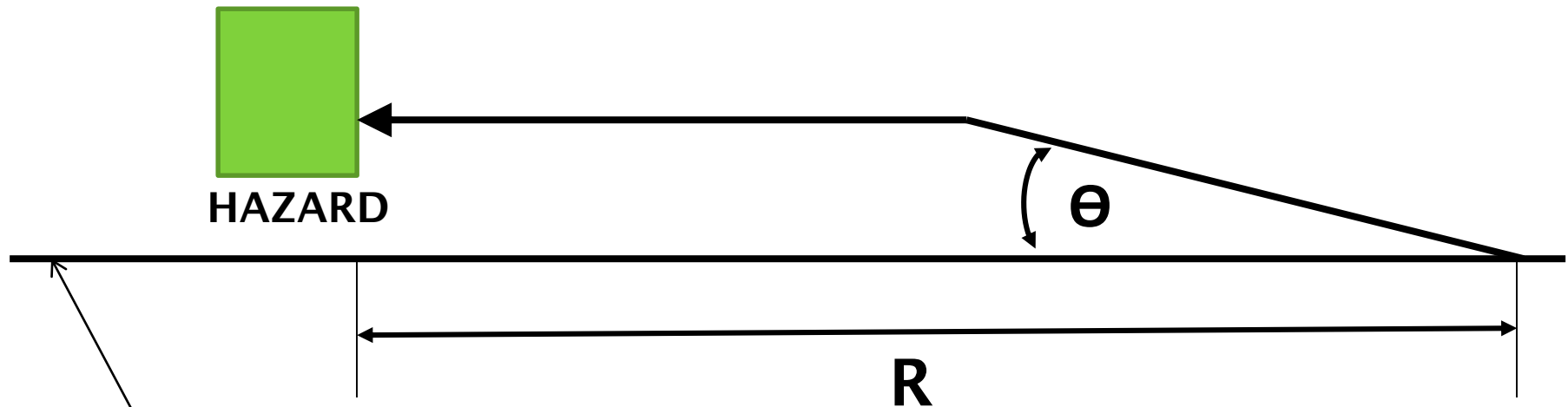
Length of Need (LON) Definition

NCDOT

The length of effective barrier in advance of the obstacle **NOT TO INCLUDE ANY** of the GREU.

Length of Need (LON) Theory

AASHTO



θ = Angle of Departure (Unknown)

R = Runout Length

Runout Lengths - NCDOT

Proposed - replace
with AASHTO RDG
values

LR = RUNOUT LENGTH
N = NORMAL SHOULDER WIDTH (WIDTH OF SHOULDER FROM EDGE OF TRAVEL
LANE TO FACE OF GUARDRAIL)

DETAIL 3-2A

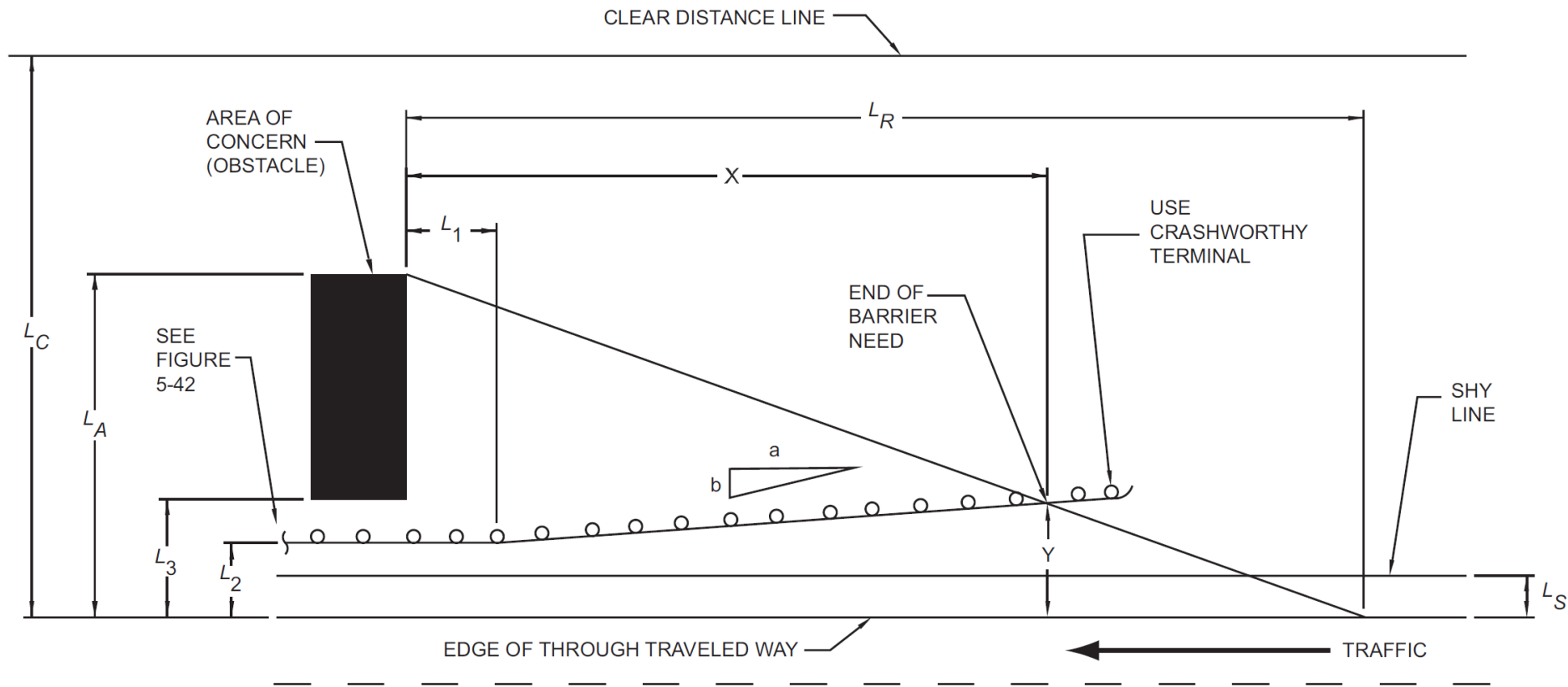
Runout Lengths - AASHTO

Table 5-10(b). Suggested Runout Lengths for Barrier Design (U.S. Customary Units)

| Design Speed (mph) | Runout Length (L_R) Given Traffic Volume (ADT) (ft) | | | |
|--------------------|---|-----------------|----------------|-------------|
| | Over 10,000 | 5,000 to 10,000 | 1,000 to 5,000 | Under 1,000 |
| 80 | 470 | 430 | 380 | 330 |
| 70 | 360 | 330 | 290 | 250 |
| 60 | 300 | 250 | 210 | 200 |
| 50 | 230 | 190 | 160 | 150 |
| 40 | 160 | 130 | 110 | 100 |
| 30 | 110 | 90 | 80 | 70 |

Ref: AASHTO ROADSIDE DESIGN GUIDE, 4th EDITION – TABLE 5.10, Pg. 5-50

LON Design Procedure for Approach Barrier Layout



Ref: AASHTO Roadside Design Guide, 4th Edition, Figure 5.39, Pg. 5-49

Length of Need – AASHTO

- Calculating the length of need (X) for straight or nearly straight sections of roadway:

- For flared guardrail installations:

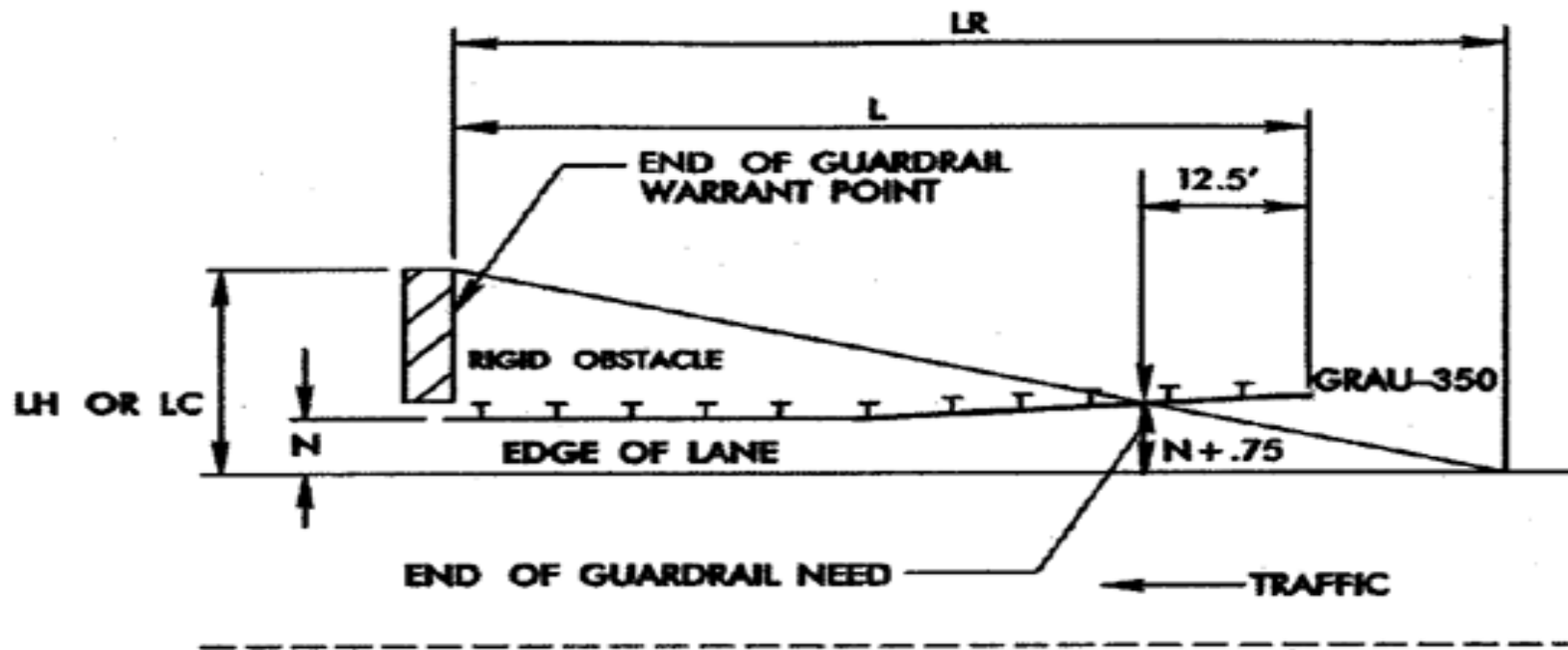
$$X = \frac{L_A + (b/a) (L_1) - L_2}{(b/a) + (L_A/L_R)}$$

- For parallel guardrail installations:

$$X = \frac{L_A - L_2}{L_A/L_R}$$

Ref: AASHTO Roadside Design Guide, 4th Edition, Equation 5-1 and 5-2, Pg 5-51

Length of Need – NCDOT



ROADWAY DESIGN MANUAL

PART 1

DETAIL 3-2A

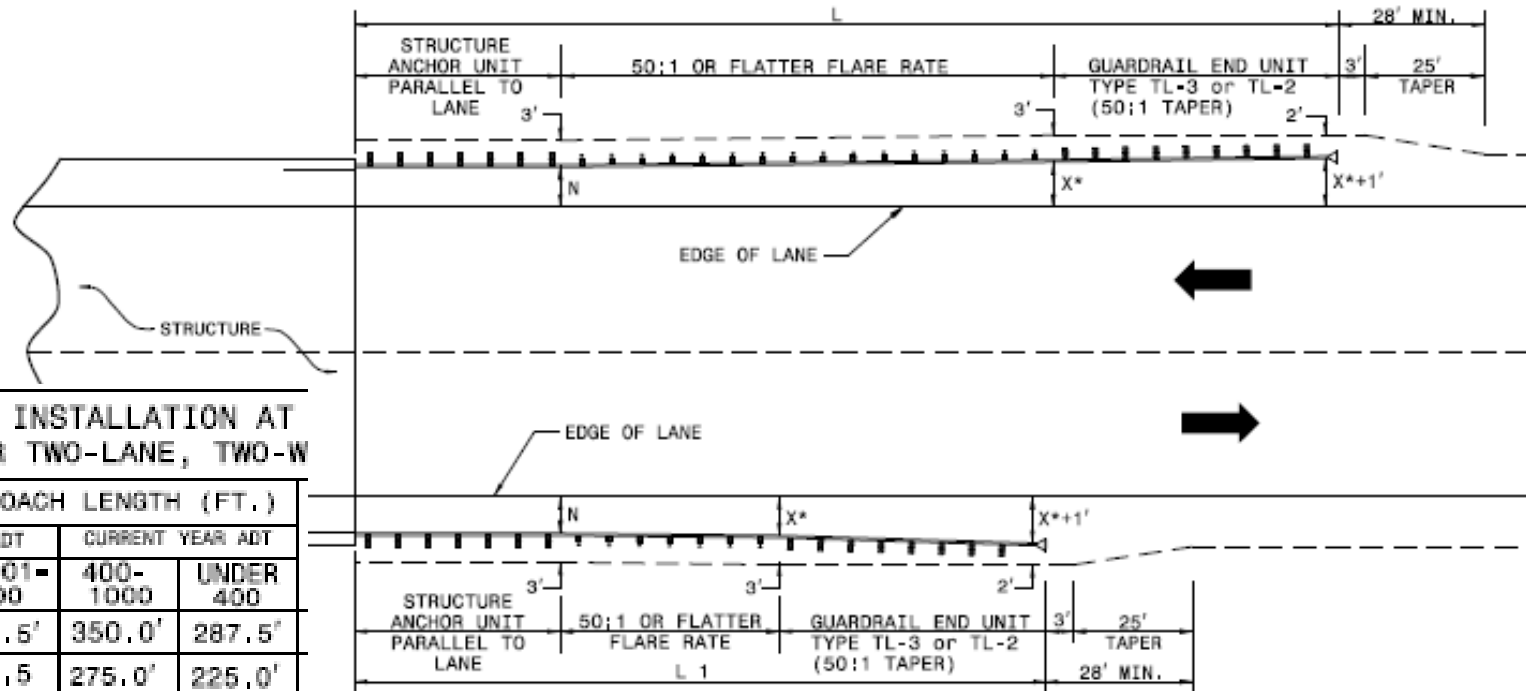
Length of Need – NCDOT

- Calculating the length of need (L) for straight or nearly straight sections of roadway (parallel installation):

$$L = \frac{LH - (N + 0.75)}{LH/LR} + 12.50$$

The formulas and details are derived from Chapter 5 in the Roadside Design Guide.

Length of Need for Bridge Approach NCDOT



GUARDRAIL INSTALLATION AT
FOR TWO-LANE, TWO-W

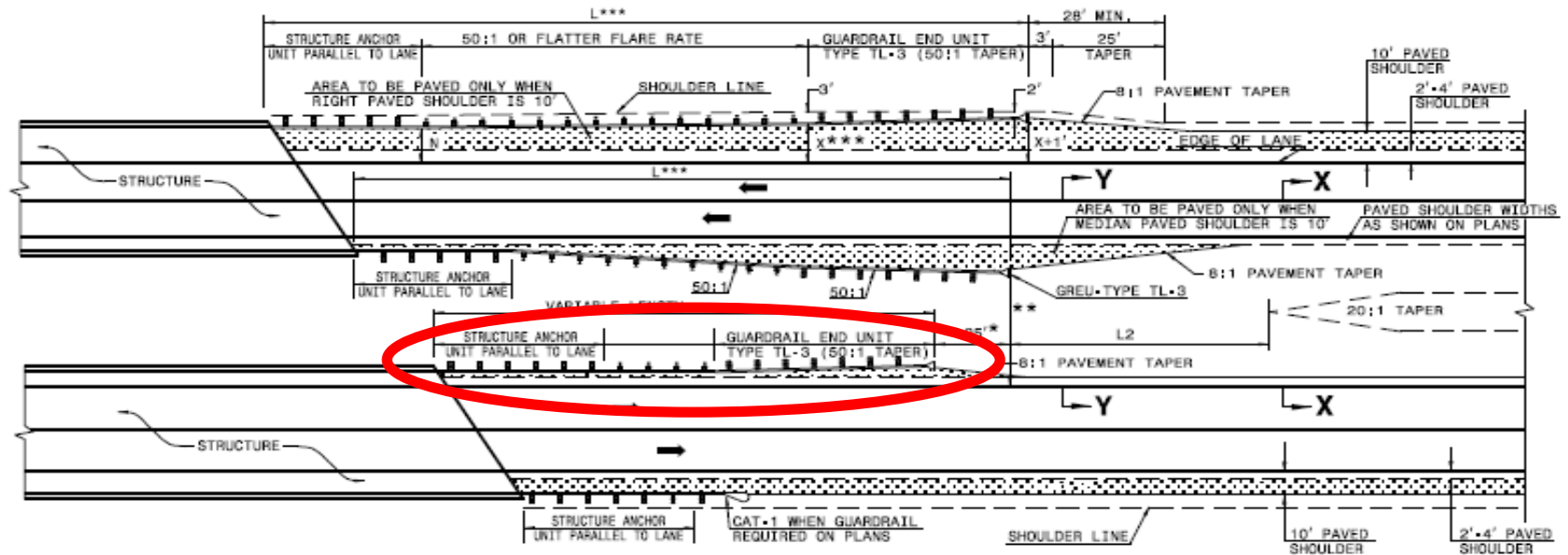
| DESIGN SPEED (MPH) | "L" APPROACH LENGTH (FT.) | | | |
|--------------------------|---------------------------|---------------|------------------|--------------|
| | DESIGN YEAR ADT | | CURRENT YEAR ADT | |
| | OVER 2000 | 1001- 2000 | 400- 1000 | UNDER 400 |
| 70 | 362.5' | 362.5' | 350.0' | 287.5' |
| 60 | 300.0' | 287.5' | 275.0' | 225.0' |
| 50 | 212.5' | 212.5' | 200.0' | 162.5' |
| 40 | 175.0' | 150.0' | 137.5' | 112.5' |
| | | | | |
| X * | 8' | 6' | 4' | 4' |

SHEET 4 OF 11

862.01

Length of Need for Bridge Approach

NCDOT – Dual Bridges

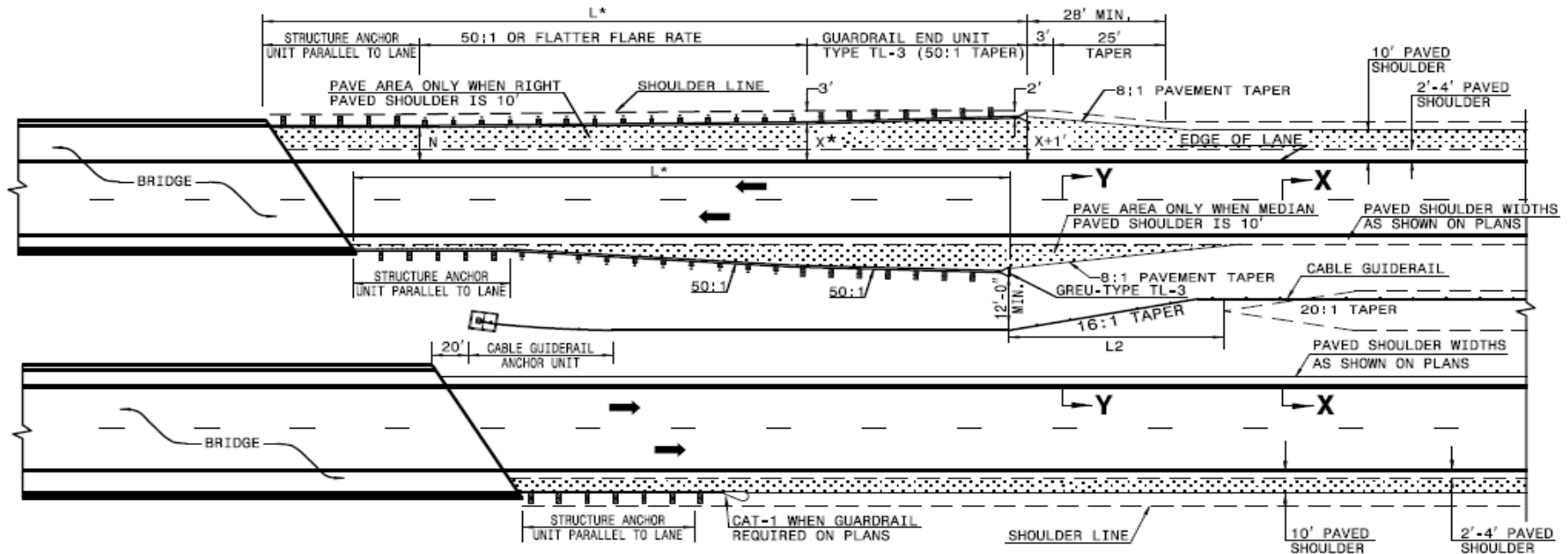


| DIMENSIONS FOR LENGTH OF GUARDRAIL APPROACHING DUAL LANE BRIDGES | | | | | | |
|--|--------|--------|--------|--|--|--------------|
| MEDIAN WIDTH | -L-*** | | | | | -L2- DIM. |
| | 70 MPH | 60 MPH | 50 MPH | | | |
| 30' | 300.0' | 250.0' | 150.0' | | | 80.0' |
| 36' | 300.0' | 250.0' | 150.0' | | | 60.0' |
| 40' & ABOVE | 300.0' | 250.0' | 150.0' | | | 40.0' |

SHEET 3 OF 11
862.01

THE DESIGN LAYOUT FOR LENGTHS SHOWN ON THIS STANDARD ARE MINIMUM DESIGN LENGTHS.

Length of Need for Bridge Approach NCDOT – with Cable Barrier

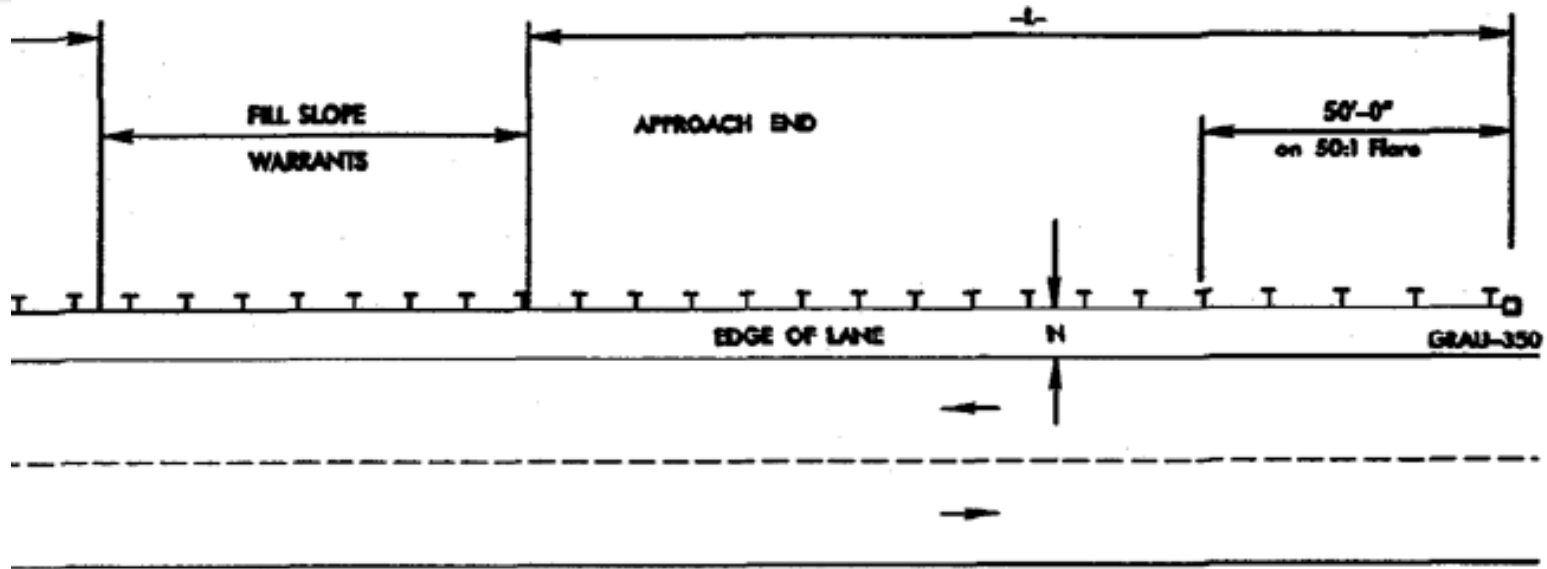


| DIMENSIONS FOR LENGTH OF GUARDRAIL APPROACHING DUAL LANE BRIDGES | | | | | | |
|--|--------|--------|--------|--|--|--------------|
| MEDIAN WIDTH | -L-* | | | | | |
| | 70 MPH | 60 MPH | 50 MPH | | | -L2- DIM. |
| 46' & ABOVE | 300.0' | 250.0' | 150.0' | | | 40.0' |

SHEET 2 OF 12
865.01

THE DESIGN LAYOUT FOR LENGTHS SHOWN ON THIS STANDARD ARE MINIMUM DESIGN LENGTHS.

Length of Need for Fill Slope NCDOT



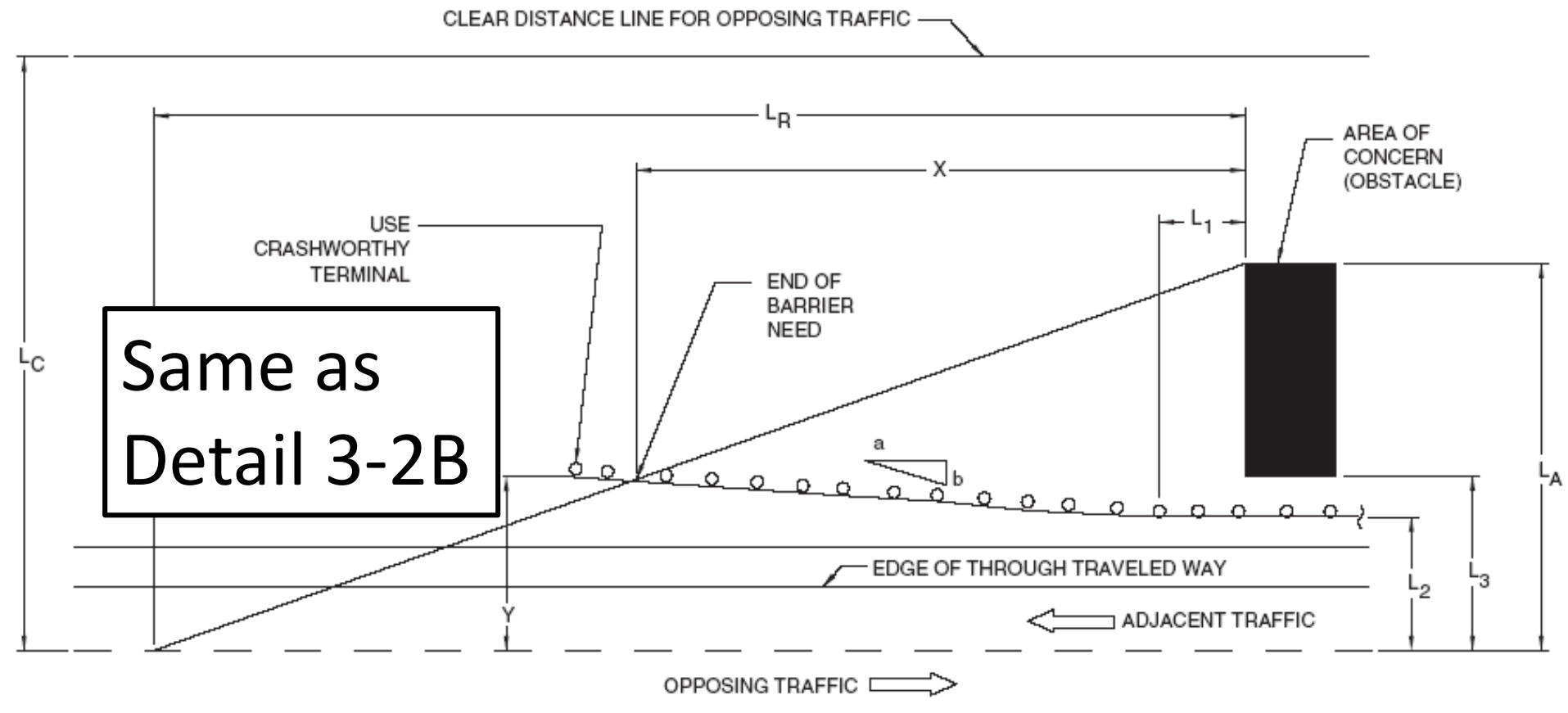
"L" OR LENGTH OF NEED ON THE APPROACH SIDE OF THE GUARDRAIL FOR A FILL SLOPE WARRANT FOR ANY CLASSIFICATION OF ROADWAY

| DESIGN SPEED (MPH) | 70 | 60 | 50 | 40 |
|--------------------|------|------|------|-----|
| "L" (FT.) | 150' | 125' | 100' | 75' |

These are quite short compared to AASHTO

DETAIL 3 - 2C

LON Design for Opposing Traffic



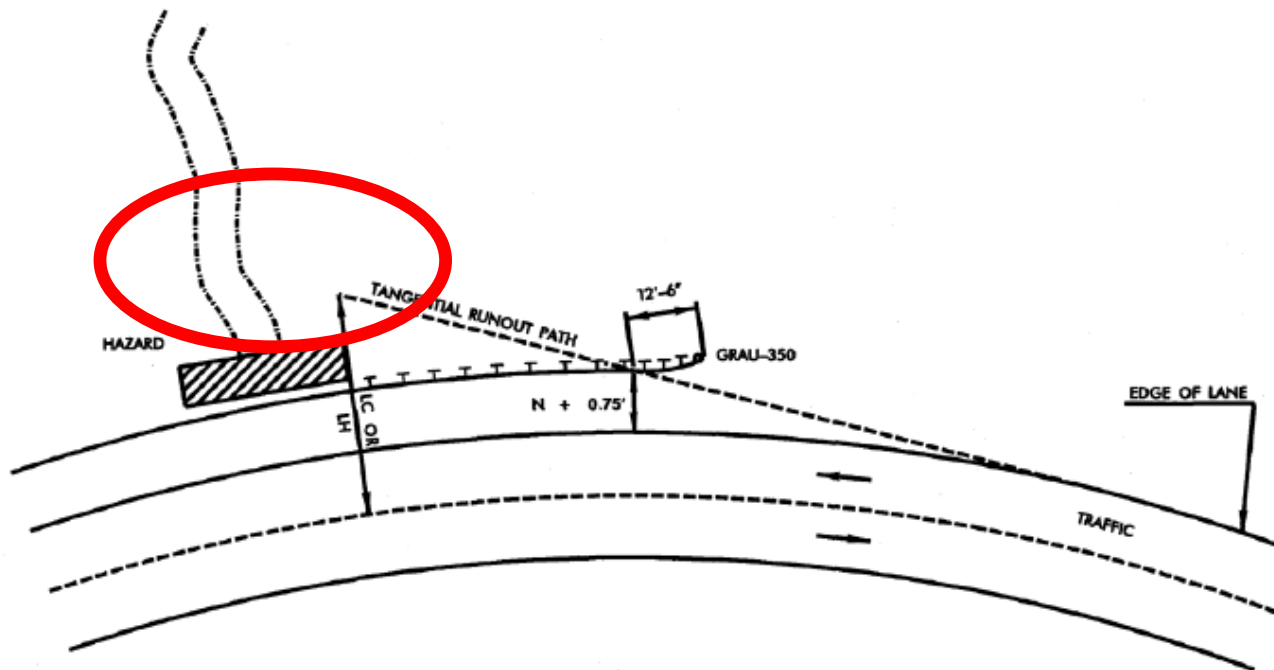
Ref: AASHTO Roadside Design Guide, 4th Edition, Figure 5.42, Pg. 5-54

Length of Need on the Outside of a Horizontal Curve

REV. 01/02/02

DETAIL 2D

ROADWAY DESIGN MANUAL

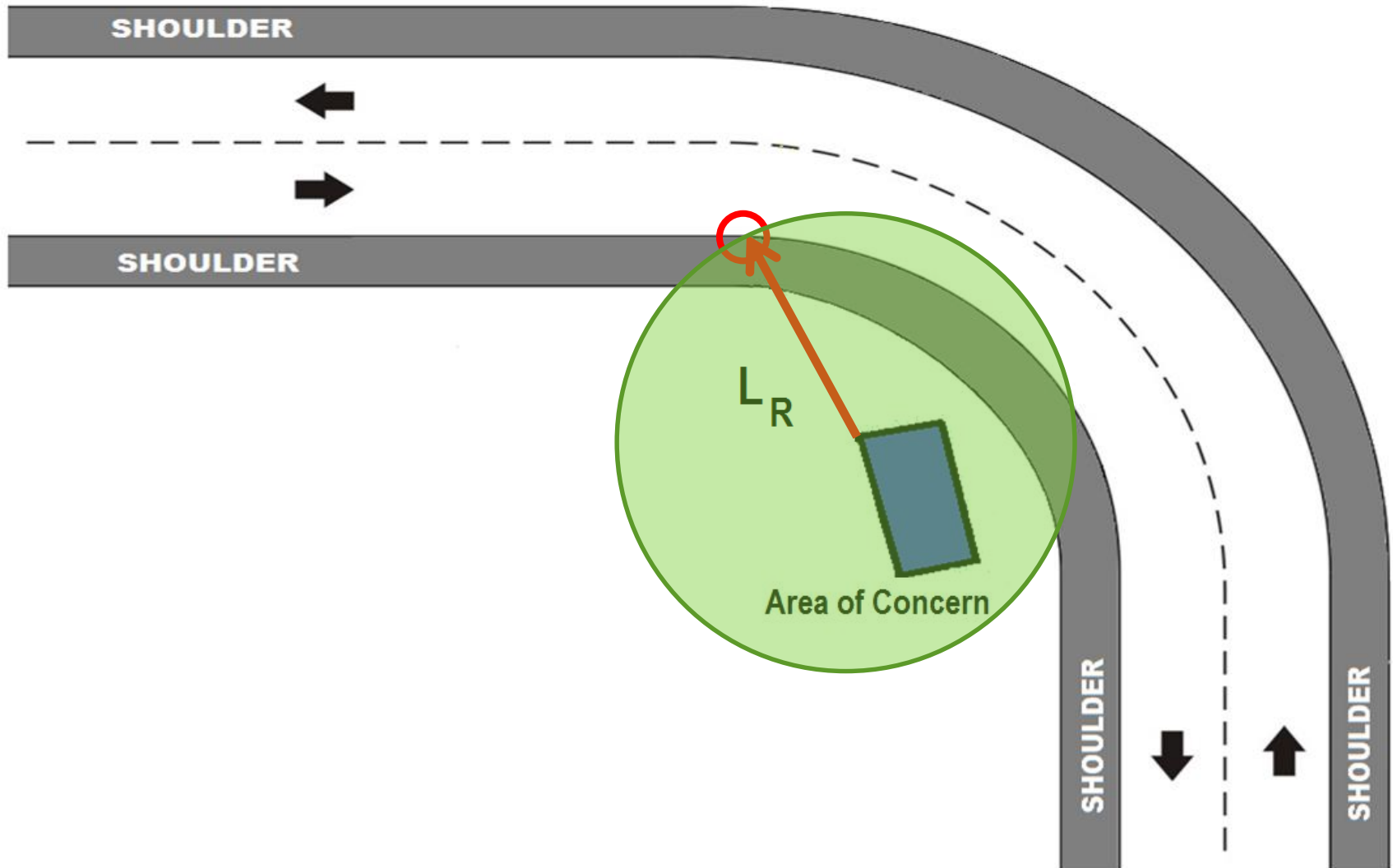


DETAIL OF GUARDRAIL PLACEMENT ON APPROACH END OF HAZARD LOCATED ON A HORIZONTAL CURVE

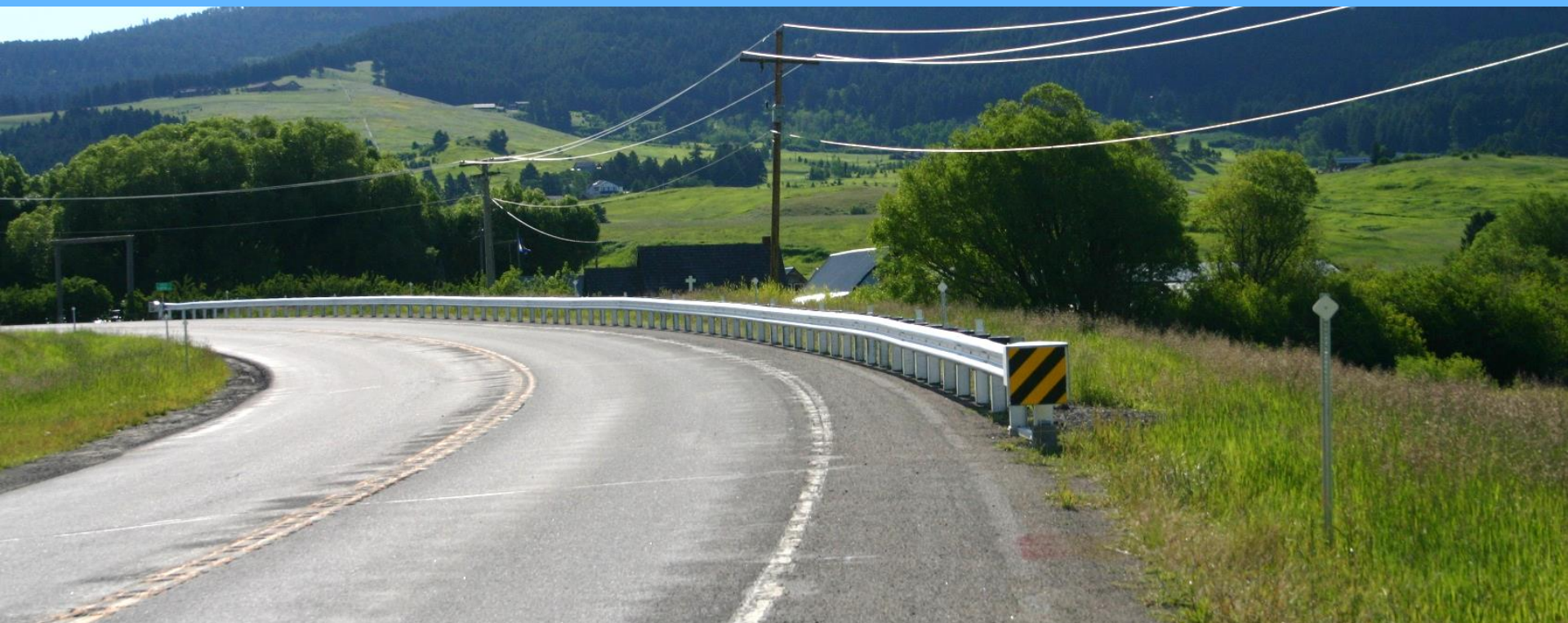
3 - 2D

F

Length of Need on the Inside of a Horizontal Curve

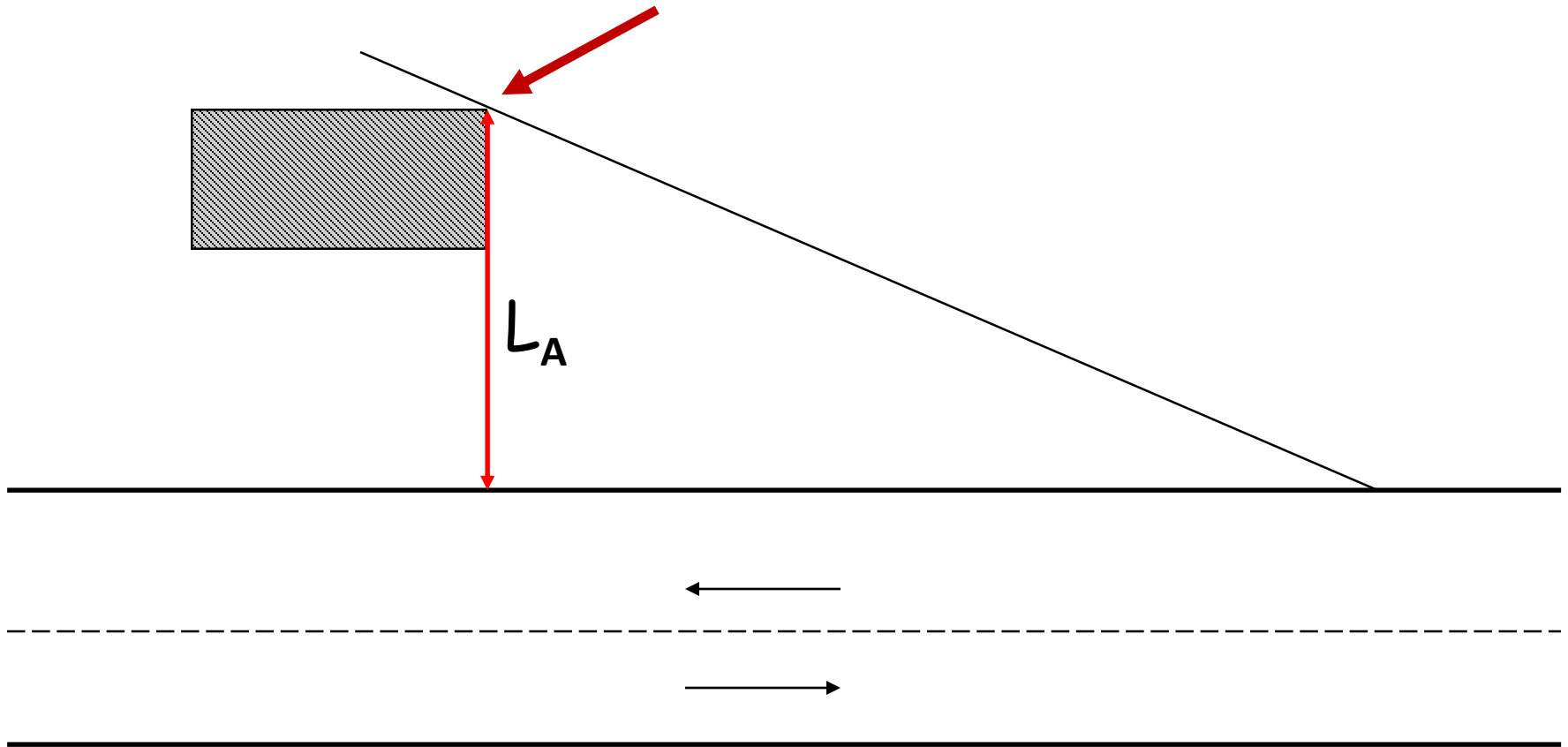


Energy–Absorbing terminal on a curve

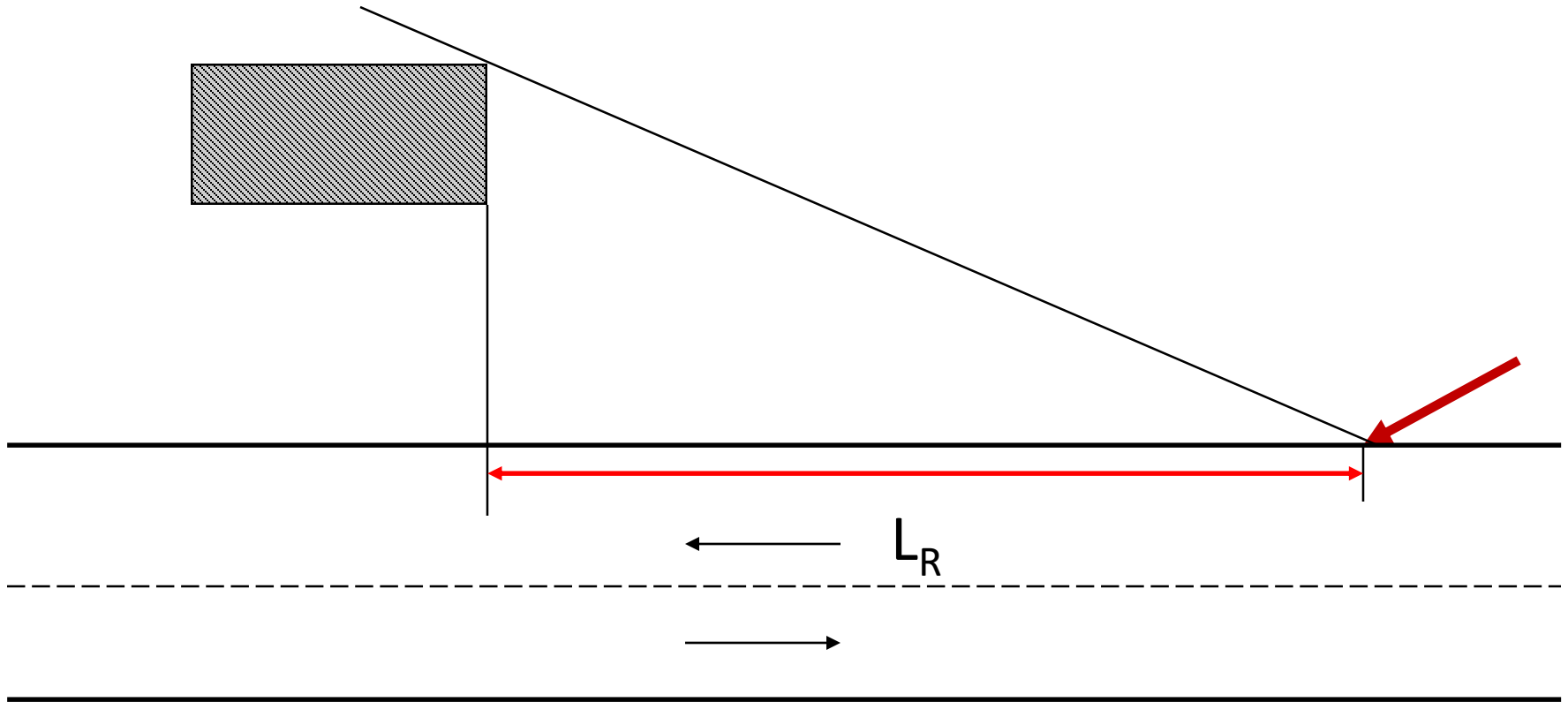


Energy-Absorbing terminals must be installed in a straight line over the length of the terminal proper. This may require the barrier to be extended in advance of the curve.

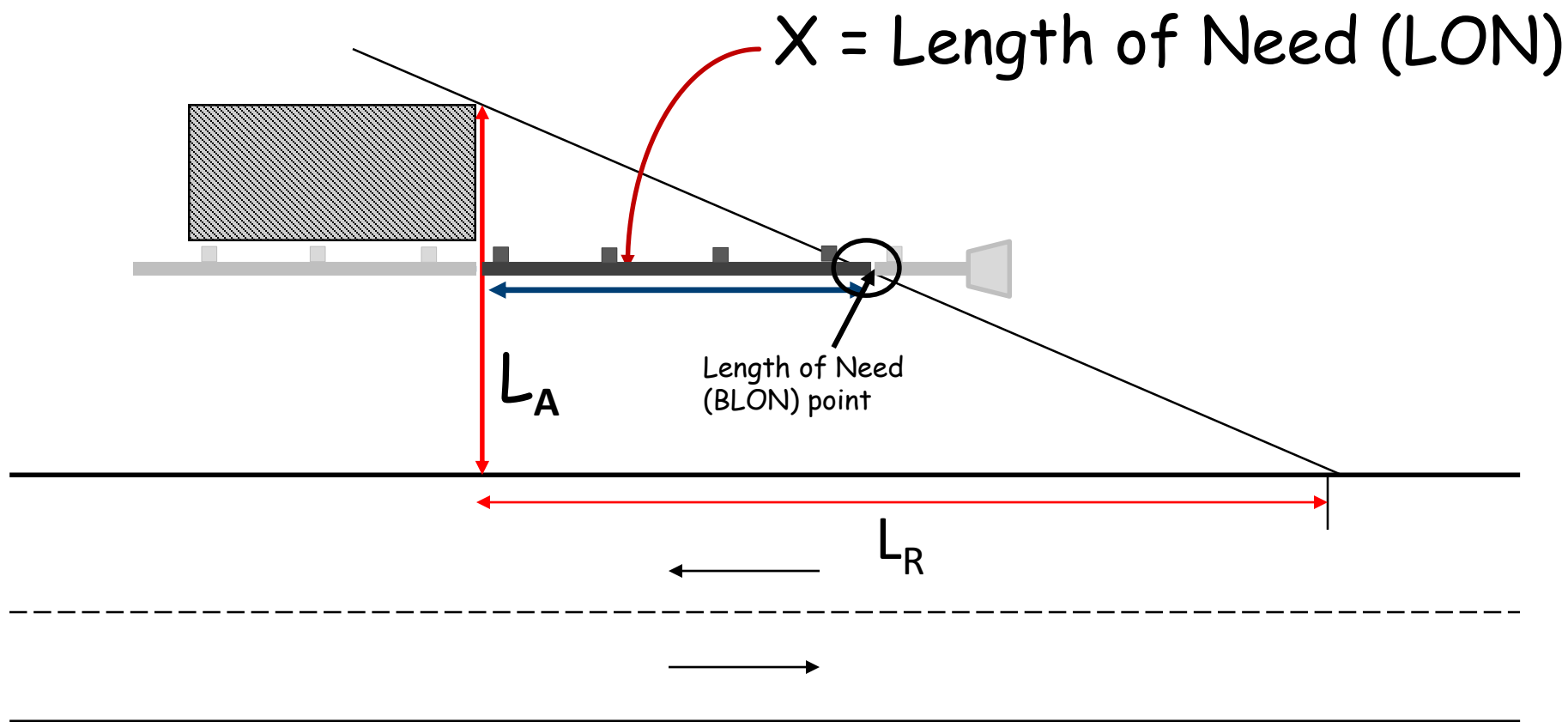
Step 1: Identify the Hazard



Step 2: Define the Point of Departure



Step 3: Intersect the Hypotenuse



Length of Need – Adequate?



Length of Need – Adequate?



Length of Need – Adequate?



Length of Need – Adequate?



Length of Need – Adequate?





PRE-ASSESSMENT PHOTO

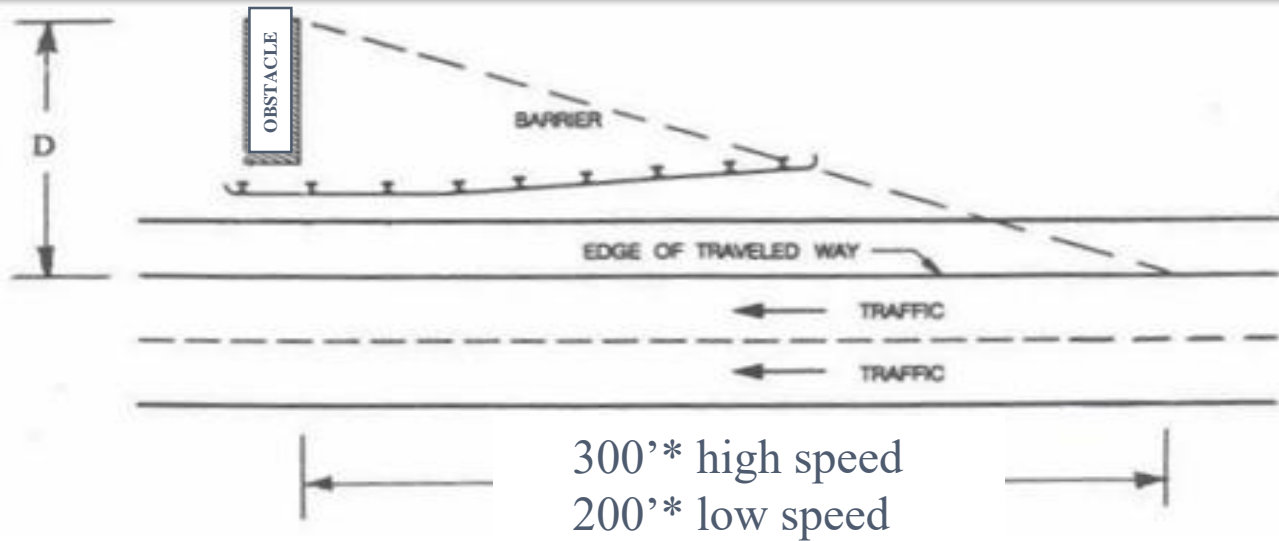
Length of Need – Adequate?



Quick Field Check of LON

1. Stand on roadway edgeline opposite the upstream edge of the hazard.
2. Pace upstream along edgeline appropriate runout length (based on speed of roadway and traffic volume).
3. Turn and look at far lateral edge of hazard.
4. If planned (or existing) guardrail run intercepts this line of sight, it satisfies basic design length of need.
5. Check for ALL hazards that should be shielded in this area
6. Check for better terminal location by extending barrier a short distance (especially on curves!!!)

Length of Need Field Check

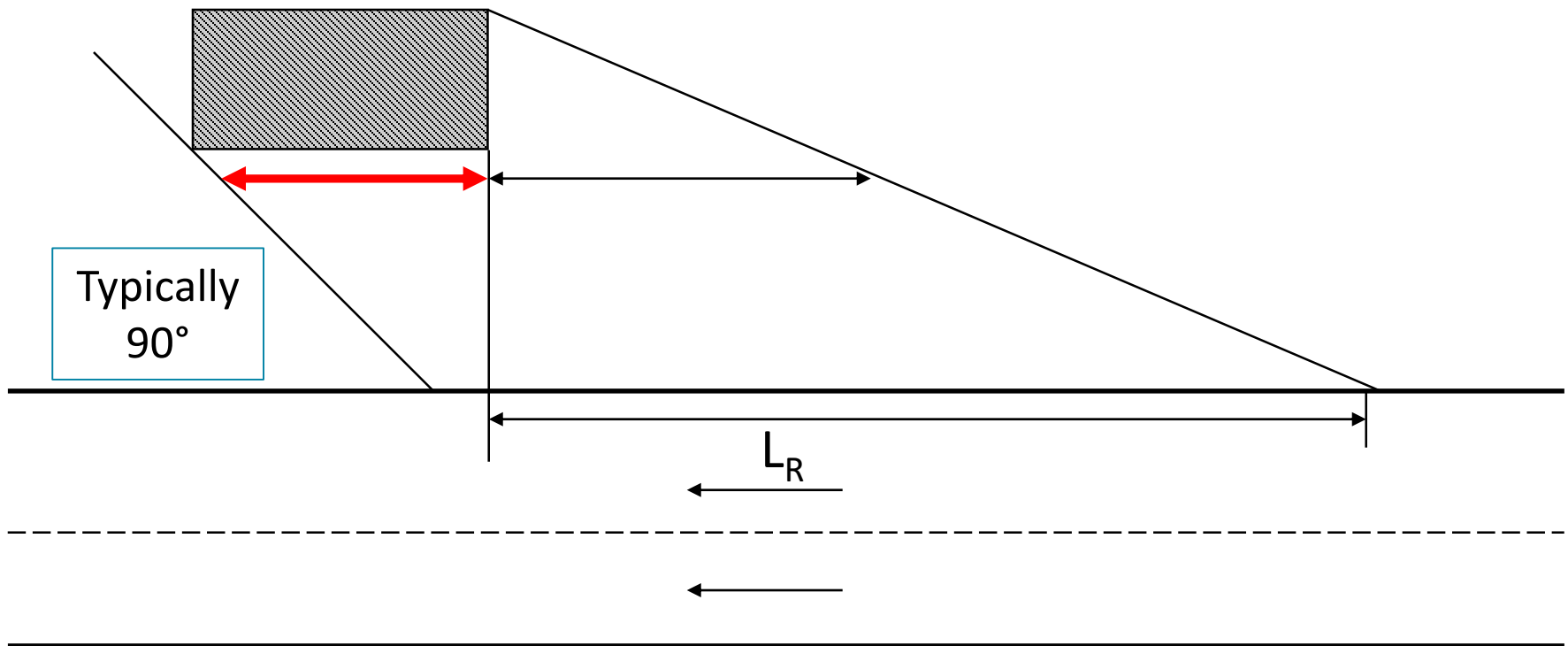


Procedure

- Identify upstream face of hazard
- Identify back of hazard D – limit to 30'
- Walk upstream along the white edge line, beginning at the upstream side of the hazard, 300'* for high speed, or 200'* for low speed (45 mph or less)
- Sight from this position to the upstream face, back edge of hazard (limited to 30')
- End of terminal should intercept line of sight ($\pm \approx 30'$)

Downstream Termination One Direction Traffic

An anchor (CAT-1) plus 25' of rail must be **ADDED** at the end



Guardrail Placement

Place as far from traffic
as practical
(without affecting performance)



Guardrail Placement in Special Situations

- Guardrail Placement at Intersections
- Long Span (Omitted Post{s})
- Gaps between runs of barrier
- Extra Offset Blocks
- Leaveouts for Posts in Structural Pavement
- Guardrail Post in Rock

Guardrail Placement at Intersections





Guardrail Placement at Intersections

NOTES:

SHOP CURVED GUARDRAIL IS DEFINED AS HAVING A RADIUS OF 150' OR LESS.

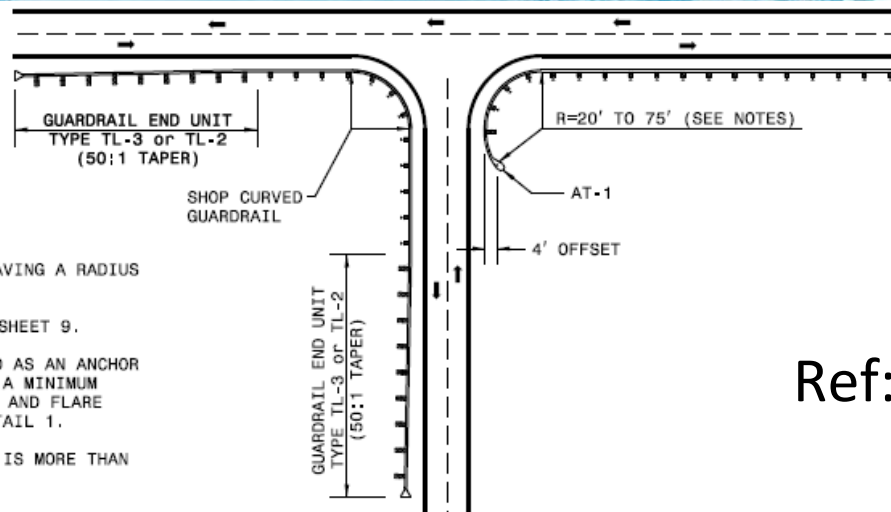
WHEN RADIUS IS LESS THAN 20' REFER TO SHEET 9.

WHENEVER SHOP CURVED GUARDRAIL IS USED AS AN ANCHOR AND THE RADIUS IS FROM 20' TO 75', USE A MINIMUM LENGTH OF 50' OF SHOP CURVED GUARDRAIL AND FLARE WITH AN AT-1 ANCHOR UNIT. REFER TO DETAIL 1.

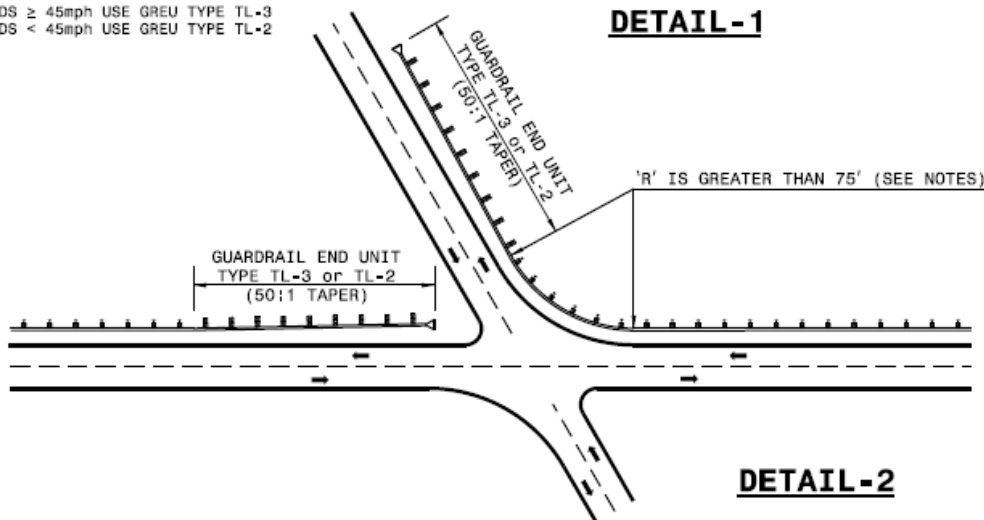
WHENEVER SHOP CURVED GUARDRAIL RADIUS IS MORE THAN 75', REFER TO DETAIL 2.

MAINTAIN CLEAR SIGHT DISTANCE.

FOR POSTED SPEEDS ≥ 45 mph USE GREU TYPE TL-3
FOR POSTED SPEEDS < 45 mph USE GREU TYPE TL-2



DETAIL-1



DETAIL-2

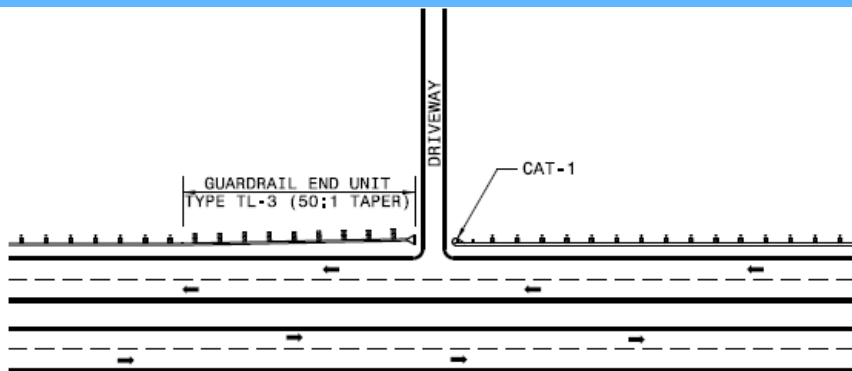
Ref: NCDOT Standard
862.01, Sht 8

GUARDRAIL TREATMENT AT INTERSECTIONS

PRE-ASSESSMENT PHOTO



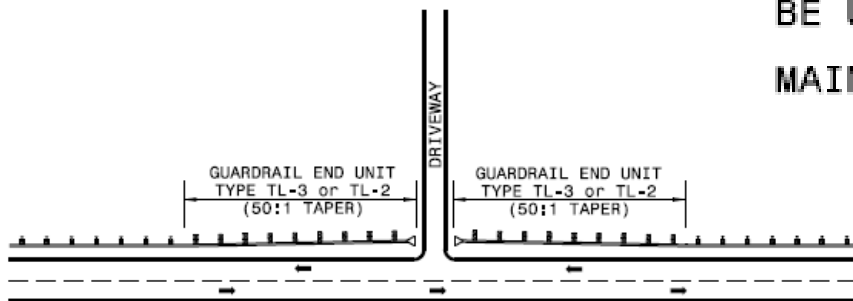
Guardrail Placement at Driveways



DETAIL-3
DIVIDED HIGHWAY

Ref: NCDOT Standard
862.01, Sht 9

NOTE: USE DETAIL 3 & 4 WHENEVER
20' OR LARGER RADIUS CANNOT
BE UTILIZED.
MAINTAIN CLEAR SIGHT DISTANCE.

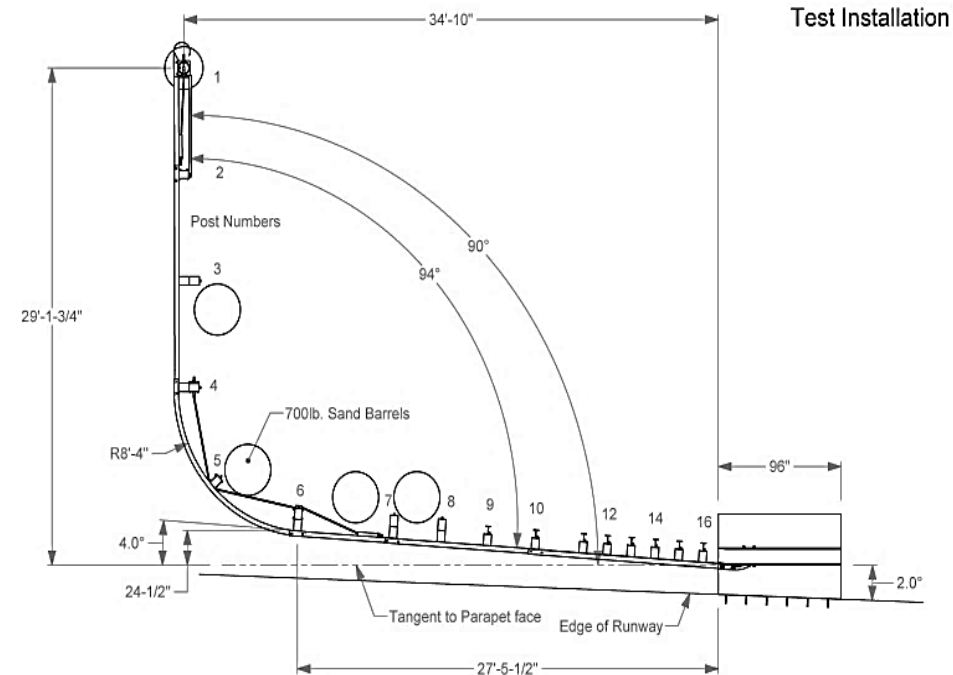


DETAIL-4
UNDIVIDED HIGHWAY

GUARDRAIL TREATMENT AT DRIVEWAYS



TxDOT MASH TL-3 Short Radius



On-going Research by Pool Fund – No Eligibility Letter

TxDOT MASH TL-3 Short Radius



NCDOT Investigating further developments

MASH TL-3
Curved Guardrail

MASH TL-3 Short Radius - NCHRP



Test 3-33 on a 2:1 Slope at **50 mph** ONLY



Omitting posts – old 29" guardrail



31" – Omitting 3 posts



Working Width – 94"
Eligibility Letter B-189

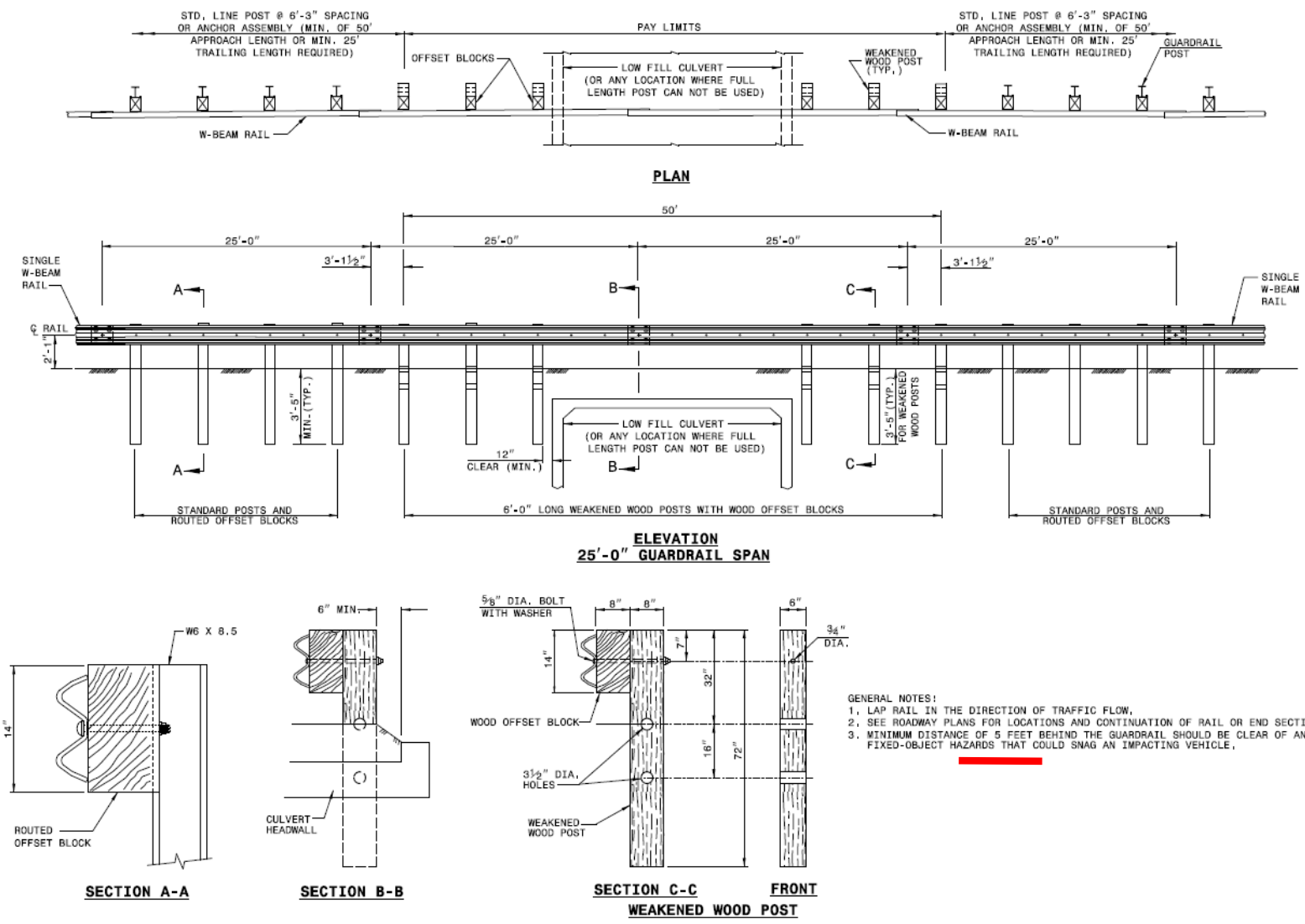
31" – Omitting 3 posts

STATE OF
NORTH CAROLINA
DEPT. OF TRANSPORTATION
DIVISION OF HIGHWAYS
RALEIGH, N.C.

SPECIAL DETAIL FOR
GUARDRAIL PLACEMENT
25'-0" CLEAR SPAN

STATE OF
NORTH CAROLINA
DEPT. OF TRANSPORTATION
DIVISION OF HIGHWAYS
RALEIGH, N.C.

SPECIAL DETAIL FOR
GUARDRAIL PLACEMENT
25'-0" CLEAR SPAN



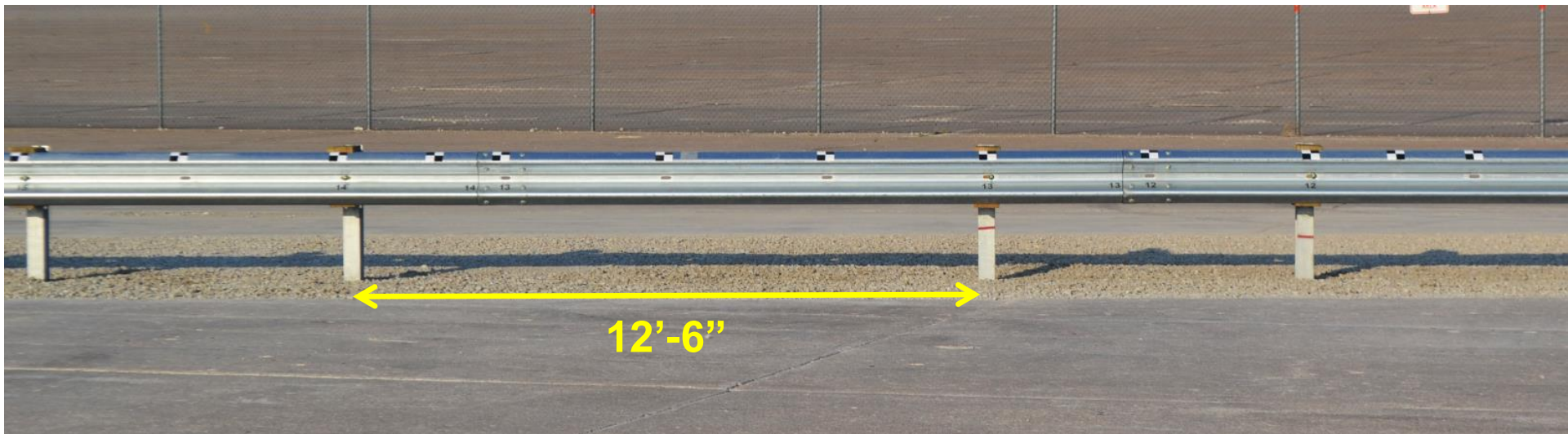
SHEET - OF -
862D01

SHEET - OF -
862D01

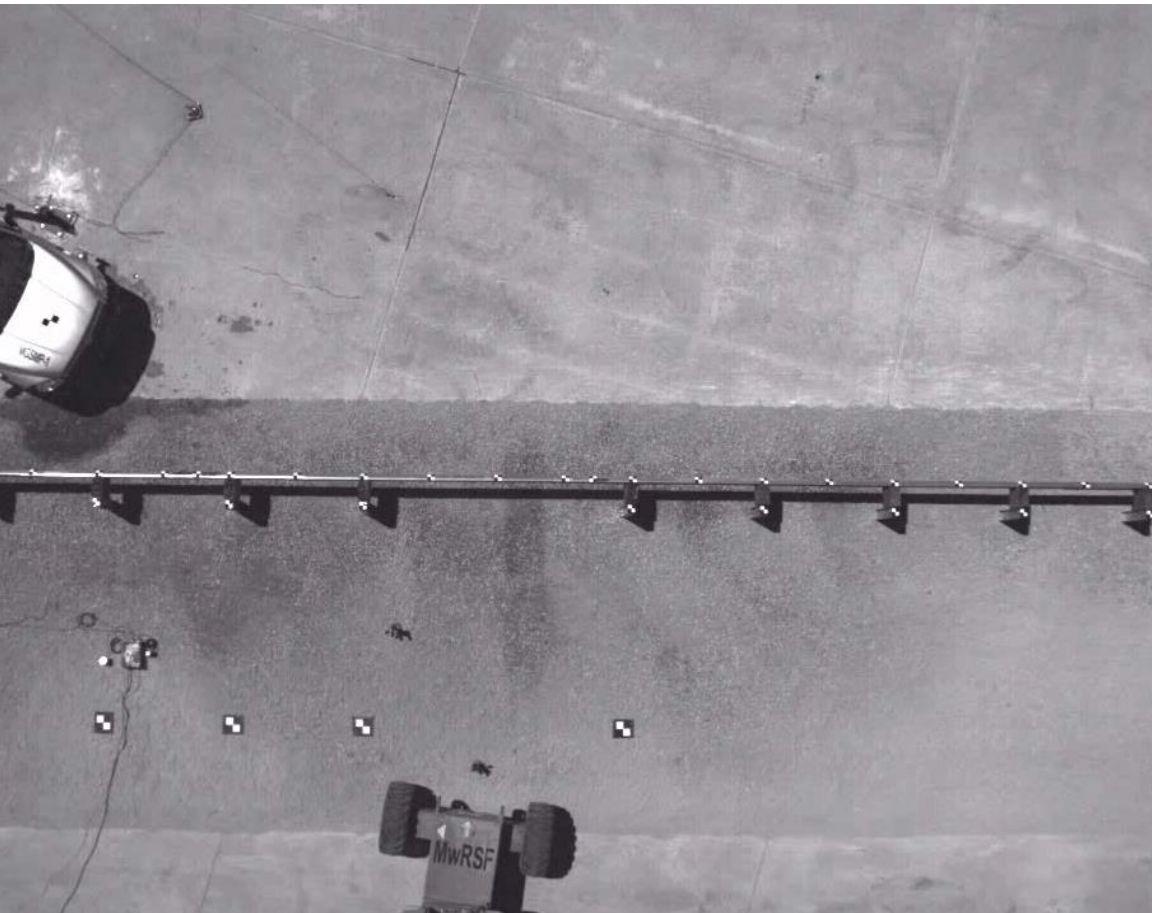


MGS - Omitting 1 post – Future??

- No post modifications
- Can be used with wood or steel posts
- Can be used with 8" and 12" blockouts but not with the non-blocked system



MGS - Omitting 1 post – Future??



Working Width 50.1"
Limit 1 per 50'



Session 6



51

6-51

Openings in Barriers



Check with maintenance, ROW, etc

Openings in Barriers - NCDOT

Proposed – Same criteria (4.10.2.2)

ROADWAY DESIGN MANUAL

PART 1

DETERMINING GUARDRAIL LENGTHS OF NEED

3-2

NOTE: A space of less than 300' should not be left between guardrail installations. If less than 300' remains between installations, the guardrail should be extended through the area.

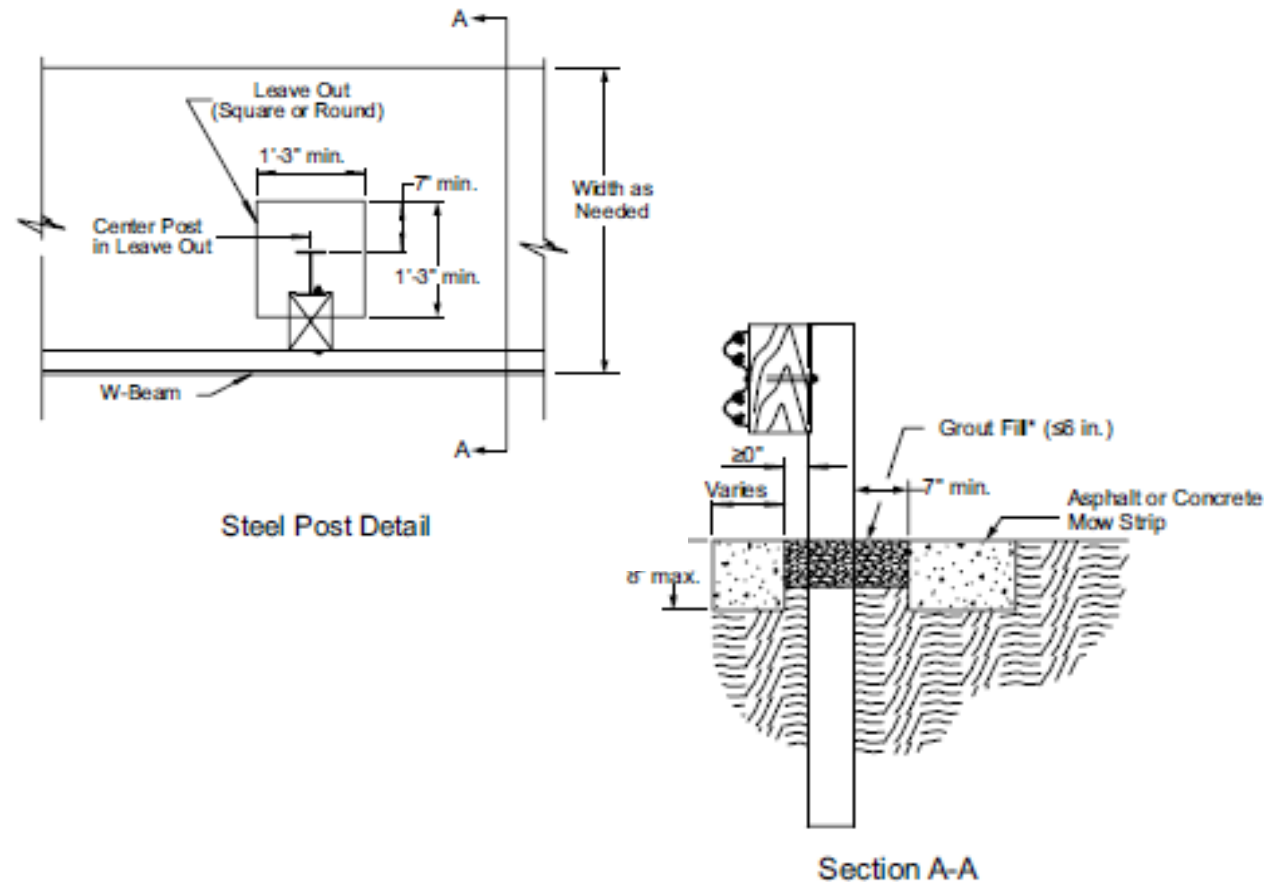
Again, be sure there are no conditions that would preclude closure

Extra Offset Blocks – National Guidance

- Two Offset blocks (up to 16" deep) may be used at any time, for any number of posts.
- Three Offset blocks may be used at one or two posts in a section of guardrail.

Ref: AASHTO Roadside Design Guide – 3rd Edition, Section 5.4.1.6

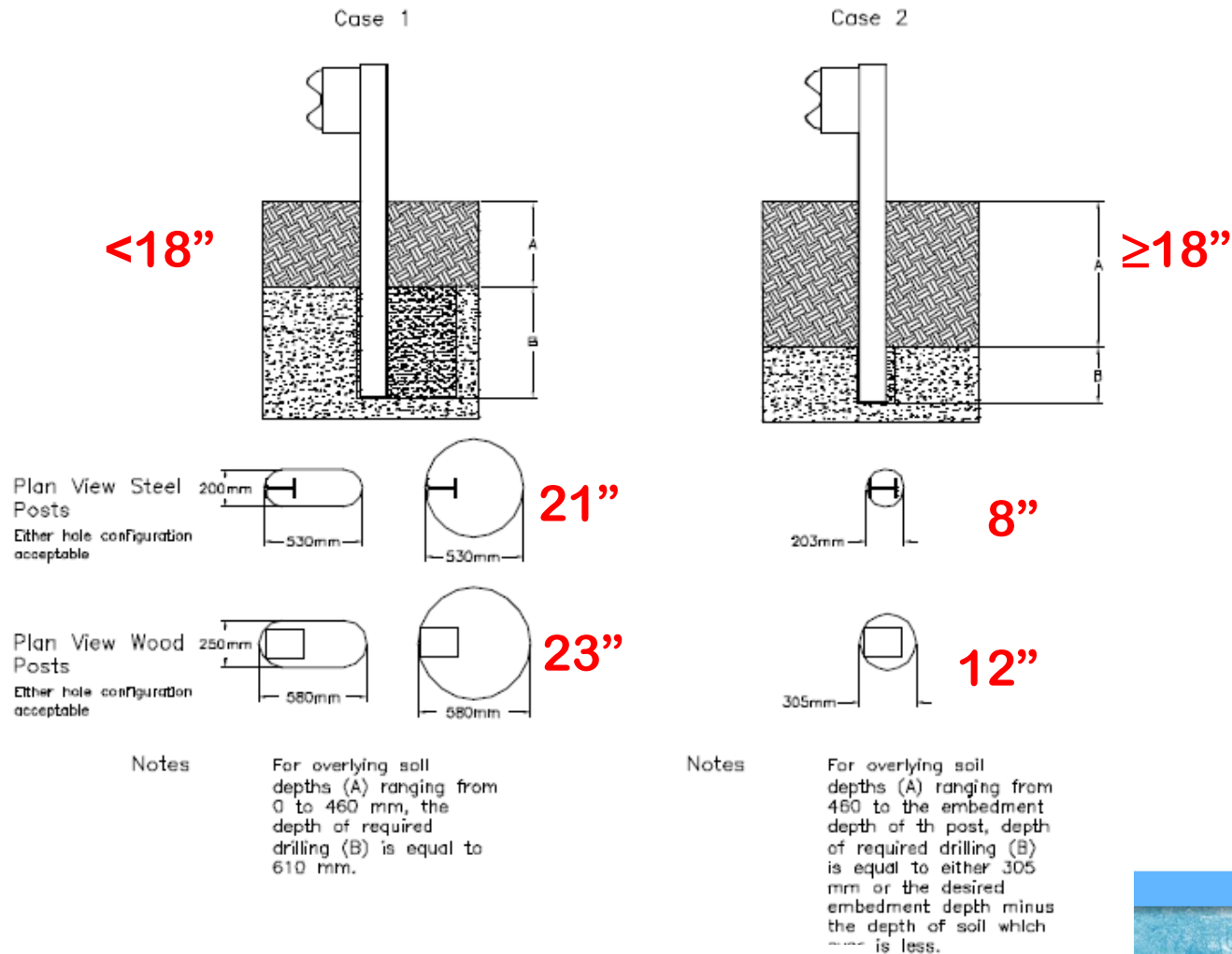
Leaveouts in Structural Pavement



Ref: AASHTO Roadside Design Guide – 4th Edition, Figure 5-52

Guardrail Posts in Rock

AASHTO



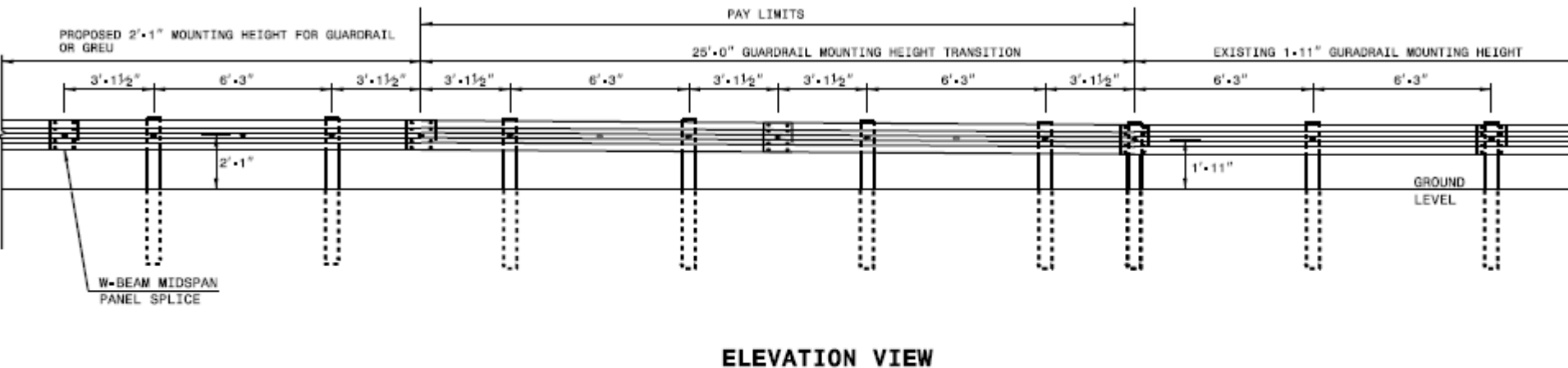
Guardrail Posts in Rock - NCDOT

SECTION 862 GUARDRAIL

862-3 CONSTRUCTION METHODS

Where rock interferes with the proper installation of the post, excavate a shaft in the rock at least 9 inches wide, parallel to the roadway, by 23 inches long, perpendicular to the roadway and 24 inches deep. Place the post against the roadside edge of the shaft and fill in behind the post with Class VI select material, up to the top elevation of the rock. Fill the remainder of

Height Transition – 31" to/from Old Guardrail



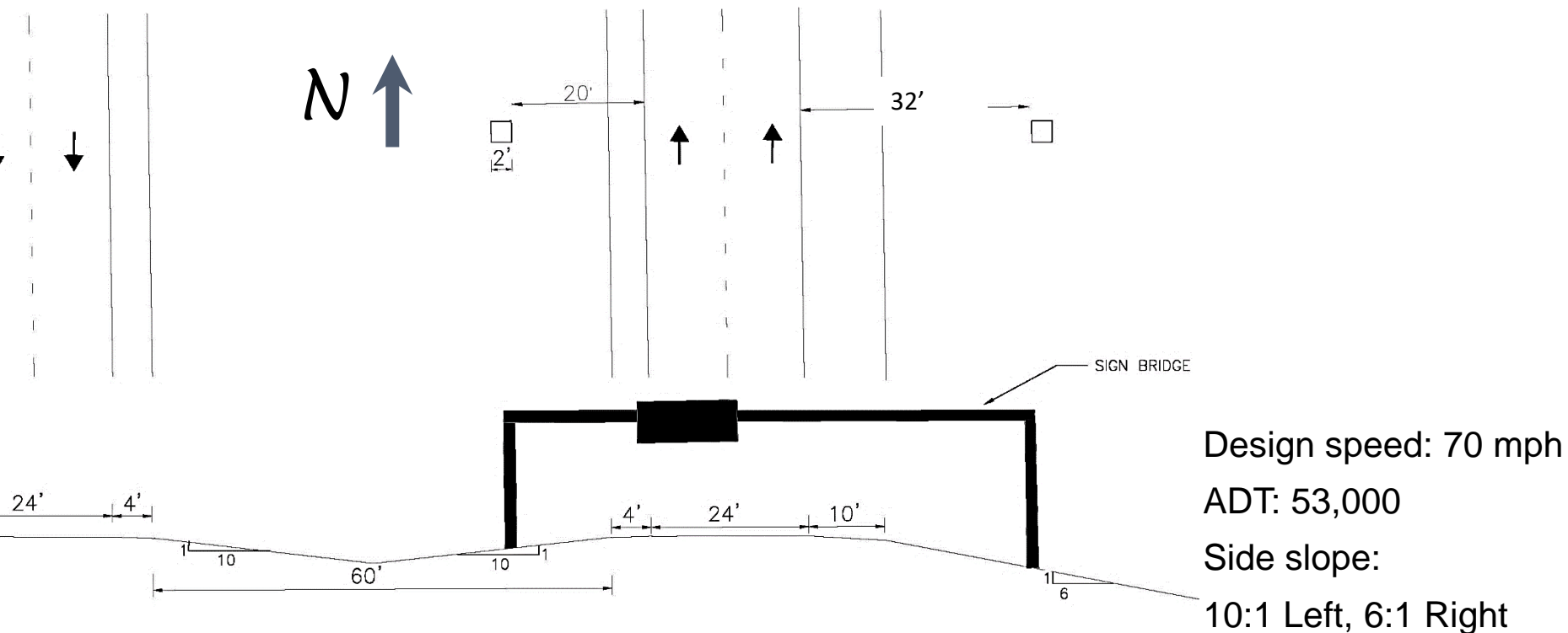
TRANSITION FROM OR 1'-11" TO 2'-1" W-BEAM GUARDRAIL MOUNTING HEIGHT

862.02
SHEET 4 OF 8

ROADWAY STANDARD DRAWING FOR
GUARDRAIL INSTALLATION

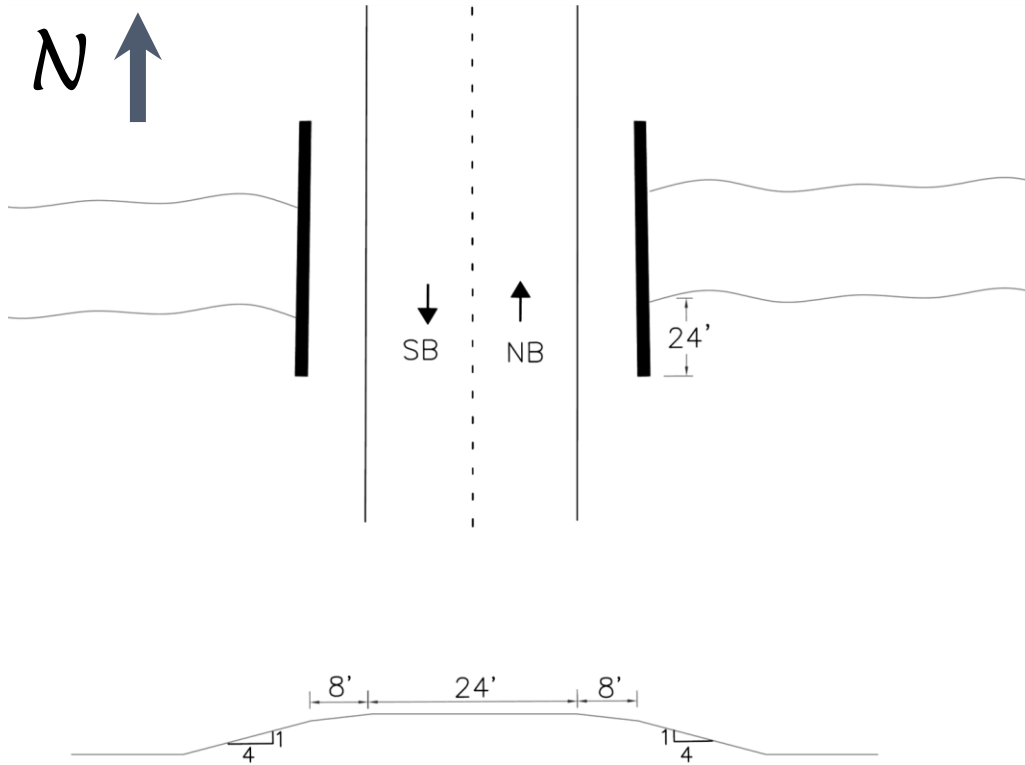
1-18
STATE OF
NORTH CAROLINA
DEPT. OF TRANSPORTATION
DIVISION OF HIGHWAYS
RALEIGH, N.C.

Design Workshop #1 - LON



DETERMINE TREATMENTS FOR NB TRAFFIC

Bridge on Rural Road



Bridge on Rural Road with Two-way Traffic

Design Speed 60 mph
AADT 2,250

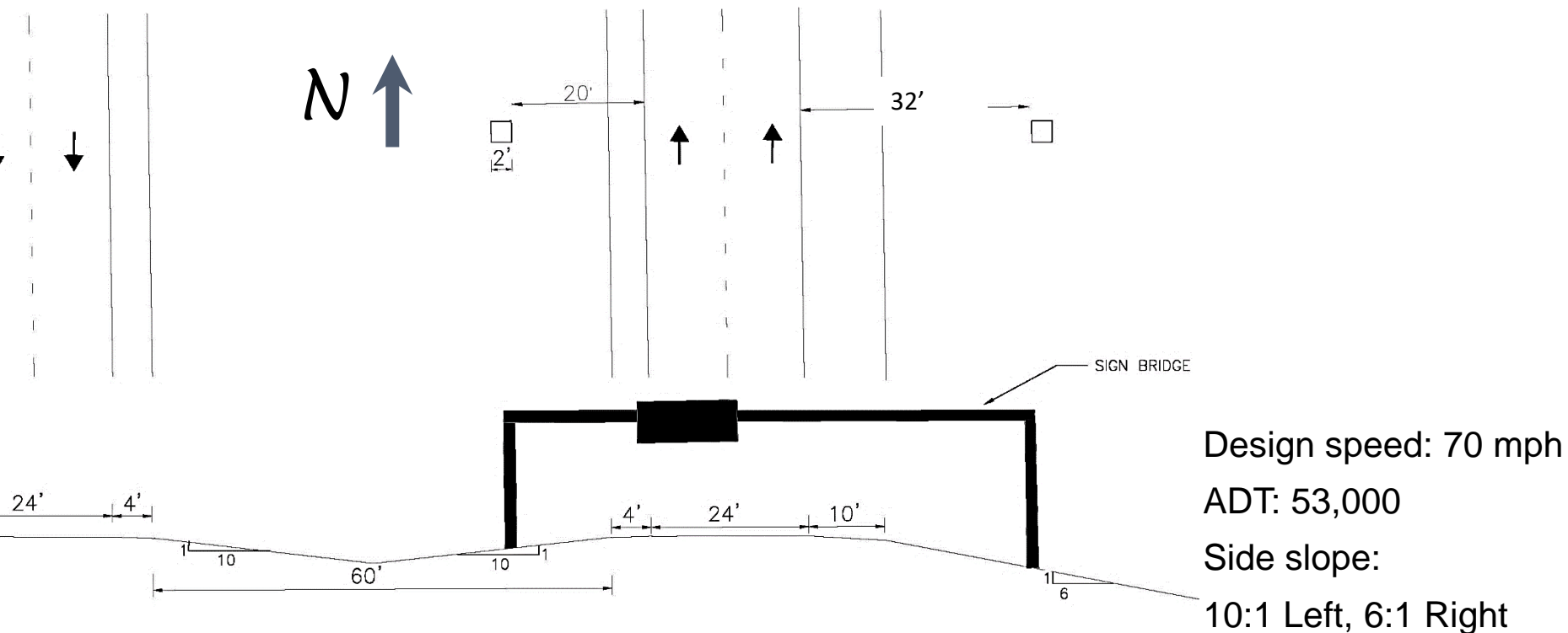
Lane width: 12 ft.

Shoulder width: 8 ft.

Side slope: 4:1

Design for both sides of road, NB

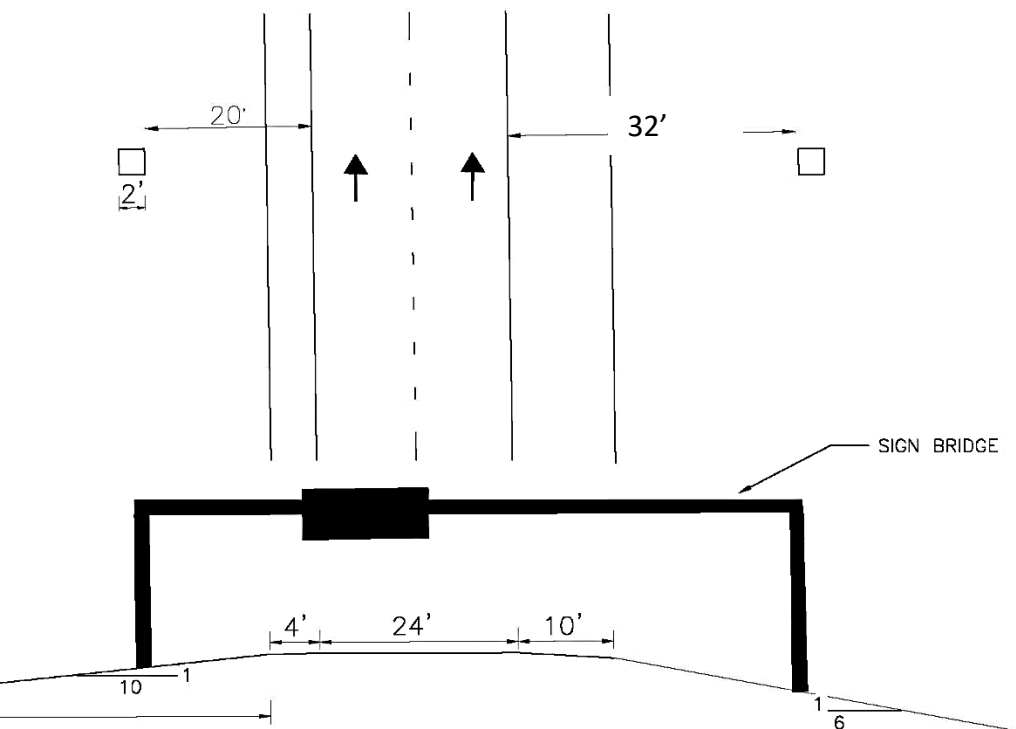
Design Workshop #1 - LON



DETERMINE TREATMENTS FOR NB TRAFFIC

Design Workshop #1 - LON

Determine Design Clear Zone



The Clear Zone is a look up value from NCDOT Design Manual

Design speed: 70 mph

ADT: 53,000

Side slope: 10:1 or 6:1

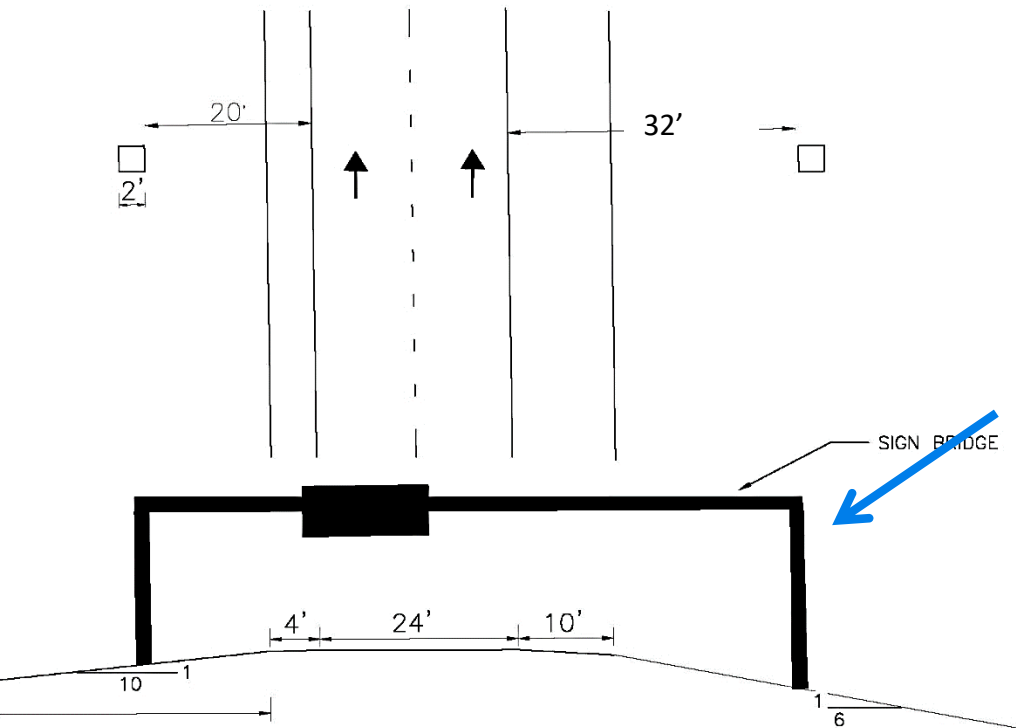
Design Clear Zone Distance – Fill

| Design Speed (mph) | Design ADT | Foreslopes | | |
|--------------------|------------|--------------------|--------------------|-------|
| | | 1V:6H or flatter | 1V:5H to 1V:4H | 1V:3H |
| 40 mph | UNDER 750 | 7-10 | 7-10 | b |
| | 750-1500 | 10-12 | 12-14 | b |
| | 1500-6000 | 12-14 | 14-16 | b |
| | OVER 6000 | 14-16 | 16-18 | b |
| 45-50 mph | UNDER 750 | 10-12 | 12-14 | b |
| | 750-1500 | 14-16 | 16-20 | b |
| | 1500-6000 | 16-18 | 20-26 | b |
| | OVER 6000 | 20-22 | 24-28 | b |
| 55 mph | UNDER 750 | 12-14 | 14-18 | b |
| | 750-1500 | 16-18 | 20-24 | b |
| | 1500-6000 | 20-22 | 24-30 | b |
| | OVER 6000 | 22-24 | 26-32 ^a | b |
| 60 mph | UNDER 750 | 16-18 | 20-24 | b |
| | 750-1500 | 20-24 | 26-32 ^a | b |
| | 1500-6000 | 26-30 | 32-40 ^a | b |
| | OVER 6000 | 30-32 ^a | 36-44 ^a | b |
| 65-70 mph | UNDER 750 | 18-20 | 20-26 | b |
| | 750-1500 | 24-26 | 28-36 ^a | b |
| | 1500-6000 | 28-32 ^a | 34-42 ^a | b |
| | OVER 6000 | 30-34 ^a | 38-46 ^a | b |

Design Speed 70 mph
AADT = 53,000

LC = 32 ft.

Example – LON

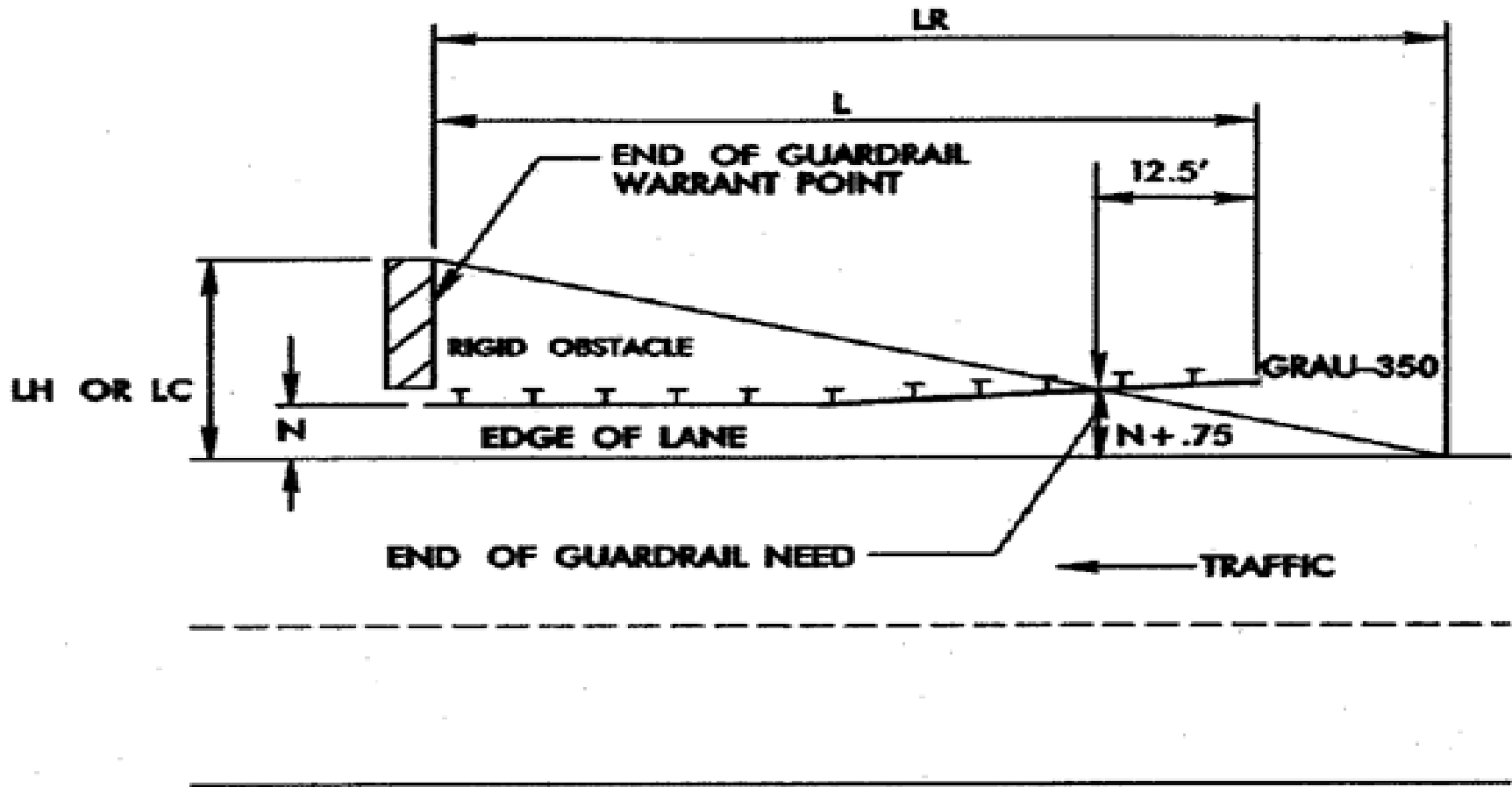


Identify ALL the hazards

NOT SHIELDED

Sign supports – both sides

Calculating the Length of Need (L)

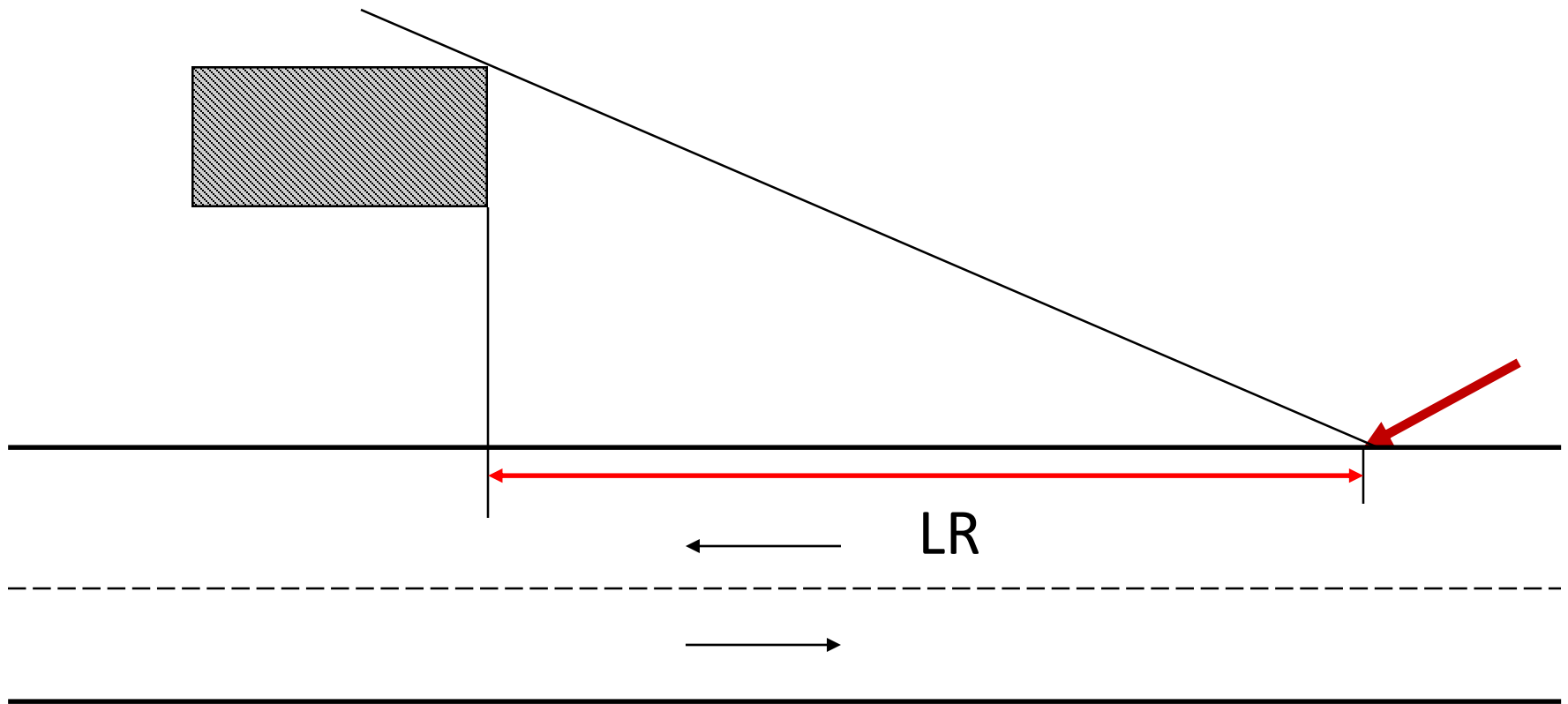


Length of Need – NCDOT

- Calculating the length of need (L) for straight or nearly straight sections of roadway for parallel installation:

$$L = \frac{LH - N}{LH/LR}$$

Step 2: Define the Point of Departure



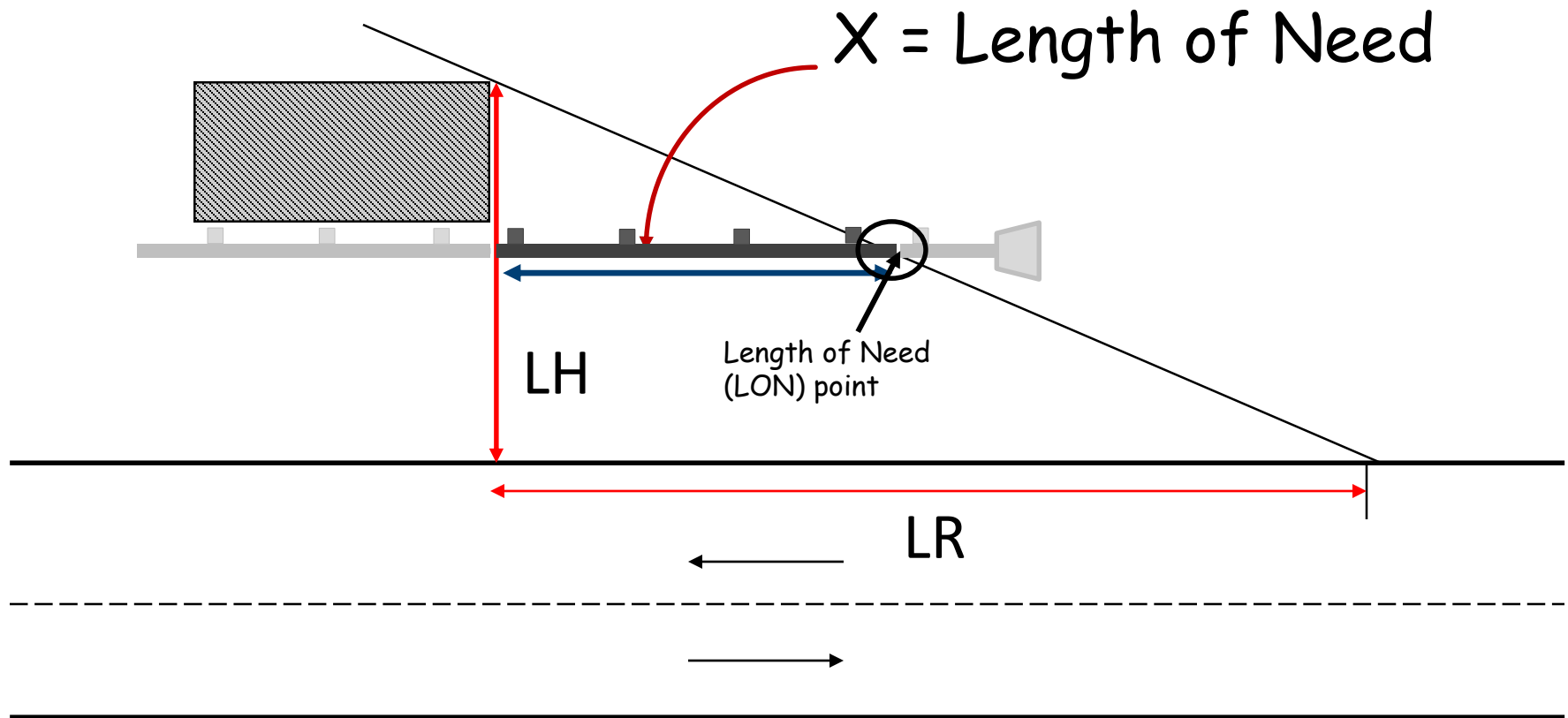
Look up LR:

Design Speed 70 mph
AADT = 53,000

| Design Speed (mph) | Runout Length (L_R) Given Traffic Volume (ADT) (ft) | | | |
|--------------------|---|---------------------|----------------|-------------|
| | Over 10,000 | 5,000 to 10,000 | 1,000 to 5,000 | Under 1,000 |
| 80 | 470 | 430 | 380 | 330 |
| 70 | 360 | 330 | 290 | 250 |
| 60 | 300 | 250 | 210 | 200 |
| 50 | 230 | 190 | 160 | 150 |
| 40 | 160 | LR = 360 ft. | | 100 |
| 30 | 110 | | | 70 |

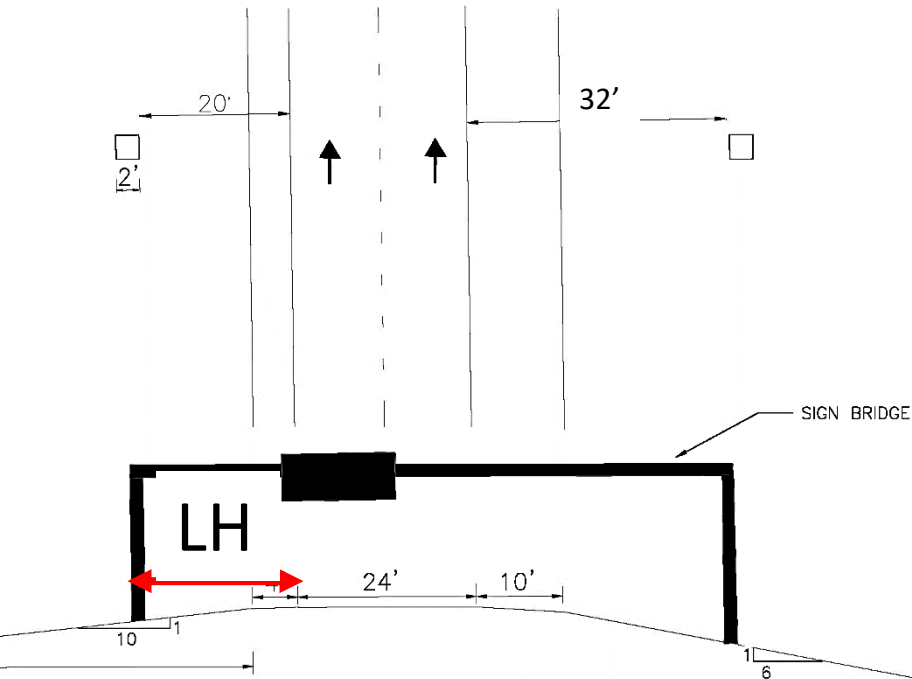
AASHTO Runout Lengths – LR

Step 3: Intersect the Hypotenuse



Example – LON

N ↑

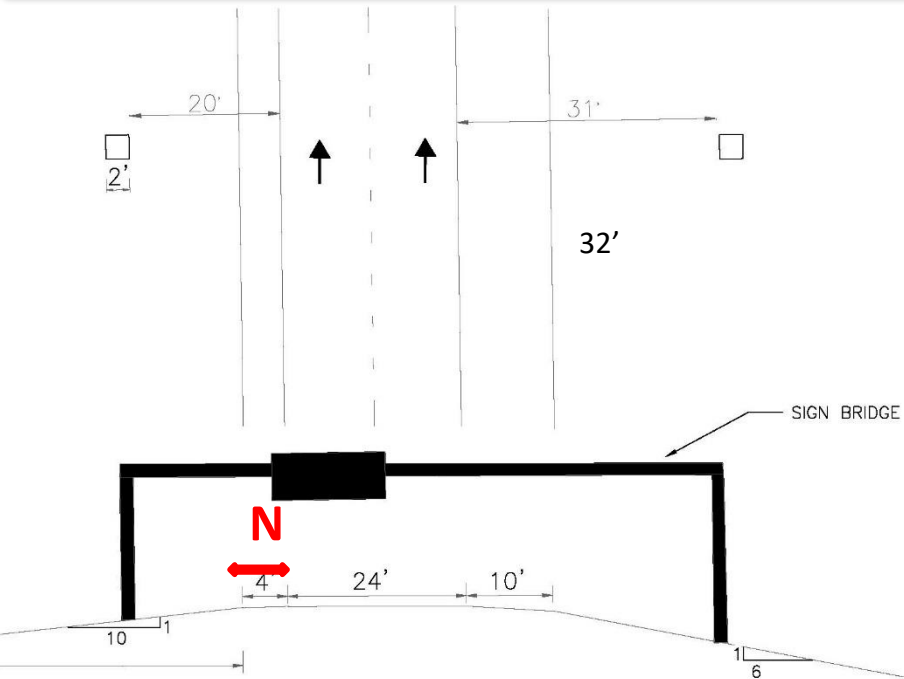


Determine LH –
distance to the backside
of hazard

For the back of the sign
support:

$$LH = 20 + 2 = 22'$$

Find N



N – Guardrail offset from edge of travel lane.

$$N = 6 \text{ ft.}$$

N = The distance from the edge of the travel lane to the face of the guardrail.

N = Minimum shoulder width for locals and collectors.

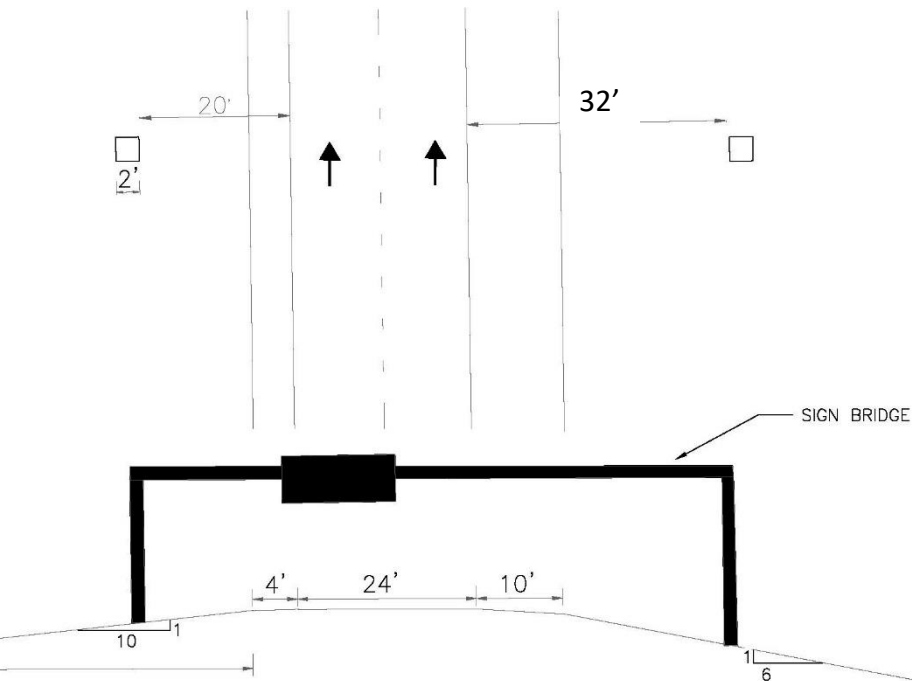
N = Usable shoulder width plus 2' for arterials, interstates and freeways.

Calculate LON – Determine Bid Item

LH = 22 ft N = 6 ft LR = 360

Using the formula $L =$

$$\begin{aligned} L &= \frac{LH - N}{LH/LR} \\ &= \frac{22 - 6}{22/360} \\ &= 262 \text{ ft.} \end{aligned}$$



Does **NOT** include Terminal: GREU (50±')

Add 2' for length of hazard; add 25' for CAT-1 effectiveness; convert to panel lengths by dividing by 12.5, rounding up to whole number, and multiplying by 12.5

A CAT-1 must be added

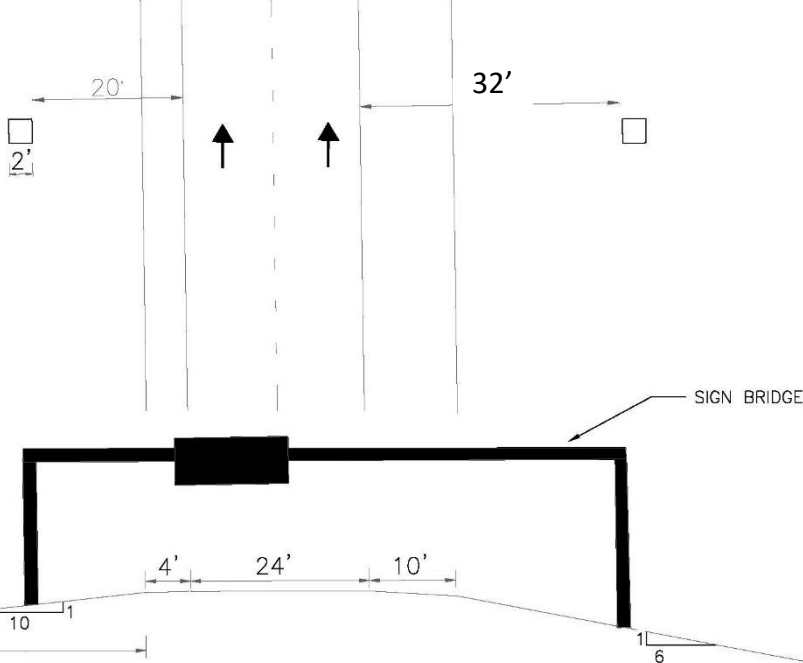
Calculate LON – Additional Offset

If guardrail is placed as far off as allowed:

$$LH = 22 \text{ ft} \quad N = (20' - 5.5') = 14.5' \quad LR = 360'$$

Using the formula $L =$

$$\begin{aligned} L &= \frac{LH - N}{LH/LR} \\ &= \frac{22 - 14.5}{22/360} \\ &= 123 \text{ ft.} \end{aligned}$$



A CAT-1 must be added

★ ★ BIG savings by offsetting the barrier: 123' VS 262' ★ ★

Example – LON

TALKING POINTS

What if the situation were a dual bridge? Normal design sets L_A to L_C , in this case 32'; but if the designer chose to shield the ENTIRE opening, L_A would be 64' (to the opposite bridge rail).

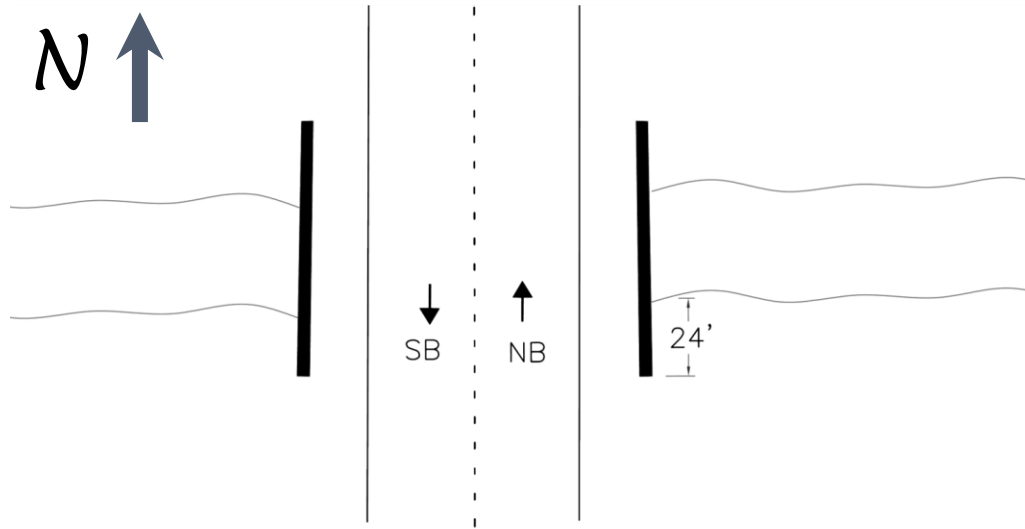
How much more barrier would that require?

Placing the barrier at the 6' offset and parallel, the two lengths are:

For $L_A = 32'$ (and $L_2 = 6'$), $L = 293'$

For $L_A = 64'$ (and $L_2 = 6'$), $L = 326'$

Design Workshop #2: LON for Bridge on Rural Road



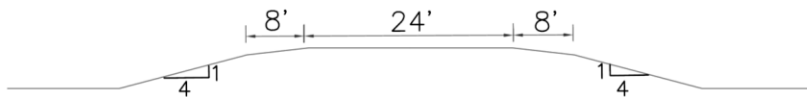
Bridge on Rural Road with
Two-way Traffic

Design Speed 60 mph
AADT 2,250

Lane width: 12 ft.

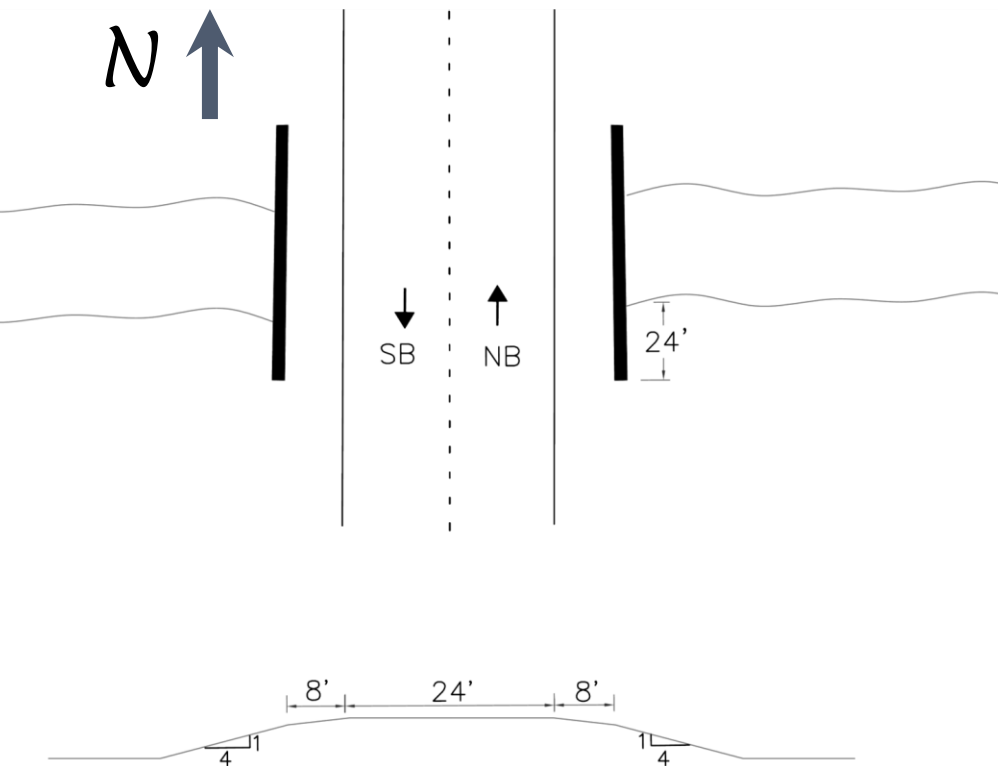
Shoulder width: 8 ft.

Side slope: 4:1



Design for both sides of road, NB

Design Workshop #2: LON for Bridge on Rural Road



Determine Design Clear Zone

The Clear Zone is a look up value from NCDOT Design Manual

Design speed: 60 mph

AADT: 1250

Side slope: 4:1

Design Clear Zone Distance – Fill

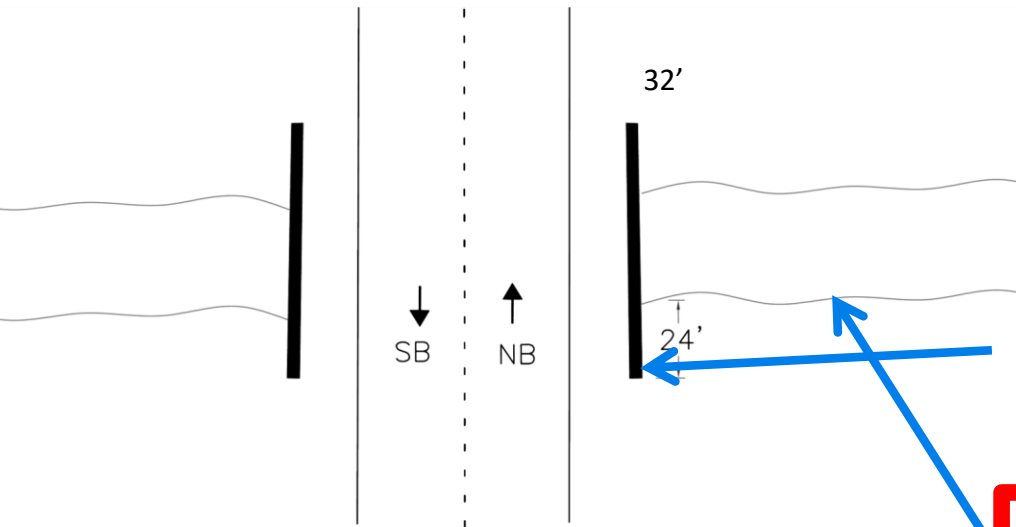
| Design Speed (mph) | Design ADT | Foreslopes | | |
|--------------------|------------|--------------------|--------------------|-------|
| | | 1V:6H or flatter | 1V:5H to 1V:4H | 1V:3H |
| 40 mph | UNDER 750 | 7-10 | 7-10 | b |
| | 750-1500 | 10-12 | 12-14 | b |
| | 1500-6000 | 12-14 | 14-16 | b |
| | OVER 6000 | 14-16 | 16-18 | b |
| 45-50 mph | UNDER 750 | 10-12 | 12-14 | b |
| | 750-1500 | 14-16 | 16-20 | b |
| | 1500-6000 | 16-18 | 20-26 | b |
| | OVER 6000 | 20-22 | 24-28 | b |
| 55 mph | UNDER 750 | 12-14 | 14-18 | b |
| | 750-1500 | 16-18 | 20-24 | b |
| | 1500-6000 | 20-22 | 24-30 | b |
| | OVER 6000 | 22-24 | 26-32 ^a | b |
| 60 mph | UNDER 750 | 16-18 | 20-24 | b |
| | 750-1500 | 20-24 | 24-30 | b |
| | 1500-6000 | 26-30 | 32-40 ^a | b |
| | OVER 6000 | 30-32 ^a | 36-44 ^a | b |
| 65-70 mph | UNDER 750 | 18-20 | 20-26 | b |
| | 750-1500 | 24-26 | 28-36 ^a | b |
| | 1500-6000 | 28-32 ^a | 34-42 ^a | b |
| | OVER 6000 | 30-34 ^a | 38-46 ^a | b |

Design Speed 60 mph
AADT = 2250

LC = 32 ft.

For Both Sides

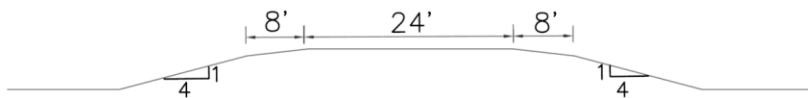
Example #2: LON for Bridge on Rural Road Near Side



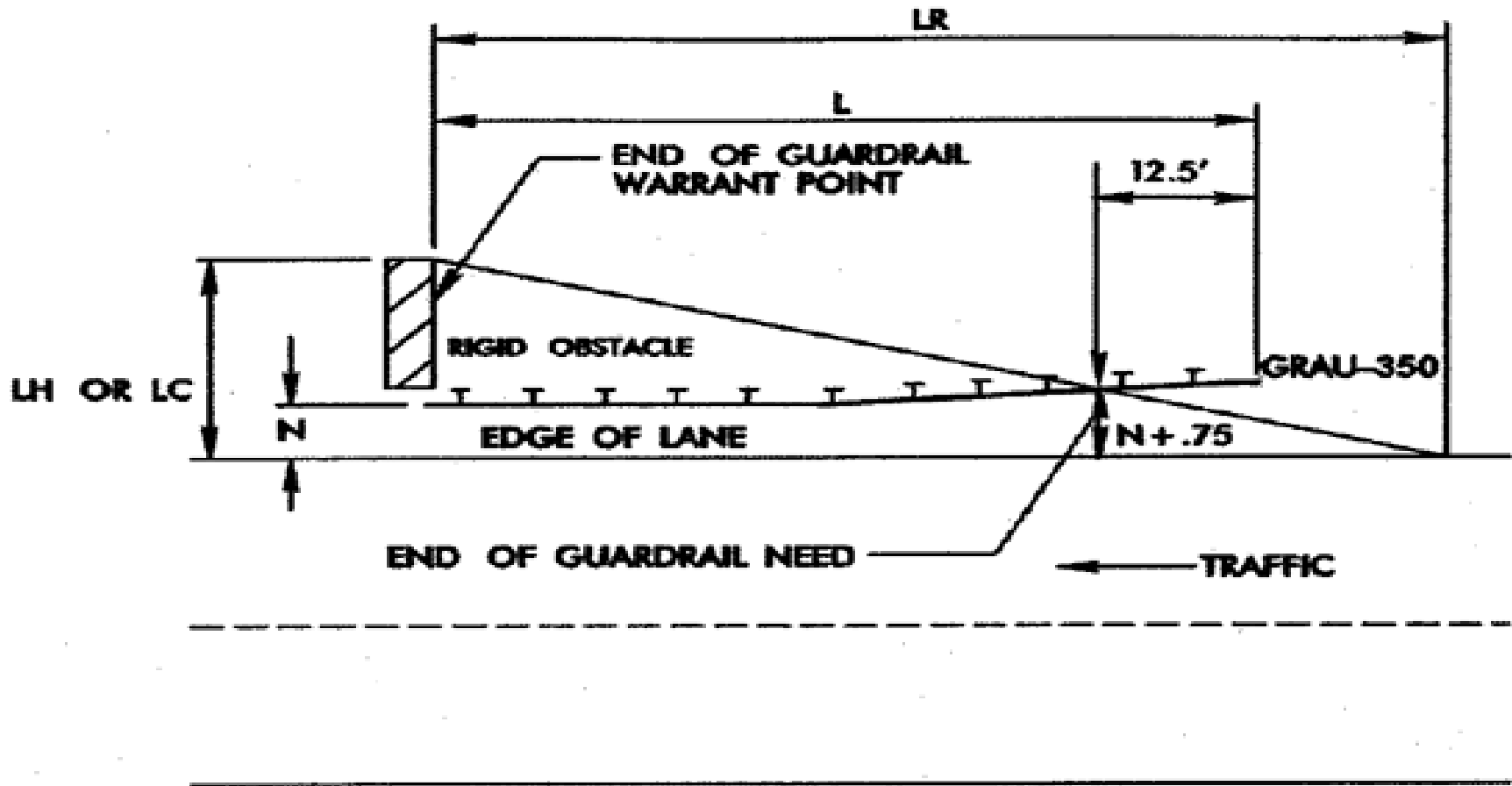
Identify ALL the hazards

End of the Bridge Parapet

Bank of the River



Calculating the Length of Need (L)

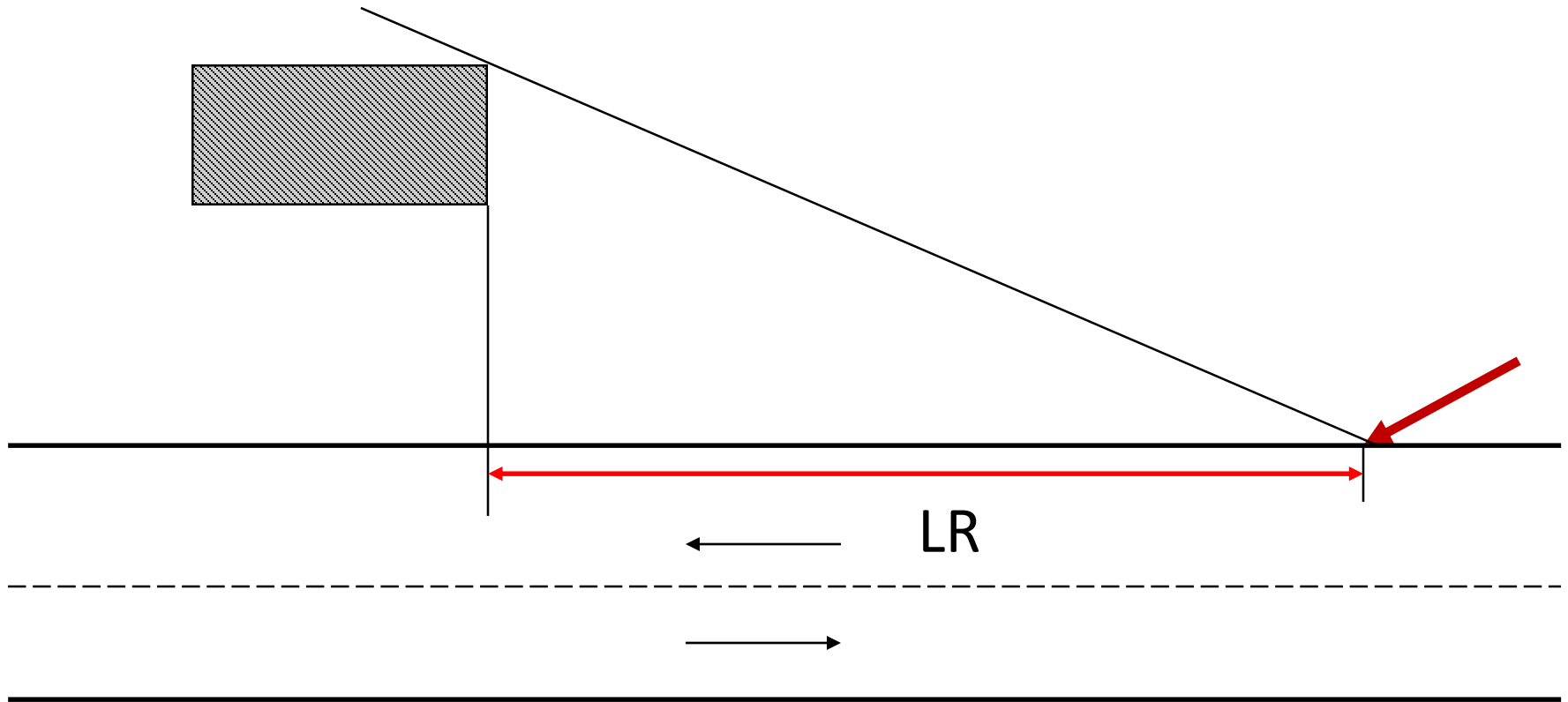


Length of Need – NCDOT

- Calculating the length of need (L) for straight or nearly straight sections of roadway for parallel installation:

$$L = \frac{LH - N}{LH/LR}$$

Step 2: Define the Point of Departure



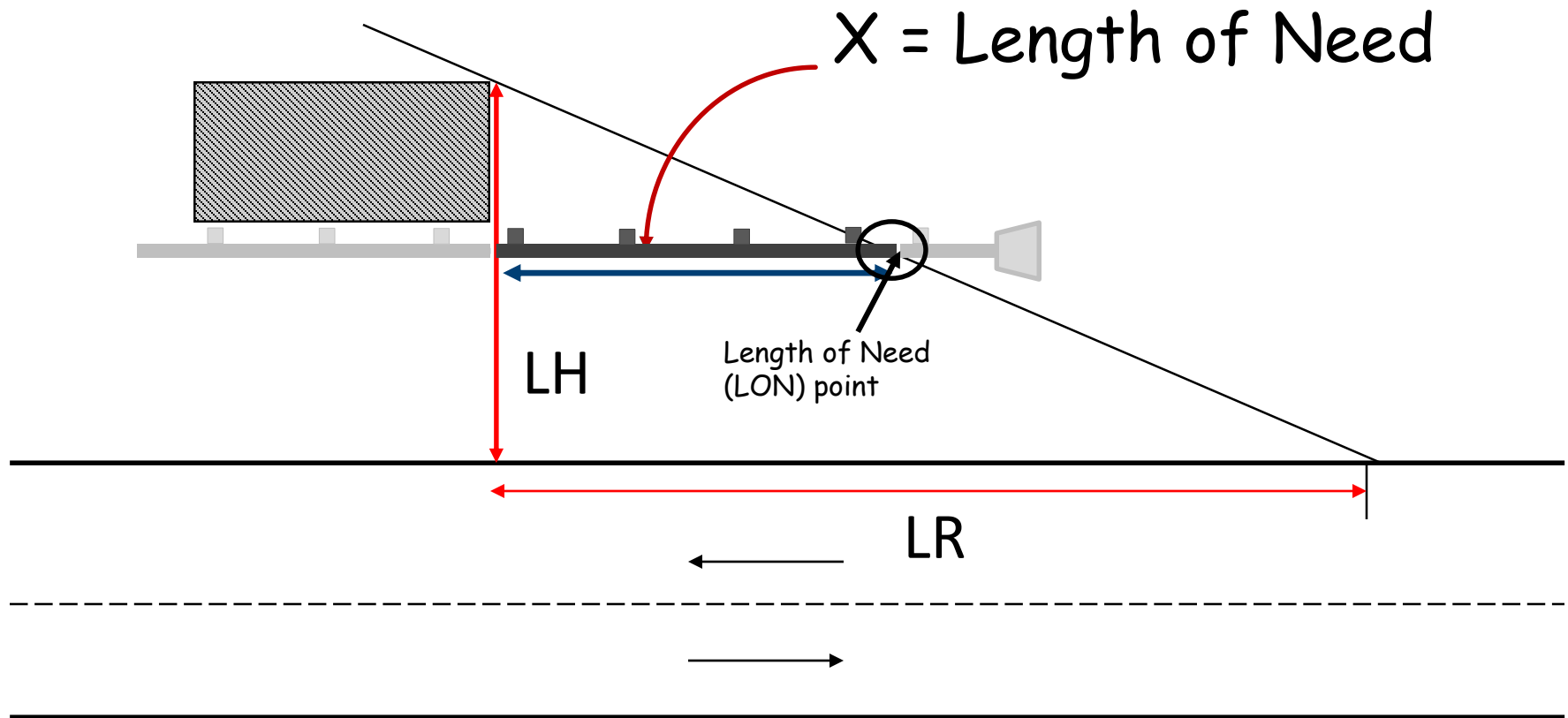
Look up L_R :

Design Speed 70 mph
AADT = 53,000

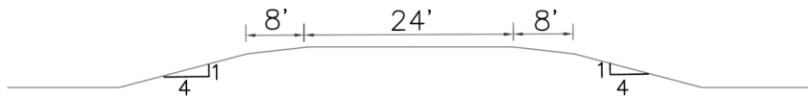
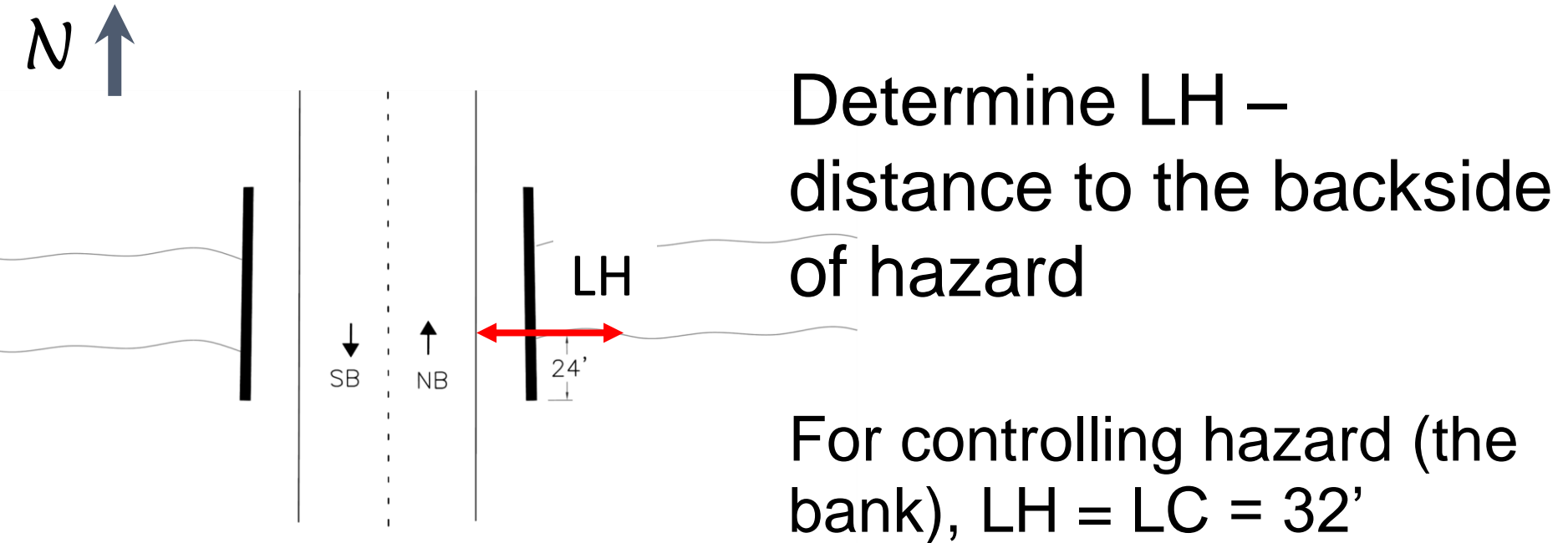
| Design Speed (mph) | Runout Length (L_R) Given Traffic Volume (ADT) (ft) | | | |
|--------------------|---|-----------------------------------|----------------|-------------|
| | Over 10,000 | 5,000 to 10,000 | 1,000 to 5,000 | Under 1,000 |
| 80 | 470 | 430 | 380 | 330 |
| 70 | 360 | 330 | 290 | 250 |
| 60 | 300 | 250 | 210 | 200 |
| 50 | 230 | 190 | 160 | 150 |
| 40 | 160 | $L_R = 210$ ft. | | 100 |
| 30 | 110 | 90 | 80 | 70 |

AASHTO Runout Lengths – L_R

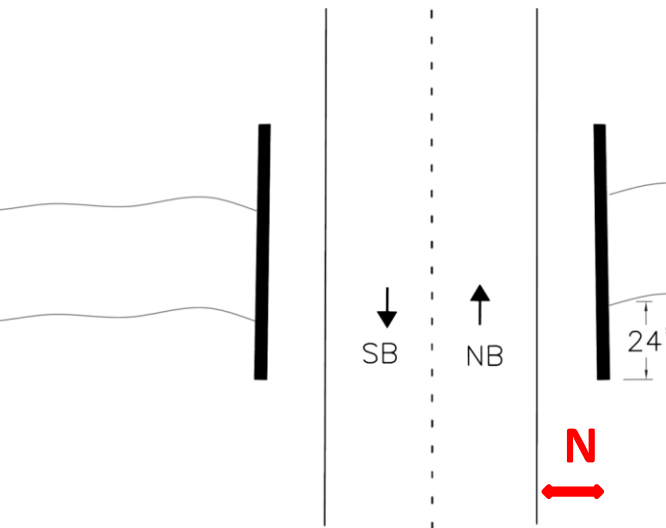
Step 3: Intersect the Hypotenuse



Example #2: LON for Bridge on Rural Road Near Side



Find N



N – Guardrail offset from edge of travel lane.

N = 8 ft.

| "N" WIDTH FOR LOCALS AND COLLECTORS | | | | |
|-------------------------------------|-------------|----------|-----------|-----------|
| ADT | DESIGN YEAR | | | |
| | UNDER 400 | 400-1500 | 1501-2000 | OVER 2000 |
| LOCALS AND COLLECTORS | 2' | 5' | 6' | 8' |

N = The distance from the edge of the travel lane to the face of the guardrail.

N = Minimum shoulder width for locals and collectors.

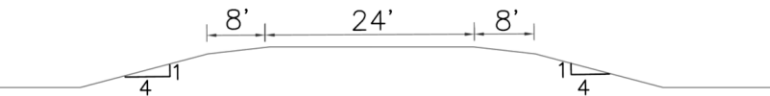
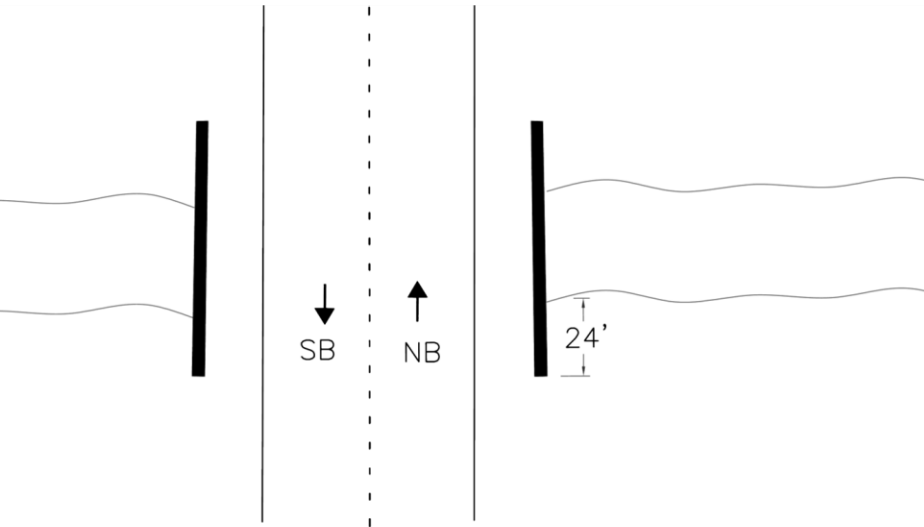
N = Usable shoulder width plus 2' for arterials, interstates and freeways.

Calculate LON – Determine Bid Item Near Side

LH = 32 ft N = 8 ft LR = 210

Using the formula $L =$

$$\begin{aligned} L &= \frac{LH - N}{LH/LR} \\ &= \frac{32 - 8}{32/210} \\ &= 158 \text{ ft.} \end{aligned}$$



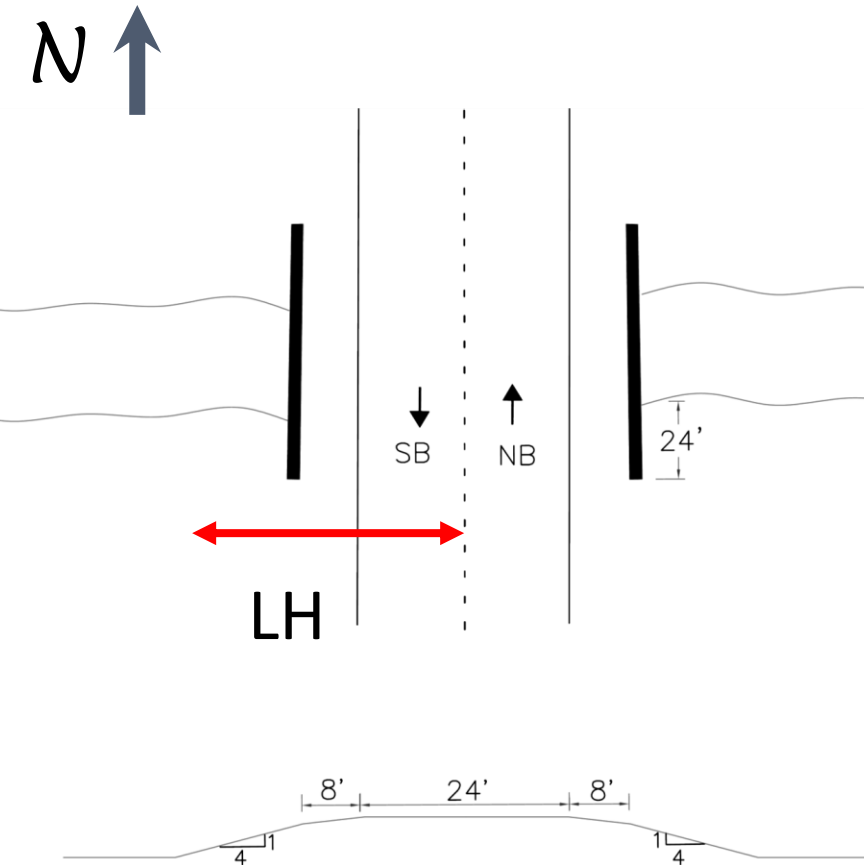
Does **NOT** include Terminal: GREU (50±')

Need a Structure Anchor Unit: 18.75'

24' of Bridge Parapet is Effective Barrier

Therefore $158 - 19 - 24 = 115$ LF of standard barrier is required; convert to panel lengths by dividing by 12.5, rounding up to whole number, and multiplying by 12.5

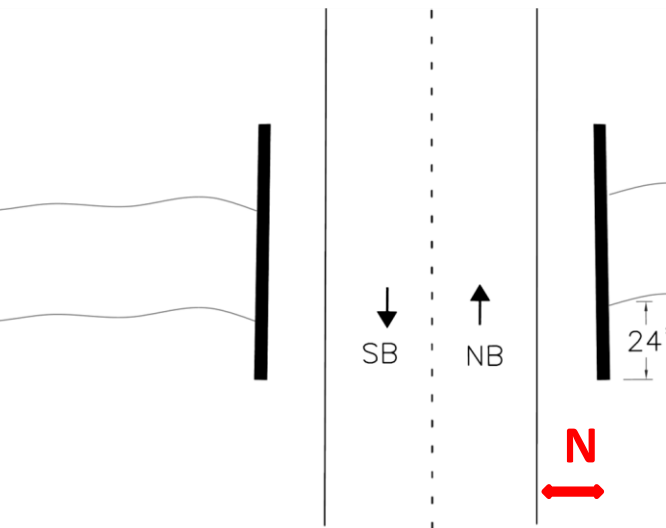
Example #2: LON for Bridge on Rural Road Far Side



Determine LH –
distance to the backside
of hazard
FROM CENTERLINE

For controlling hazard (the
bank), $LH = LC = 32'$

Find N



N – Guardrail offset from edge of travel lane.

$$N = 8 \text{ ft.} = 12 + 8 = 20 \text{ ft.}$$

| "N" WIDTH FOR LOCALS AND COLLECTORS | | | | |
|-------------------------------------|-------------|----------|-----------|-----------|
| ADT | DESIGN YEAR | | | |
| | UNDER 400 | 400-1500 | 1501-2000 | OVER 2000 |
| LOCALS AND COLLECTORS | 2' | 5' | 6' | 8' |

N = The distance from the edge of the travel lane to the face of the guardrail.

N = Minimum shoulder width for locals and collectors.

N = Usable shoulder width plus 2' for arterials, interstates and freeways.

Calculate LON – Determine Bid Item Far Side

LH = 32 ft N = 20 ft LR = 210

Using the formula $L =$

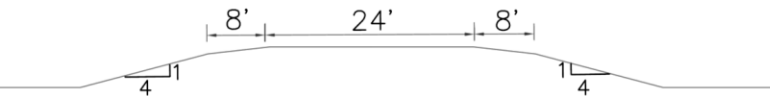
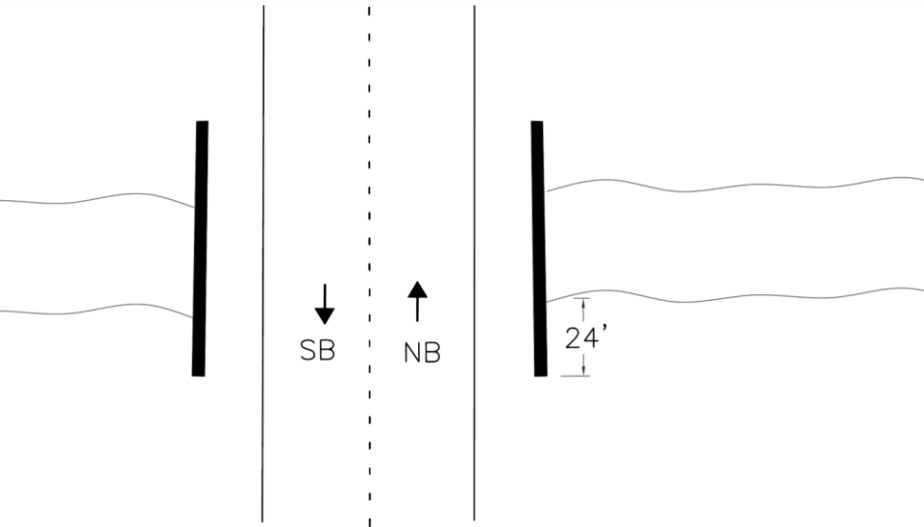
$$\begin{aligned} L &= \frac{LH - N}{LH/LR} \\ &= \frac{32 - 20}{32/210} \\ &= 79 \text{ ft.} \end{aligned}$$

Does NOT include Terminal: GREU (50±')

Need a Structure Anchor Unit: 18.75'

24' of Bridge Parapet is Effective Barrier

Therefore $79 - 24 - 19 = 36$ LF of standard barrier is required (If L had been less than 43', one panel would be needed between the GREU and the structural Anchor Unit.)



Review Learning Outcomes

- Define the Length of Need and apply the design principles for an optimal installation
- Modify guardrail for special situations